

Profound Treatment's Ongoing Commitment to Comprehensive Trauma Care in LA

Profound Treatment's Los Angeles trauma treatment offers personalized, inclusive care - and community resources for adults following treatment.

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[/EINPresswire.com/](https://www.einpresswire.com/) -- Profound Treatment

reaffirms and advances their established Los Angeles [trauma treatment](#) program,

reinforcing its long-standing dedication to trauma-informed, whole-person care for adults affected by single-incident trauma, repeated trauma, and adverse childhood experiences. The existing program remains focused on personalized clinical planning and culturally responsive practice to meet diverse community needs.

The Los Angeles program integrates psychological, somatic, social, and practical dimensions of recovery to deliver individualized treatment plans through shared decision-making between clinicians and clients. Clinicians collaborate with clients to design care plans that honor each person's strengths, values, and life context, encouraging active client participation in care planning and goal setting.

Clinical services encompass a broad array of evidence-based trauma therapies and complementary modalities. Core offerings include trauma therapy, eye movement desensitization and reprocessing (EMDR), cognitive-behavioral therapy (CBT), dialectical behavior therapy (DBT), psychodynamic approaches, somatic experiencing, and mindful movement practices. Treatment is available in individual, family, and group formats and includes experiential and creative modalities such as adventure therapy, equine and animal-assisted therapy, art therapy, and music therapy. Interventions are structured to reduce fear and avoidance, strengthen coping and regulation skills, and promote safety and resilience.

Integrated dual-diagnosis services support clients with co-occurring [substance use and mental health conditions](#), while vocational and life skills supports are woven into clinical planning to address employment, housing stability, financial management, and legal needs. Practical supports are coordinated alongside therapeutic work to help clients manage daily responsibilities while engaging in recovery.



Specialized clinical pathways serve high-stress professions, providing tailored care for first responders, healthcare workers, and mental health professionals, with additional pathways adapted for pilots, elite athletes, legal professionals, corporate leaders, and others facing occupation-specific stressors.

The program prioritizes LGBTQIA+ affirming care, including a gender-affirming transgender residential option and connections to LGBTQ-affirming sober living and aftercare. An LGBTQIA+ and HIV-positive recovery specialist offers identity-centered, trauma-informed counseling. Staff participates in ongoing diversity, equity, and inclusion training, and the program maintains collaborations with local advocacy organizations to ensure services remain aligned with community needs.

Community partnerships and coordinated access are central to operations. The center works to enhance access and continuity of care. Family and group therapy offerings support rebuilding communication and strengthening interpersonal networks, with pathways that support continuity of care after residential treatment.

The Los Angeles facility combines clinical care with a restorative physical environment near Malibu's beaches. On-site amenities include outdoor lounges, walking trails, a scenic pool, spa services, landscaped gardens, and, when available, optional private rooms, all designed to support regulation, calm, and safety during in-person residential care.

Program materials and clinical practices adhere to behavioral health safety guidelines and avoid sensational language or unverified outcome claims. The program remains grounded in respect for client dignity, autonomy, and trauma-informed best practices.

For more information or to contact Profound Treatment's Los Angeles intake team and [verify insurance](#), individuals, families, community groups, and referring providers may reach out to their admissions team.

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