

Adora Aesthetics Founder Heather Zade Recognized for Advancing Medical Aesthetics and Professional Education

Zade Honored for Expertise and Innovation, Driving Industry Standards Through Advanced Techniques and Adora Academy

CLARKSVILLE, MD, UNITED STATES, July 23, 2026 /EINPresswire.com/ -- Heather Zade, Founder and CEO of [Adora Aesthetics](#), continues to be a notable figure in the [medical aesthetics](#) industry, recognized for her clinical expertise and contributions to professional education. Located in Clarksville, Maryland, Adora Aesthetics serves clients across the DMV area and extends its reach to New York, emphasizing natural and balanced aesthetic results. Zade's leadership, rooted in over 17 years as a board-certified Nurse Practitioner in aesthetics and more than two decades in healthcare, has guided Adora Aesthetics since its establishment in 2019.



Heather Zade, Founder and CEO

Zade's background includes extensive experience in hospital settings before transitioning to non-surgical aesthetic treatments. This foundation underpins her approach, which prioritizes safety and clinical integrity alongside artistic excellence. Her philosophy centers on enhancing an individual's inherent beauty rather than altering unique features. Among her contributions to advanced techniques is the 3-injection bolus lip filler method, which has garnered international attention for its precision and ability to achieve natural-looking results with reduced injection points.

Heather's commitment to ongoing education and innovation is demonstrated through her consistent training with leading national experts in injection techniques, facial anatomy, and safety protocols. This dedication has led to her recognition as one of the Top 100 Injectors in the Nation for four consecutive years. Beyond her clinical practice, Heather serves as an international trainer and speaker, sharing her knowledge with thousands of aesthetic

professionals globally. Her [Adora Academy](#) operates as a CME-accredited educational platform designed to enhance skills, build confidence, and foster ethical practices among both new and experienced injectors. The academy's curriculum focuses on honesty, refined techniques, and achieving measurable patient outcomes. Adora Aesthetics maintains high standards of education and safety across its twenty-person team.

"My mission is to empower individuals," said Heather Zade. "Aesthetic treatments extend beyond surface-level changes; they significantly impact how people view themselves. Whether I'm treating a patient, leading a training session, or speaking to an audience, my goal is to help others feel more confident and inspired."

For more information about Adora Aesthetics and its services, visit adoraaestheticsmd.com or contact the practice directly. Adora Aesthetics is dedicated to delivering exceptional, natural results while contributing to the advancement of the medical aesthetics industry through education and patient care.

Heather
Zade, Founder and CEO

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