



Columbia Mental Health Expands Access to Compassionate Mental Health Care with New Clinic in Gaithersburg

Columbia Mental Health opens a new clinic in Gaithersburg expanding access to quality, compassionate mental health care for local families and individuals.

GAITHERSBURG, MD, UNITED STATES, August 24, 2026 /EINPresswire.com/ -- Columbia Mental

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Our team of compassionate, diverse providers share a common mission to help our community by bringing high-quality, accessible mental health care to the communities who need it most.”

Heidi Trammell, Clinic Director

Health, a group of local outpatient mental health care clinics dedicated to transforming lives by offering quality, easily accessible mental health care, is proud to announce the opening of its newest clinic in [Gaithersburg, Maryland](#). The new location strengthens the organization's mission to bring high-quality mental health services closer to the people who need them.

The Gaithersburg clinic adds to the more than 16 Columbia Mental Health locations throughout the greater DMV area. With this opening, residents across the region gain convenient access to a full spectrum of mental health care,

all delivered by a compassionate team of professionals.

The clinic will be located at 18310 Montgomery Village Ave Suite 500, Gaithersburg, MD 20879.

Columbia Mental Health's clinical teams work collaboratively to create individualized treatment plans, supporting children, adolescents, and adults wherever they are on their mental health journey. At a Columbia Mental Health clinic, clients have access to a full suite of personalized mental health services, including therapy, psychiatry, and interventional treatments like Transcranial Magnetic Stimulation (TMS) and Spravato® at many locations.

According to data collected in 2025 by the National Alliance on Mental Illness, 1 in 5 adults in Maryland experience a mental illness each year, compared to the national average of 1 in 20 adults. Moreover, 1 in 20 Marylanders have serious thoughts of suicide each year.

Maryland faces a serious mental health crisis. Deeply rooted in the communities it serves, Columbia Mental Health continues to expand its presence to reach areas in need. The

Gaithersburg location reflects the ongoing commitment to making mental health care more accessible for local families and neighbors to address rising mental health concerns.

Columbia Mental Health is a group of local outpatient mental health care clinics dedicated to transforming lives by offering quality, easily accessible mental health care. Columbia Mental Health has been deeply rooted in the Washington DC Metro area for over 30 years supporting communities in Virginia and Maryland with a forward-thinking approach to mental health care. Their diverse care teams reflect the communities they serve and are committed to supporting clients through life's challenges. Columbia Mental Health is proud to be a leader in interventional psychiatry services in the region.

To learn more about Columbia Mental Health and its mental health services including individual and group therapy, TMS therapy, and medication management, Spravato treatment, visit <https://www.columbiapsychiatry-dc.com/schedule-an-appointment/>. To schedule a new client appointment or to discuss how mental health treatment can benefit you, a loved one, or your patients (703) 977-2258.

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About Columbia Mental Health and Transformations Care Network□□

Columbia Mental Health is a proud member of Transformations Care Network (TCN). As a member of TCN, the Columbia Mental Health team can accept more insurance plans and have access to cutting edge services and technological advancements. TCN provides the support, resources, and tools that your care team needs to transform lives in their communities. To learn more about Transformations Care Network, a family of outpatient mental health organizations, and the inspiring work they are doing to shape the future of mental health care, visit www.transformationsnetwork.com.□□

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