

Awakened Lifestyle Expo Brings Two Days of Transformation, Healing, and Conscious Connection to Southern California

The August 22–23 event will feature more than 60 conscious vendors and 34 transformational workshops including Darryl Anka, William Henry, and JJ Brighton.

COSTA MESA, CA, UNITED STATES, July 27, 2026 /EINPresswire.com/ -- [Awakened Lifestyle Expo](#) will bring together conscious seekers, spiritual teachers, healers, authors and wellness leaders for two full days of transformational experiences on August 22–23, 2026, in Costa Mesa, California.

Presented by [Awakened Magazine](#) and sponsored by Gaia, the Expo is designed to give attendees an opportunity to explore new pathways for healing, personal growth and expanded consciousness while connecting with a vibrant community of like-minded individuals.

More than 60 conscious vendors will offer crystals, wellness products, intuitive readings, meaningful gifts and a variety of services supporting mind, body and spirit.

Attendees will also be able to choose from 31 transformational workshops exploring channeling, mediumship, sound healing, somatic dance, psychic development, past life regression, consciousness expansion and a wide range of healing modalities.

“Awakened Lifestyle Expo is about creating a welcoming space where people can discover new possibilities for their lives, experience powerful healing modalities and connect with others who are committed to living more consciously,” said David Trotter, publisher of Awakened Magazine



Get Tickets: www.AwakenedLifestyleExpo.com

and founder of the Expo. "Whether someone is just beginning their spiritual journey or has been on this path for decades, we want them to leave feeling inspired, supported and more deeply connected to the wisdom within themselves."

Three VIP Workshop Experiences

The weekend will include three separately ticketed VIP workshops featuring internationally recognized teachers and transformational leaders:

- Darryl Anka, channel for Bashar
- JJ Brighton, light language channel and multidimensional guide
- William Henry, investigative mythologist, author and spiritual teacher

A vibrant poster for the 'Awakened Lifestyle Expo' presented by 'awakened magazine'. The background is a cosmic scene with green and blue nebulae and star trails. At the top, the text 'awakened magazine presents' is in a small, white, sans-serif font. Below it, 'AWAKENED LIFESTYLE EXPO' is written in large, bold, white, sans-serif capital letters. A dark green horizontal band contains three white text boxes: '60+ High-Vibe Conscious Vendors', 'August 22-23, 2026 Orange County, CA', and '34 Life-Changing Workshops'. The center of the poster features a collage of four photographs: a woman smiling at a laptop, a man gesturing while speaking, a large audience seated in a hall, and two women standing together in front of a display of 'Awakened' magazine covers. To the left of the bottom photo, the text 'Attend One or Both Days!' is written in a yellow, handwritten-style font. At the bottom, a dark green banner contains the text 'GET TICKETS: www.AwakenedLifestyleExpo.com' in white, bold, sans-serif capital letters. Below the entire poster, the same website URL is repeated in a smaller, black, sans-serif font.

Each VIP workshop will provide an extended opportunity for attendees to engage with the featured presenter and explore their teachings in greater depth.

“

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David Trotter

Sunday Night Main Event

The Expo will culminate with a special Sunday Night Main Event from 6–8 p.m. featuring several distinctive presentations and experiences. William Henry will deliver a keynote presentation casting a vision for “Ascension Intelligence.” Sheila Seppi will join Trotter for an in-depth conversation about her soul exchange walk-in experience, and JJ Brighton will lead attendees through a light language channeling journey. The evening will conclude with a panel

discussion moderated by Trotter.

Complimentary Gifts for Attendees

The first 50 guests to arrive each day will receive a complimentary copy of "The Awakened Healer: 18 Pathways to Healing, Wholeness, and Conscious Living", the newest release in the Awakened Hearts book series. Several contributing authors will be available throughout the weekend to meet attendees and sign copies.

In addition, the first 1,000 attendees will receive an Awakened gift bag containing:

- A special print edition of Awakened Magazine
- The first release of the limited-edition Awakened Wisdom Oracle Deck
- A complimentary one-month membership to Gaia, the world's largest conscious streaming platforms, offering more than 10,000 videos to members in 185 countries.

"We have intentionally created an experience that offers something meaningful at every level—from discovering a new wellness product or meeting an intuitive practitioner to participating in a workshop that could shift the direction of your life," Trotter added. "Our deepest hope is that every person who walks through the doors feels welcomed, seen and awakened to what is possible."

Event Information

Awakened Lifestyle Expo

August 22-23, 2026

Norma Hertzog Community Center

1845 Park Avenue

Costa Mesa, CA 92627

The Expo will be open Saturday from 9 a.m.–5 p.m. and Sunday from 9 a.m.–3 p.m. The Sunday Night Main Event will take place from 6–8 p.m.

Tickets, VIP workshop reservations, and additional event information are available at www.AwakenedLifestyleExpo.com.

About Awakened Magazine

Awakened Magazine is a multimedia platform dedicated to awakening the world to Love by sharing the voices and wisdom of conscious leaders, healers, teachers and transformational visionaries. Through its digital and print magazine, books, podcast, video interviews and live events, Awakened Magazine provides inspiration and practical pathways for healing, personal growth and conscious living.

A promotional poster for the Awakened Lifestyle Expo. The background is dark blue with golden light trails and geometric patterns. At the top, the text "COME EARLY. LEAVE INSPIRED." is written in large, bold, white and yellow letters. In the center is a box set for "the awakened healer" by awakened hearts, featuring a woman with glowing energy. To the right of the box set are three promotional icons: a group of people for "FIRST 50 GUESTS EACH DAY RECEIVE THE AWAKENED HEALER", a gift box for "FIRST 1,000 GUESTS RECEIVE THE AWAKENED WISDOM ORACLE DECK", and an open book for "EVERY GUEST RECEIVES A SPECIAL PRINT EDITION OF AWAKENED MAGAZINE". At the bottom, the dates "AUGUST 22-23 • COSTA MESA, CA" are listed above a large yellow button that says "GET TICKETS". Below the poster, the text "Get Tickets: www.AwakenedLifestyleExpo.com" is displayed.

**COME EARLY.
LEAVE INSPIRED.**

the awakened healer
POWERFUL PRACTICES FROM TODAY'S CONSCIOUS LEADERS TO HEAL, TRANSFORM, & ELEVATE YOUR LIFE
awakened hearts

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Get Tickets: www.AwakenedLifestyleExpo.com

David Trotter
Awakened Magazine
+1 949-335-2925

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