

West Central Mental Health Expands Access to Mental Health Care with New Clinic in Springfield, MA

West Central Mental Health opens a new clinic in Springfield, expanding access to quality, compassionate mental health care for local families and individuals.

SPRINGFIELD, MA, UNITED STATES, August 24, 2026 /EINPresswire.com/ -- West Central Mental

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Opening this clinic in Springfield allows us to meet clients where they are and connect them with the comprehensive, effective mental health care they deserve.”

Kenna Tyrrell, Clinic Director

Health is proud to announce the opening of its newest clinic in [Springfield, Massachusetts](#). The new location strengthens the organization's mission to bring high-quality mental health services closer to the people who need them.

The clinic is located at 101 Wason Avenue, Suite 201 Springfield, MA 01107.

With this opening, residents across the region gain convenient access to a full spectrum of mental health care,

all delivered by a compassionate team of professionals. West Central Mental Health' clinical teams work collaboratively to create individualized treatment plans, supporting children, adolescents, and adults wherever they are on their mental health journey. At a West Central Mental Health clinic, clients have access to a full suite of personalized mental health services, including therapy, psychiatry, and interventional treatments like Transcranial Magnetic Stimulation (TMS).

According to the 2025 Community Health Needs Assessment of Springfield, MA, conducted by Mercy Medical Center, 1 in 5 adults in Springfield reported experiencing poor mental health for 14 or more days out of the past 30, a 15% increase from 2022. The assessment also found that suicide death rates are elevated across most of western Massachusetts, with Berkshire, Hampden, and Franklin counties all exceeding the national average.

Deeply rooted in the communities it serves, West Central Mental Health continues to expand its presence to reach areas in need. The Springfield location reflects the ongoing commitment to making mental health care more accessible for local families and neighbors to address rising mental health concerns.

West Central Mental Health was formed as a partnership between two long-standing mental health providers in Massachusetts. West Central Family and Counseling has served the West Springfield community with high-quality mental health care since 1989. In 2022, WCFC partnered with Northeast Health Services, a well-respected mental health organization based in eastern Massachusetts. Through this partnership, the West Central Mental Health team is proud to continue to serve central Massachusetts with advanced mental health care.

To learn more about Northeast Health Services and its mental health services including individual and group therapy, TMS therapy, medication management, visit <https://nehs.transformationsnetwork.com/schedule-appointment/>. To schedule a new client appointment or to discuss how mental health treatment can benefit you, a loved one, or your patients (413) 846-1848.

About Northeast Health Services

Northeast Health Services is a group of local outpatient mental health care clinics dedicated to transforming lives by offering quality, easily accessible mental health care. With a commitment to excellence, innovation, and accessibility, Northeast Health Services strives to provide personalized care that addresses both the physical and emotional well-being of every one of their clients. The dedicated team of mental health professionals is driven by a shared mission to make a meaningful impact on the lives we touch, ensuring a healthier, brighter future for all. □

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