

Human Rights Award Nominee Builds Global Movement Through History and Storytelling

Australian author, educator and journalist earns Human Rights Award nomination as [Outback Odyssey](#) and [The Human Cost of History](#) gain international recognition.

NEW YORK, NY, UNITED STATES, July 30, 2026 /EINPresswire.com/ -- Human Rights Award nominee [Paul Rushworth-Brown](#) is gaining international recognition for using historical fiction, journalism and public education to inspire conversations about reconciliation, identity and [the human cost of history](#). Through his award-nominated novel [Outback Odyssey](#) and his international interview platforms, [The Human Cost of History](#) and [Down Under Interviews](#), the Australian author and educator is helping audiences rediscover the forgotten voices that have shaped history.



Australian author Paul Rushworth-Brown at Sydney Harbour, recognized for his work exploring history, reconciliation and the human cost of history.

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Paul Rushworth-Brown understands the assignment of using historical fiction to trigger urgent conversations around challenging social justice issues.”

*Dr. Trudy Beerman, Host of
PSI TV*

Rushworth-Brown has been nominated in the Media and Creative Industries category of the 2026 Australian Human Rights Awards, recognizing his contribution to advancing public understanding through literature, journalism and educational media. His work consistently explores how historical events affected ordinary people, encouraging readers and audiences to examine history through empathy, inclusion and cultural understanding.

At the heart of that recognition is [Outback Odyssey](#), a historical novel set in 1950s Australia that follows the

journey of Jimmy Brown, an English orphan whose life is transformed after becoming immersed in the culture and traditions of an Aboriginal community. While grounded in historical research, the novel uses allegory to explore universal themes of transformation, belonging, identity and

reconciliation.

Rather than portraying history as a sequence of political events or military victories, *Outback Odyssey* examines the personal relationships, cultural understanding and resilience that shape both individuals and communities. Readers have praised the novel for its emotional storytelling, historical authenticity and respectful exploration of First Nations culture.

Author and educator Dr. Trudy Beerman recently described Rushworth-Brown's growing body of work not simply as a collection of books, but as "a movement." Her observation reflects the way his novels, interviews and educational work continue to inspire broader conversations about reconciliation, historical understanding and the importance of preserving voices too often overlooked in traditional historical narratives.

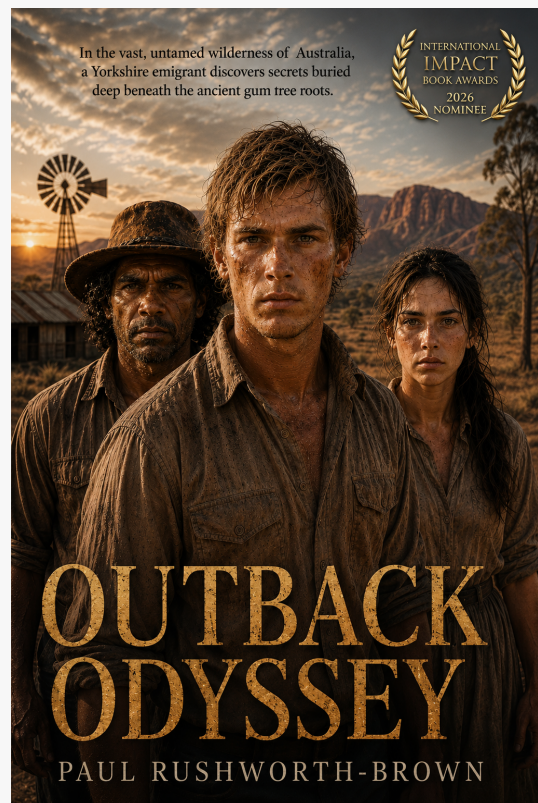
That philosophy has guided Rushworth-Brown throughout his career.

As an educator, journalist and historical commentator, he has consistently championed the stories of ordinary people whose experiences have frequently been overshadowed by history's better-known figures. Whether writing historical fiction, interviewing leading historians or researching forgotten communities, his work is driven by a belief that history is ultimately about people rather than power.

His commitment to equality and inclusion extends beyond literature.



Paul Rushworth-Brown in conversation with Hadi on *Conversations Allowed*, discussing truth-telling, identity and the power of storytelling to heal old wounds.



Could *Outback Odyssey* become Australia's most talked-about historical novel since *Carpentaria*? Judge for yourself.

During his career as a journalist, Rushworth-Brown launched the campaign advocating for the Pararoos' reinstatement to international competition, helping bring national attention to issues of equality, representation and opportunity for athletes living with disability. The campaign reflected the same values that continue to define his work today—ensuring that marginalized voices are recognized, respected and remembered.

Beyond his novels, Rushworth-Brown has developed an international audience through The Human Cost of History, an educational platform exploring the lives of ordinary people who lived through extraordinary events. The platform includes Down Under Interviews, where he hosts in-depth conversations with historians, bestselling authors, educators and researchers from around the world.

Recent guests include acclaimed author Rohn Hein, whose discussion of *The Valet's Witness* examined why slavery was largely ignored during the drafting of the United States Constitution and how those historical decisions continue to resonate in contemporary debates, including the Black Lives Matter movement. The conversation exemplified Rushworth-Brown's commitment to exploring the enduring relevance of history and encouraging informed discussion about the social and human consequences of the past.

These discussions have helped establish The Human Cost of History as an international forum where literature, scholarship and public education intersect, providing audiences with meaningful conversations that connect the lessons of history with contemporary society.

Rushworth-Brown's literary work has also attracted growing international recognition. *Outback Odyssey* has been nominated for the International Impact Book Awards, reflecting its growing readership and the increasing recognition of its themes of transformation, reconciliation and cultural understanding.

"History is not simply a record of dates and events," says Rushworth-Brown. "It is the story of ordinary people navigating extraordinary circumstances. By understanding their struggles, resilience and humanity, we better understand ourselves."

As audiences around the world continue to engage with his novels, interviews and educational work, Paul Rushworth-Brown is demonstrating that storytelling can do more than entertain. It can educate, encourage dialogue, challenge assumptions and build understanding across cultures. By bringing forgotten voices back into public conversation, his work continues to remind readers that history remains one of humanity's most powerful teachers.

About Paul Rushworth-Brown

Paul Rushworth-Brown is an Australian historical novelist, educator, journalist and interviewer whose work explores the human cost of history through literature, historical research and public education. He is the author of *Outback Odyssey* and creator of The Human Cost of History and

Down Under Interviews, where he interviews historians, authors and educators from around the world. His work promotes reconciliation, cultural understanding and respect for the forgotten voices of history through compelling storytelling and informed public discussion.

Amanda Smith

Down Under Interviews

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