

Heartfelt Recovery Centers Opens Outpatient Treatment Center in Laconia, NH

New Lakes Region location offers PHP, IOP, and outpatient care for substance use and mental health conditions

LACONIA, NH, UNITED STATES, September 2, 2026 /EINPresswire.com/ -- Heartfelt Recovery

“

Opening in Laconia means treatment that fits your life, right in your community. Whether you are calling for yourself or for someone you love, you will not have to figure this out alone.”

Patrick O'Brien

Centers, a Joint Commission Accredited and LegitScript Certified treatment provider, has opened a new outpatient center at 350 Court Street in Laconia. The location brings personalized care for substance use and [mental health conditions](#) to central New Hampshire and the Lakes Region, giving residents access to treatment close to home rather than traveling out of the area or stepping away from work and family.

The [Laconia center](#) treats both [substance use disorders](#) and mental health conditions as primary diagnoses.

Programs include Partial Hospitalization (PHP), Intensive Outpatient (IOP), and standard outpatient care, along with medication-assisted treatment and dual diagnosis support for people managing addiction and a mental health condition together. Treatment is offered on flexible schedules, including evenings and weekends, so clients can get help without leaving their jobs, school, or family responsibilities behind.

"People in the Lakes Region have had to drive an hour or more to find this level of care, and for someone already carrying a heavy load, that distance is often the reason they never start," said Patrick O'Brien, Executive Director of Heartfelt Recovery Centers. "Opening in Laconia means treatment that fits your life, right in your community. Whether you are calling for yourself or for someone you love, you will not have to figure this out alone."

Every client begins with a full assessment, and a clinical team builds a treatment plan around the individual's needs, history, and goals. Clinicians treat co-occurring conditions such as anxiety, depression, and trauma alongside addiction, using evidence-based therapies including cognitive behavioral therapy (CBT) and dialectical behavior therapy (DBT).

Heartfelt accepts most major insurance plans and verifies coverage at no cost before a first appointment. The admissions team also coordinates medical detox placement for clients who

need that level of care before beginning outpatient treatment.

The Laconia center is now accepting new clients. To schedule an assessment or verify insurance, call (603) 207-4535.

About Heartfelt Recovery Centers

Heartfelt Recovery Centers is a Joint Commission Accredited, LegitScript Certified outpatient treatment provider serving New Hampshire and Northern Massachusetts. Heartfelt offers Partial Hospitalization (PHP), Intensive Outpatient (IOP), and standard outpatient programs, medication-assisted treatment, individual and group therapy, and dual diagnosis care for co-occurring mental health conditions. Treatment is built around each person's life, with flexible scheduling that includes evenings and weekends. Heartfelt operates centers in Hudson and Laconia, New Hampshire.

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