

Influential Women Showcases Karen Cherry-Brown: Founder Of SIPS Healthcare Solutions And Healthcare Champion

DALLAS, TX, UNITED STATES, August 4, 2026 /EINPresswire.com/ -- Advancing Sterile Processing Excellence, Leadership Development, and Community Service Through Decades of Experience and Mentorship

Karen Cherry-Brown is a nationally recognized healthcare leader, entrepreneur, author, consultant, and community advocate whose career has been defined by resilience, service, and a commitment to improving healthcare operations. As the Founder of SIPS Healthcare Solutions, Karen has dedicated more than two decades to advancing excellence in sterile processing, perioperative services, leadership development, and healthcare infrastructure. Born and



raised in Tulsa, Oklahoma, during a period of significant social change and integration, Karen's early experiences shaped the determination, perseverance, and resilience that would later define her professional journey. Growing up with challenges that tested her strength, she developed a belief that obstacles could become opportunities and that success was achieved through commitment, hard work, and refusing to accept limitations.

With more than 40 years of experience in healthcare, Karen has built a distinguished career grounded in leadership, mentorship, and operational transformation. Her journey reflects a lifelong dedication to improving patient safety while empowering the professionals responsible for delivering high-quality care.

Karen's professional path began in hands-on patient care as a nurse and dental assistant, experiences that provided her with firsthand insight into the realities of healthcare delivery.

Those early roles created a deep respect for frontline professionals and reinforced the importance of strong systems, teamwork, and accountability in achieving positive patient outcomes.

She later transitioned into sterile processing, where she discovered her passion for strengthening the systems and processes that support surgical care. Recognizing the essential role sterile processing teams play in healthcare, Karen dedicated herself to improving standards, developing leaders, and creating operational solutions that directly contribute to safer patient care.

Through SIPS Healthcare Solutions, founded in 2005, Karen has spent more than two decades helping healthcare organizations improve performance through staffing support, process improvement, interim management, leadership development, and regulatory compliance training.

Over time, Karen evolved SIPS beyond traditional consulting services, developing the organization into a healthcare operations infrastructure company focused on creating sustainable systems rather than temporary solutions. Through frameworks such as Sterile By Design™, leadership development initiatives, workforce development programs, and operational improvement strategies, SIPS works to help healthcare organizations build stronger departments that continue performing long after outside support concludes. Karen's philosophy is built on the belief that sterile processing is not simply a behind-the-scenes department, but a critical component of the surgical system. The quality, efficiency, and leadership within sterile processing directly influence patient safety, operating room performance, and healthcare outcomes.

Although Karen has stepped back from the daily operations of SIPS Healthcare Solutions, she remains actively engaged as a trusted advisor to the executive leadership team. She continues to mentor emerging leaders, provide strategic guidance, and support the continued growth of the organization.

Her leadership approach is centered on building systems, developing people, and creating a legacy that extends beyond any individual. Karen believes organizations become stronger when leaders invest in their teams, establish clear expectations, and create environments where professionals can succeed.

Beyond her professional accomplishments, Karen has expanded her impact through public service and community advocacy. She serves as a City Council Member in Duncanville, Texas, where she remains committed to civic engagement, community development, and improving the quality of life for residents. Her dedication to service extends beyond healthcare and reflects her broader belief in helping others and creating opportunities for those around her.

Karen is also the Founder of the Cherry Foundation, a nonprofit organization dedicated to

supporting underserved families, children, and seniors through essential resources and seasonal initiatives. Through this work, she continues to address community needs and provide meaningful support to individuals who may otherwise face barriers to accessing assistance.

Her commitment to healthcare professionals is also demonstrated through her involvement with the annual Scrub Ball, a signature event she helped create. The event brings healthcare professionals together to celebrate excellence within the industry while raising funds for scholarships and educational opportunities. Through initiatives like the Scrub Ball, Karen continues to invest in the growth and advancement of future healthcare leaders.

In addition to her leadership and advocacy work, Karen is a published author and storyteller. Her works include *CSPS Management: What Should I Do?* and *Chicken Poop to Soup*, books that reflect her experiences, insights, and unique perspective on leadership, resilience, and personal growth. She also hosts the podcast *Prevailing Through Pain* and is featured in a documentary of the same title, currently streaming on Tubi.

Karen attributes her success to God, her motivation,

the influence of her family, and the values instilled in her by her mother and grandmother. Her grandmother's advice has remained a guiding principle throughout her career: if you commit to something, give it your best effort. Even when it is time to move on, leave with professionalism, respect, and without burning bridges.

Those lessons have shaped not only Karen's work ethic but also the relationships she has built throughout her career. She has seen firsthand how genuine dedication and integrity create lasting connections. Recently, someone she had worked with on an account more than 20 years ago needed assistance at her facility and reached out to SIPS Healthcare Solutions. When Karen learned that the individual still viewed her company as a trusted resource years later, she traveled with her team to personally support and surprise her.

For Karen, moments like these reinforce that success is not measured only by professional achievements. It is also reflected in the trust, relationships, and positive impact created along the way. She believes success is never achieved alone—it comes from the people who inspire us, the values we uphold, and the commitment we bring to every opportunity.

The best career advice Karen has ever received is simple but powerful: show up, do your best, and never give up. She believes consistency, determination, and perseverance are essential qualities for long-term success. By remaining committed and giving their best effort, professionals can continue to grow and reach new levels throughout their careers.

For young women entering healthcare, Karen emphasizes that the industry is not defined by glamour but by compassion, commitment, and service. She believes success requires a genuine desire to help people and a willingness to embrace the challenges that come with caring for

others.

She encourages young professionals to value relationships, take pride in their work, and avoid rushing their career progression. Rather than trying to skip steps or move directly from the beginning of a career to the highest level, Karen believes professionals should focus on mastering each stage, building experience, and developing confidence over time.

One of the challenges Karen sees in healthcare today is the desire for immediate success without always putting in the necessary effort to develop strong foundations. While she admires the confidence and courage of younger generations, she believes lasting achievement comes from patience, continuous learning, and a willingness to do the work required to grow.

At the center of Karen's professional and personal life are the values of honesty, humility, responsibility, respect, fairness, and integrity. She believes these principles guide meaningful relationships, ethical decision-making, and effective leadership.

Karen also emphasizes the importance of boundaries, explaining that clear expectations help eliminate uncertainty and create healthier professional and personal interactions. She believes saying "no" when necessary is not a negative action but rather an important part of respecting personal limits and maintaining authenticity.

Driven by a lifelong commitment to service, leadership, and mentorship, Karen Cherry-Brown continues to inspire healthcare professionals and communities through her work. Her legacy is built on resilience, opportunity, and the belief that true leadership comes from empowering others.

Through SIPS Healthcare Solutions, her community initiatives, public service, and continued mentorship, Karen remains dedicated to shaping the future of healthcare while creating a lasting impact on the people and organizations she serves.

Learn More about Karen Cherry-Brown:

Through her Influential Women profile, <https://influentialwomen.com/connect/karen-cherry-brown> or through her website, <https://karencherry.me/>

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