

Technology and Healthcare Investor Aaron Michael Krinsky Delivers TEDxBeverlyGrove Talk on Complexity in Patient Care

Father of three draws on his daughter's type 1 diabetes diagnosis to examine why systems can preserve complexity long after it stops serving patients

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“

Complexity doesn't just create friction. It creates distance from responsibility, from empathy, and from care itself.”

Krinsky told the TEDxBeverlyGrove audience.

Krinsky, an investor and entrepreneur working at the intersection of technology, design, and healthcare, delivered a talk at [TEDxBeverlyGrove 2026](#) arguing that complexity can become a burden layered on top of disease for patients and families.

Krinsky spoke under the TEDxBeverlyGrove 2026 theme "Reimagining the Possible," drawing on his family's experience since his daughter Rumijean was diagnosed with type 1 diabetes just before her first birthday. He

described five years of managing her care inside a medical device ecosystem built around separate devices, separate sites, and separate alarms, and argued that much of that complexity can persist long after it stops serving the people who depend on it.

"Complexity doesn't just create friction," Krinsky told the TEDxBeverlyGrove audience. "It creates distance from responsibility, from empathy, and from care itself."

Krinsky described a turning point over coffee with a childhood friend who also lives with type 1 diabetes and had used an automated, open-source approach to help manage the disease. According to Krinsky, his friend's daily management numbers had meaningfully improved, and the conversation became both a relief and a reckoning. It led Krinsky to question why some patient-led innovations and simpler care experiences take so long to reach the people who need them.

Krinsky argued that the same pattern extends beyond healthcare into education, finance, and technology. Systems often add complexity to solve a problem, then preserve that complexity long after it stops serving the people inside them.

Krinsky closed his talk by calling for "[one device by 2030](#)," his stated clarion call for a standard of diabetes care built around patients rather than institutional complexity.

Krinsky has spent his career at the intersection of technology, design, and innovation. He began his career at IMAX in its digital division and has since co-founded and invested in companies across media, technology, and healthcare. Raised in Laguna Beach, California, he studied at Yale University and earned his master's degree from the University of Southern California. He lives in Central Oregon with his wife, Emily, and their three children.

Krinsky's talk was part of the TEDxBeverlyGrove 2026 speaker series and will be released online in the coming months.

About TEDxBeverlyGrove

TEDxBeverlyGrove is an independently organized TED event devoted to ideas that transform culture, leadership, and human potential. The 2026 theme, "Reimagining the Possible," invited leaders across disciplines to rethink how we navigate uncertainty, rebuild from loss, and discover what becomes possible when endurance replaces inspiration.

About Aaron Michael Krinsky

Aaron Michael Krinsky has spent his career at the intersection of technology, design, and innovation. He began his career at IMAX in its digital division and has since co-founded and invested in companies across media, technology, and healthcare. Raised in Laguna Beach, California, Krinsky studied at Yale University and earned his master's degree from the University of Southern California. He lives in Central Oregon with his wife, Emily, and their three children.

[About Marvin V. Acuna](#)

Marvin V. Acuna is a TEDx Organizer and Producer. In that role, he curates speakers, ideas, and the architecture of a high-trust live stage. Separate from his work as a TEDx producer, Acuna advises leaders, founders, attorneys, and public figures as a speaking coach and talk architect. He helps clients uncover the idea inside their story, sharpen their message, and deliver it with clarity, authority, and impact. He also serves as Head of Business Strategy for The Lawyers Roundtable and is the founder of MoBal Systems.

About TED



Aaron Michael Krinsky, A father navigating life inside broken systems

TED is a nonprofit, nonpartisan organization dedicated to discovering, debating and spreading ideas that spark conversation, deepen understanding and drive meaningful change. Our organization is devoted to curiosity, reason, wonder and the pursuit of knowledge, without an agenda. We welcome people from every discipline and culture who seek a deeper understanding of the world and connection with others, and we invite everyone to engage with ideas and activate them in your community.

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About TEDx, x = independently organized event

In the spirit of ideas worth spreading, TEDx is a program of local, self-organized events that bring people together to share a TED-like experience. At a TEDx event, TED Talks video and live speakers combine to spark deep discussion and connection. These local, self-organized events are branded TEDx, where x = independently organized TED event. The TED Conference provides general guidance for the TEDx program, but individual TEDx events are self-organized.

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