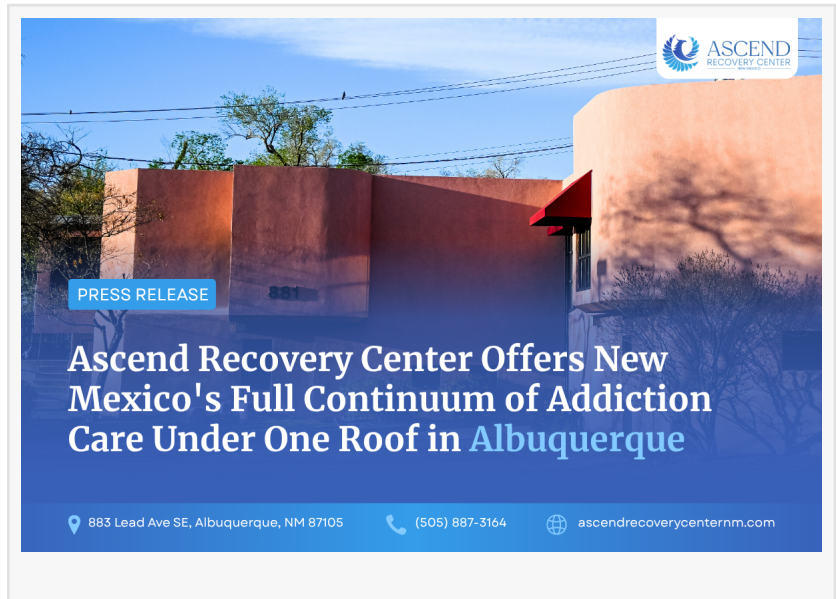


Ascend Recovery Center Offers New Mexico's Full Continuum of Addiction Care Under One Roof in Albuquerque

Medical detox through outpatient treatment, with Medicaid accepted at a Joint Commission-accredited facility

ALBUQUERQUE, NM, UNITED STATES, August 6, 2026 /EINPresswire.com/ -- ALBUQUERQUE, N.M. - [Ascend Recovery Center](#) provides one of New Mexico's most complete ranges of addiction and mental health treatment at its facility at 883 Lead Ave SE in Albuquerque, spanning medical detox, residential treatment, day treatment, [intensive outpatient](#), and outpatient care. Clients can move through every stage of recovery without changing providers, keeping one clinical team from their first day to their last.



A full continuum matters because recovery rarely follows a straight line. When one provider offers every level of care, clients avoid the gaps between programs where relapse risk climbs, and clinical records, treatment plans, and relationships carry forward instead of starting over.

The Joint Commission-accredited center offers medical detox for alcohol, opioids, and other substances with 24/7 nursing staff, and a medical provider evaluates each detox patient within hours of admission. Detox is the shortest phase of treatment and often the most medically sensitive, and around-the-clock monitoring keeps clients safe and as comfortable as possible through withdrawal.

Residential care includes a dedicated mental health track, where adults can enter treatment with a mental health condition as the primary diagnosis. The track serves adults whose primary need is mental health care, with substance use addressed alongside it when present. After residential care, clients step down through day treatment, the most structured outpatient level, then intensive outpatient and outpatient programming, at a pace their clinical team sets with them.

Clinical programming features EMDR-trained therapists and evidence-based modalities including cognitive behavioral therapy and dialectical behavior therapy, complemented by wellness offerings such as yoga, breathwork, sound healing, and mindfulness practices. Wellness sessions run alongside clinical hours and give clients tools they keep using after discharge. Case managers assist clients with insurance applications, benefit programs, and community resources, so coverage questions and paperwork don't delay care.

Ascend accepts Medicaid along with Blue Cross, UnitedHealthcare, and Molina, and is in network with VACCN, TriWest, and ComPsych, keeping comprehensive treatment within reach for New Mexico families, including veterans and military families. The center serves clients from Albuquerque, Rio Rancho, Santa Fe, Las Cruces, and Los Lunas, and welcomes adults from across the state who need a level of care their own community doesn't offer.

"People shouldn't have to leave the state, or piece together three different providers, to get a full course of treatment," said a spokesperson for Ascend Recovery Center. "From the first day of detox to the last outpatient session, our clients work with one team that knows their story."

Every level of care operates from the same Lead Avenue facility. Admission starts with a confidential call: the admissions team verifies Medicaid or commercial coverage, answers questions about each level of care, coordinates a detox evaluation when one is needed, and helps families understand what to expect at each stage. Adults seeking treatment, and family members calling on someone's behalf, can reach the team at (505) 887-3164.

About Ascend Recovery Center

Ascend Recovery Center provides addiction and mental health treatment in Albuquerque, New Mexico, from medical detox through outpatient care. Part of the Ascend Behavioral Health Network, with locations in Florida, New Mexico, and North Carolina, Ascend is accredited by The Joint Commission. Learn more at <https://ascendrecoverycenternm.com/>.

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