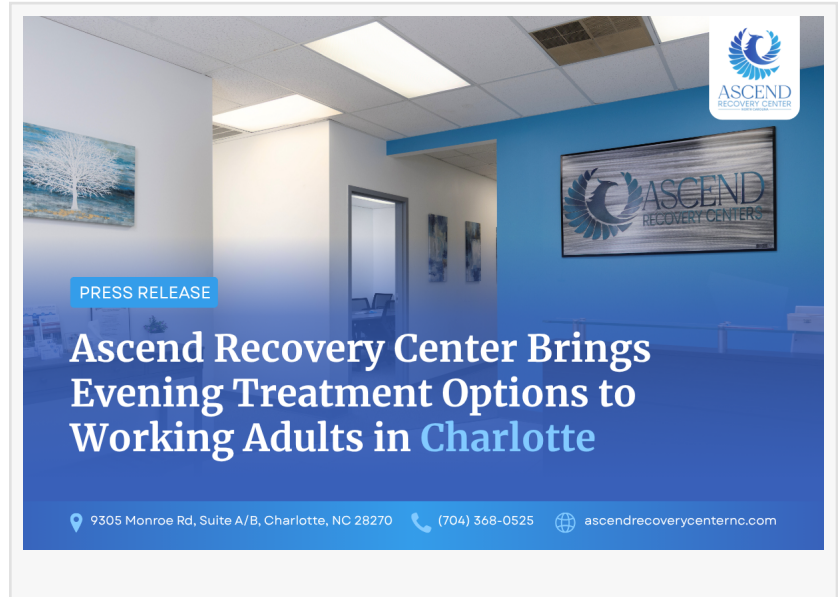


Ascend Recovery Center Brings Evening Treatment Options to Working Adults in Charlotte

Day and evening programming plus Medicaid acceptance at all levels of care widen access to addiction treatment

CHARLOTTE, NC, UNITED STATES, August 6, 2026 /EINPresswire.com/ -- [Ascend Recovery Center](#) offers Charlotte-area adults addiction treatment that fits around work and family life, with both day and evening options for its Partial Hospitalization and Intensive Outpatient Programs, available in person and virtually. For adults who can't step away from a job, classes, or children, the evening track makes structured treatment realistic. Programming runs from the center at 9305 Monroe Rd in southeast Charlotte.



The Partial Hospitalization Program provides the most structured level of outpatient care, while the Intensive Outpatient Program offers meaningful clinical support on a more flexible schedule. Both run in day and evening formats, and both are available virtually for clients who can't get to the Monroe Road facility in person. Virtual sessions carry the same structure as in-person programming, with scheduled group and individual time led by the same clinicians. Many clients begin in the Partial Hospitalization Program and step down to the Intensive Outpatient Program as they stabilize, keeping the same team throughout.

The Joint Commission-accredited, LegitScript-verified center accepts three North Carolina Medicaid plans, Healthy Blue, Vaya, and AmeriHealth, at every level of care, and is in network with Blue Cross Blue Shield and UnitedHealthcare/Optum. For adults covered by Healthy Blue, Vaya, or AmeriHealth, that means access to the same programming, the same clinicians, and the same schedule options as every other client. Case managers also help clients navigate social services and community resources.

Programming is led by licensed clinicians whose credentials include licensed clinical mental health counseling, licensed clinical addiction specialist certification, EMDR certification, and SMART Recovery facilitation. SMART Recovery gives clients a secular, skills-based option alongside traditional recovery approaches. Clients work with the same clinicians across group and individual sessions, so the people guiding treatment know each client's history and progress.

Treatment draws on cognitive behavioral therapy, acceptance and commitment therapy, motivational interviewing, and relapse prevention therapy, delivered with a trauma-informed approach, alongside life skills training and aftercare planning. Life skills and aftercare work start well before discharge, so each client leaves with a plan, a schedule, and people to call.

The center is active in Charlotte's large recovery community, hosting and participating in community events throughout the year. Those connections help clients plug into meetings, events, and sober activities across the metro area, a recovery network that extends past the program's walls.

"A lot of people in Charlotte want help but can't walk away from a job or their kids to get it," said a spokesperson for Ascend Recovery Center. "Evening programming and Medicaid acceptance exist for exactly that person."

Admission starts with a confidential call. The admissions team verifies Medicaid or commercial coverage, explains the day and evening schedules, and helps each caller pick the format that fits their work and family obligations. Adults interested in treatment, and family members exploring options for someone they love, can call (704) 368-0525 to ask about programming, coverage, and admission.

About Ascend Recovery Center

Ascend Recovery Center provides [outpatient addiction treatment in Charlotte, North Carolina](#). Part of the Ascend Behavioral Health Network, with locations in Florida, New Mexico, and North Carolina, Ascend is accredited by The Joint Commission and verified by LegitScript. Learn more at <https://ascendrecoverycenternc.com/>.

Admissions Team

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