

Dr. Antonio Rotondo of Rotondo Neuropsychology and Psychotherapy Recently Featured on Close Up Radio

BOCA RATON, FL, UNITED STATES, August 6, 2026 /EINPresswire.com/ -- A patient walks into Dr. Antonio Rotondo's office holding one story about their mind. A few weeks later, the test results often tell a different story.

"Reconciling those two stories," Rotondo explains, "is the core of my work as a clinical neuropsychologist." It is also, in a sense, where his career began. Long before he studied the brain, Rotondo studied English literature, captivated by novelists such as Steinbeck and poets such as William Blake. He noticed something the rest of his classmates may have missed.



Novels, in their own way, are case studies. Every character is a portrait of human behavior. Every writer reveals something of their own psychology through style and voice. That observation carried Rotondo from literature to philosophy, then to psychology, and finally to neuropsychology. He describes the field as offering the same insight into people that literature does, only grounded in science.

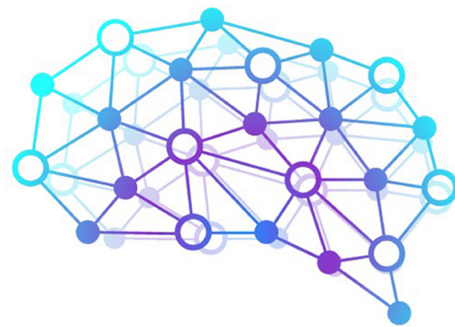
Today, Rotondo evaluates patients across the age spectrum, testing cognitive functions such as memory, processing speed, executive functioning and attention. He also assesses psychological and psychiatric factors that shape how people think, feel and behave. His reports often travel further than his voice. By his own estimate, roughly 80 percent of the professionals who read his evaluations, including neurologists, therapists and teachers, will never speak with him directly. The clarity of his writing must do the work instead, a debt he traces directly back to his English degree.

Rotondo is candid about the parts of the job that are difficult to quantify. "Patients frequently underestimate their own cognitive standing," he shares, "Many fixate on an average IQ score as though it were a verdict, rather than one data point among many." He points out that intelligence takes forms testing cannot yet measure, from athletic skill to artistic talent. An artist of Pablo Picasso's caliber, he notes, would not necessarily register as gifted on a standard IQ test. Likewise, older adults often assume normal aging means decline. And people struggling with depression may perceive their abilities as far lower than they actually are.

He is equally open about the limits of medication, preferring to see patients try therapy first when depression is not accompanied by harmful behaviors. For Rotondo, environment, not just brain chemistry, shapes mental health. "A prescription pad," he explains, "is not always the first or only answer."

That does not mean he discounts brain science, describing neuroplasticity as central to his work. Neuroplasticity is the brain's capacity to change and strengthen connections through repetition, therapy, sleep and stress reduction. He has watched patients regain speech after strokes. He has also used testing results to help patients with substance use disorders recognize impairments they had denied for years. "This recognition," he says, "has sometimes prompted a turn toward treatment that had eluded them."

He is similarly thoughtful about AI's growing role in mental health. Rotondo says he has tested



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chatbots by asking whether they “like” him. His goal was not curiosity about the software, but insight into how people form attachments to it. He believes AI can never be entirely neutral, because it is built from human input. Still, he sees potential for it to support therapy. It could offer guidance on exercise or mindfulness, for instance, without replacing human relationships.

Rotondo Neuropsychology and Psychotherapy has been named a Best of Boca Raton Award winner for three consecutive years. It also received a Global Pioneer Award at the 2025 Fluxx Awards in the category of Neuropsychological Research and Clinical Innovation, Health and Wellness. The practice offers neuropsychological testing, psychological testing and psychotherapy, along with telehealth services, to patients in South Florida. In addition, Dr. Rotondo was recently awarded the prestigious Top Neuropsychologist of the Year award by the International Association of Top Professionals (IAOTP).

For Dr. Rotondo, every evaluation still comes back to that first story a patient carries in the door. His job is to read it closely, test it against the evidence and help write what comes next.

About Rotondo Neuropsychology and Psychotherapy

Rotondo Neuropsychology and Psychotherapy, PLLC is a Boca Raton, Florida-based practice founded by Dr. Antonio Rotondo, Psy.D., a clinical neuropsychologist who provides neuropsychological testing, psychological testing and evaluation services for children, adults and



older adults. The practice's psychotherapy services are provided separately. Rotondo Neuropsychology and Psychotherapy works with patients experiencing conditions ranging from neuro-developmental disorders and early dementia to substance use disorders and mood and anxiety conditions, providing evaluations designed to guide treatment planning for patients, families and referring providers.

Close Up Radio recently featured Dr. Antonio Rotondo, PsyD, founder of Rotondo Neuropsychology and Psychotherapy, in an interview with Doug Llewelyn on Tuesday August 4th at 10am Eastern

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For more information about Dr. Antonio Rotondo, please visit

<https://rotondoneuropsychology.com/>

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