

Adrienne's Dream: New Children's Book Helps Families Explain IVF to Young Children

Adrienne's Dream: New Children's Book Helps Families Explain IVF to Young Children

LEOMINSTER, MA, UNITED STATES, August 6, 2026 /EINPresswire.com/ -- A new children's book is helping parents explain in vitro fertilization (IVF) to young children in a warm, hopeful, and age-appropriate way.

Elizabeth Drubin, who became a mother through IVF at age 44, has released *Adrienne's Dream: An IVF Story*, now available on Amazon. As more than 1 million babies are born through IVF worldwide each year, and an estimated 13–17 million people have been born through IVF since 1978, the book offers an encouraging resource for families whose children were conceived through assisted reproduction.



Elizabeth Drubin engages in skin to skin contact with miracle IVF baby Hannah

The story follows Adrienne, a six-and-a-half-year-old girl who dreams of having a baby brother or sister. When Mommy and Daddy struggle to grow their family naturally, they seek help from their doctor and ultimately experience the miracle of IVF. Through gentle storytelling and vibrant, full-color illustrations by Seattle artist Melissa Hudson, the book celebrates hope, perseverance, and the joy of welcoming a long-awaited child.

“

I wrote this book because I wanted families like ours to have a simple, positive way to explain IVF to young children”

Elizabeth Drubin

Drubin, a city planner in North Central Massachusetts,

drew from her own family's journey to create the book. After having her first daughter naturally, she experienced secondary infertility. At age 41, she and her husband, Steve, turned to Boston IVF after being unable to conceive on their own.

Their journey spanned three years and included 54 medical appointments, three egg retrievals, and four embryo transfers. Egg retrieval involves fertility medications that stimulate the ovaries to produce multiple eggs, while embryo transfer is the procedure in which embryos are placed into the uterus. After transferring three embryos in July 2024, one embryo implanted successfully, resulting in the birth of their daughter, Hannah, in February 2025.

"I wrote this book because I wanted families like ours to have a simple, positive way to explain IVF to young children," said Drubin. "Every child deserves to understand the incredible love, hope, and determination that brought them into the world."

Today, Elizabeth lives with her husband and two daughters in Leominster, Massachusetts, where they enjoy hiking, jigsaw puzzles, and attending local festivals.

For more information about Adrienne's Dream: An IVF Story and author Elizabeth Drubin, visit www.trueivfstories.com.

Elizabeth Drubin
Drubin Family Publishing
+1 307-751-0296

[email us here](#)

Visit us on social media:

[Facebook](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/932259544>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.