

New York Art Life Magazine Publishes Exclusive Interview with Rising Portuguese Actress Beatriz Silva

From a small Portuguese town to the NYC stage, the acclaimed performer opens up about saudade, Cassandra, and the courage to dream big in this week's feature

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/EINPresswire.com/ -- New York Art Life Magazine, the digital publication dedicated to the artists shaping the cultural life of New York City, proudly announces the release of an exclusive interview with Portuguese actress Beatriz Silva. The feature appears this week on the magazine's digital platform. Across sixteen candid questions, Silva reflects on her remarkable journey from Fornos de Algodres, a small town in the interior of Portugal, to the professional stages of New York City.

The interview arrives at a defining moment in Silva's career. Earlier this year, she portrayed

“

New York challenges you every day, but it also reminds you why you chose this dream in the first place ”

Beatriz Silva

Cassandra in *The Trojan Women* by Euripides, an Off Broadway Actors' Equity production presented by Eclipses Group Theater New York at the LaGuardia Performing Arts Center. Directed by Ioanna Katsarou, with a new translation by Demetri Bonaros, the production brought together more than twenty artists, including live musicians. Moreover, it earned international press coverage from BroadwayWorld, Greek Reporter, and The National Herald.

Cassandra ranks among the most demanding roles of the classical repertoire. She is a princess and priestess of the god Apollo, gifted with prophecy yet cursed never to be believed, eloquent and lucid about the future yet often possessed by divine forces. Having witnessed the destruction of her city and her family, she still draws strength from knowing that her path will



The talented New York-based Portuguese actress Beatriz Silva

lead to the downfall of the king who conquered her city. It is not a role to attempt lightly, since it demands technical precision, both physical and vocal, great emotional depth, and the ability to switch from one state to another in an instant. Critics and collaborators alike praised the young actress for her emotional depth, vocal precision, and commanding stage presence.

In the interview, Silva speaks openly about the road that led her to that stage. She grew up in a loving family in rural Portugal, yet she often sensed that a much bigger world waited beyond her hometown. For years, she believed a life in the arts belonged to other people. Then the pandemic forced a question she could no longer avoid: what did she want to do every single day for the rest of her life? The answer, she tells the magazine, became impossible to ignore.

Readers will discover how Silva built her earliest opportunities from the ground up. Her professional journey began with K Cena, a Lusophone youth theatre project presented at and by Teatro Viriato under the direction of Graeme Pulleyn. Inspired by that experience, she then helped found TAFA, an amateur theatre company created to bring performing arts to her rural hometown, where such opportunities were previously nonexistent. Afterward, she toured Portuguese municipalities in productions including ALTO, directed by António Leal, and Os Sons da Estrela, in which she performed the leading role of Rosa. She also appeared in Herminio, a short film built on movement and physical storytelling. Along the way, the cast of ALTO appeared on Praça da Alegria, a nationally televised program on RTP1.

The feature also traces her international training. Silva studied Acting and Theatre Arts at East 15 Acting School in London before earning her degree in Acting for Theatre, Film and Television at the American Academy of Dramatic Arts in New York. In the interview, she describes London as a difficult yet formative chapter that taught her resilience, independence, humility, and, of course, valuable acting skills. New York, by contrast, gave her something she had never felt before: a true sense of belonging. Toward the end of her conservatory training, the Episcopal Actors' Guild honored her with the Mart Hulswit Award in recognition of her artistic merit and dedication.

Since graduating, Silva has moved quickly into New York's professional theatre industry. In February 2026, she appeared as Martha in *Time Went By* by Thomas J. Misuraca, presented by Break a Leg Productions as part of its Love Fest 2026 program under the direction of Peter Burford. Notably, she received the role without an audition, after casting director and talent agent Valerie Adami watched her perform at an Episcopal Actors' Guild industry event. Additionally, she performed poetry by acclaimed Portuguese author Maria do Rosário Pedreira at Salon sYmphony 2026 during an International Women's Day celebration, with the author's personal blessing.

Perhaps the most anticipated revelation in the interview concerns her upcoming original play. *The Guests*, created in collaboration with Portuguese playwright David Calão, explores grief, memory, identity, and saudade, the uniquely Portuguese longing for what remains loved yet distant. Inspired by the loss of her grandfather while she lived abroad, the play blends psychological realism, dreamlike storytelling, and surreal theatrical imagery. Silva plays Ana and serves not only as the play's lead actress but also as its artistic and executive producer. The 2026 New York Theatre Festival has selected *The Guests* for performances on December 8, 11, and 12, 2026.

Throughout the conversation, Silva returns repeatedly to the theme of identity. Distance, she explains, transformed her relationship with her homeland. For years, she associated Portugal

with the limitations she felt growing up. However, leaving the country allowed her to fall in love with it. Today, she carries her Portuguese heritage into every rehearsal room and every performance, and she considers it one of the qualities that makes her and her artistic voice unique.

The interview also reveals a performer determined never to grow comfortable. Silva discusses her surprising discovery of a natural instinct for comedy, her growing fascination with psychological thrillers and horror, and her belief that artistic growth and personal growth are inseparable. Above all, she describes acting as the place where she feels most completely alive. New York Art Life Magazine selected Silva for this exclusive feature because her story embodies the spirit the publication celebrates: bold, international, and deeply human. Her path demonstrates how talent, discipline, courage, and heart can carry an artist from a town with no theatre to some of the world's most respected training institutions and stages. Furthermore, her commitment to creating original work and to opening doors for others reflects the collaborative energy that defines the city's artistic community.

The full interview features Silva's reflections on all of these chapters, told in her own warm and candid voice. Readers will learn how a literature class in a Portuguese school planted an early seed, how an improvised moment at Teatro Viriato became part of a professional production, and how a members' Open Mic in Manhattan led directly to her first professional New York role. In addition, the piece includes her thoughts on the teachers, directors, and family members who shaped her journey.

The exclusive interview with [Beatriz Silva is available now on the New York Art Life Magazine](#) digital platform. Readers can also find the actress on Instagram at @beatriz_fs_, although she confesses that the stage, rather than social media, is where she truly shares her journey. Her professional profiles are available [on Backstage](#) and [Actors Access](#), and her recent press coverage can be found through The National Herald and BroadwayWorld.

About Beatriz Silva: Beatriz Silva is a Portuguese actress based in New York City. She trained at East 15 Acting School in London and graduated from the American Academy of Dramatic Arts in New York. Her recent credits include Cassandra in The Trojan Women with Eclipses Group Theater New York and Martha in Time Went By with Break a Leg Productions. She is the recipient of the Mart Hulswit Award from the Episcopal Actors' Guild. Her original play, The Guests, in which she plays Ana, premieres at the 2026 New York Theatre Festival this December.

About New York Art Life Magazine: New York Art Life Magazine is a digital publication covering the artists, performances, and creative voices that define the cultural landscape of New York City. Through exclusive interviews and features, the magazine connects readers with the emerging and established talents shaping the future of the arts.

Max A.Sciarra
New York Art Life Magazine
info@nyartlife.com

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