

Highly Anticipated “Girls’ Getaway Weekend” returns to Sanibel in October

A favorite of girlfriends, mother-daughter duos and sisters, Sundial Beach Resort and Spa's “Girls’ Getaway Weekend” is packed with R&R, pampering and parties

SANIBEL ISLAND, FL, UNITED STATES, August 9, 2026 /EINPresswire.com/ -- [Sundial Beach Resort](#) & Spa has announced the return of its fan-favorite Girls’ Getaway Weekend, scheduled for Thursday-Sunday, October 1-4. Designed for best friends, mothers and daughters or solo travelers looking to recharge and make new connections, the three-night retreat blends relaxation, recreation and Gulf-coast entertainment on Sanibel Island.



Relaxing on the pristine beach or poolside makes Sundial Beach Resort & Spa ideal for girlfriends getaways.

“Our Girls’ Getaway Weekend is all about unwinding, reconnecting and creating unforgettable memories along the Gulf,” said Becky Miller, General Manager of Sundial Beach Resort & Spa. “We’ve curated an experience where women can refresh and celebrate friendship in paradise. They’re invited to relax by the pool, pamper themselves with therapeutic spa treatments and take part in fun group activities like pickleball, Pilates and more.

“

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*Sundial Beach Resort & Spa
General Manager, Becky
Miller*

Package Highlights Include:

- Curated Social Itinerary: Kickoff welcome events, crafting, evening celebrations and themed group dinner
- Wellness and Recreation: Beachfront shelling walk, morning Pilates on the beach, island bicycle tour, water aerobics, and a learn-to-play pickleball clinic

- Pampering: Included Gulf-front spa service, plus add-on options, poolside lounge time with umbrella, cocktail and beach chair service
- Accommodations and Dining: three nights in spacious, condominium-style accommodations with fully equipped kitchens, daily breakfast and select group dining events included
- Guests also enjoy full access to Sundial's signature [amenities](#), including kayaks, paddleboards, bicycles, pickleball and tennis courts, and of course, beach service along one mile of pristine Gulf-front beach

Space for the Girls' Getaway Weekend is limited and reservations are required, with rates based on room type and number of guests per room. Full itinerary and booking is available at sundialresort.com/stay/specials or by calling (866) 565-5093.

About Sundial Beach Resort & Spa

Located on the barrier island of Sanibel off the Southwest Florida Gulf Coast, Sundial Beach Resort & Spa is a unique island destination with miles of world-famous beaches. Voted Best Full-Service Resort ten years in a row, guests select from spacious, fully equipped condominium-style

accommodations in various sizes and layouts, complete with kitchen, living room and dining area. Four on-site restaurants offer panoramic views of the Gulf of Mexico. Resort amenities include four tennis courts, sixteen pickleball courts, heated swimming pools, organized activities, state-of-the-art fitness center, spa and marketplace. Sundial's 20,000 square feet of indoor and outdoor meeting and event space makes it a favorite for meetings and events. The resort and its pristine beaches are cherished as a top destination for Florida beach weddings. Additional information is found at sundialresort.com or (239) 472-4151.



Whether gathering with loved ones, old friends or arriving solo to meet new people, the girlfriends' getaway features a good mix of social time and R&R.



Instruction and the use of standup paddleboards and more are included in Sundial Beach Resort's Girlfriends' Getaway Weekend.

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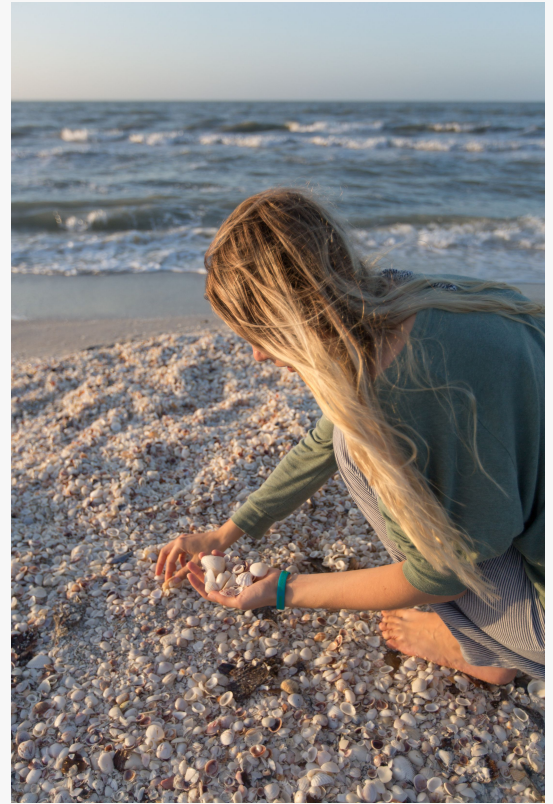
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Beachcombing is a relaxing way to enjoy the Sanibel's stunning beaches. And the Girlfriends Getaway Weekend includes a logo shell collecting bag and access to Sundial's shell washing station.

This press release can be viewed online at: <https://www.einpresswire.com/article/932944253>

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