

New Book 'Inner Science' Unveils Groundbreaking Synthesis of Quantum Physics and Buddha's Ancient Wisdom

Author N.T. Hettigei bridges theoretical physics and experiential meditation, offering a revolutionary roadmap to awakening.

MESA, AZ, UNITED STATES, August 10, 2026

/EINPresswire.com/ -- [Sages nth Foundation Inc.](#) is proud to announce the release of [Inner Science](#): An Experiential Account of Buddha's Wisdom by N.T. Hettigei, a meditation teacher at the Arizona International Buddhist Meditation Center in Mesa, Arizona.

In this transformative work, Hettigei demonstrates that the cutting edge of modern theoretical physics ultimately retraces insights first discovered 2,600 years ago. While science explores the nature of reality through external instruments, Inner Science illustrates that the ultimate laboratory for understanding existence lies within human awareness.

Rather than offering a purely theoretical analysis of ancient Suttas, Inner Science provides a direct, lived account of spiritual realization. The book draws startling parallels between modern science and contemplative insight:

- The Higgs Boson & Craving:

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The ultimate laboratory isn't in Switzerland—it's within you.”

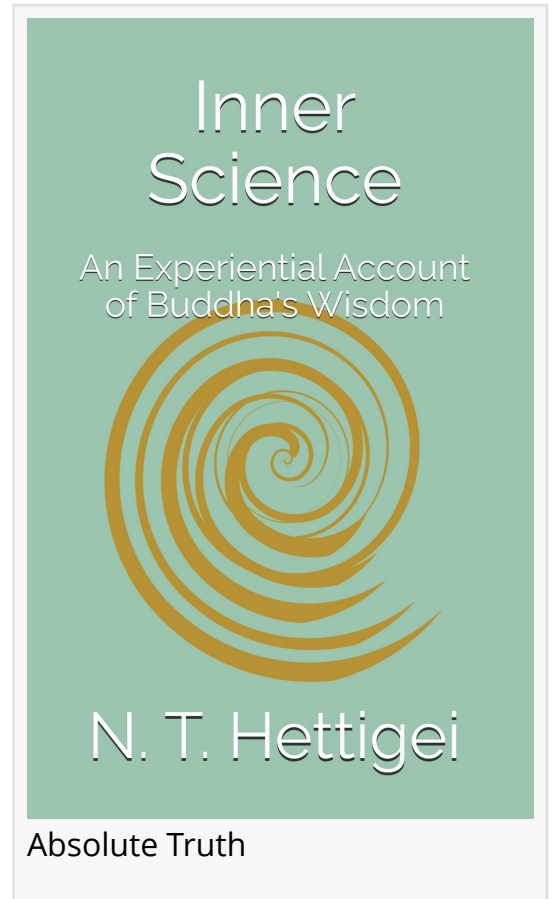
N. T. Hettigei

Discover how fundamental particle interactions mirror the mind's deepest subconscious attachments.

- The Singularity & Emptiness (Sunyata):

Explore how the boundary points of astrophysics align with the foundational Buddhist understanding of non-self and emptiness.

- Perception & Reality:



Understand the mechanics of mind-dependent reality, highlighting why the perceived universe exists in direct relation to consciousness itself.

"While countless resources exist to enhance well-being through meditation, Inner Science offers something distinctly different: an authentic sharing of direct experience with proven outcomes," says author N.T. Hettigei.

"Whether you are a novice spiritual seeker, an experienced meditator struggling with a practice plateau, or a soul on the brink of transcendence, this narrative is written to help you dissolve the final obstacles standing between you and your own awakening."

Hettigei is also the author of *Explore Within: A Journey to Inner Peace and Beyond Our Self Image: The True Story of a Fictional Character*.

The release of Inner Science aligns directly with Sages nth Foundation Inc.'s core mission to foster anger- and hatred-free societies across the globe. By making deep contemplative wisdom accessible to modern readers, the publication supports the broader vision of [Ancientpath.org](https://www.ancientpath.org), an initiative dedicated to cultivating both inner peace and global harmony.

Inner Science: An Experiential Account of Buddha's Wisdom is available now through major online book retailers and bookshops.

About the Author:

N.T. Hettigei is an author and visiting meditation teacher at the Arizona International Buddhist Meditation Center in Mesa, Arizona. His writings focus on making profound Buddhist psychology and experiential mind-training accessible to modern seekers worldwide.

About Sages nth Foundation Inc.

Sages nth Foundation Inc. is a non-profit organization dedicated to cultivating anger- and hatred-free societies. In support of Ancientpath.org's vision, the Foundation publishes works and promotes practices that pave the path toward lasting inner and global peace.

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