

Bonmente Named to the Inc. 5000 List of America's Fastest-Growing Private Companies for Second Consecutive Year

Leading mental healthcare provider ranks No. 2,178 nationally, driven by a commitment to making high-quality psychiatric care easy and accessible.

LOS ANGELES, CA, UNITED STATES, August 11, 2026 /EINPresswire.com/ -- [Bonmente](#), a physician-owned psychiatric practice dedicated to transforming access to outpatient mental healthcare, today announced its recognition on the prestigious [Inc. 5000](#) list, the definitive ranking of the nation's fastest-growing private companies. Marking the company's second consecutive year on this national index, the honor highlights Bonmente's sustained multi-year revenue expansion, operational stability, and unwavering dedication to patient-first clinical excellence.

In the 2026 national rankings, Bonmente secured No. 2,178 among millions of privately held businesses across the United States. In addition to its national ranking, Bonmente earned prominent regional and industry placements:

- No. 117 in the Los Angeles–Long Beach–Anaheim metropolitan area
- No. 301 in the State of California
- No. 236 nationwide in the Healthcare & Medical sector

This back-to-back recognition underscores Bonmente's ability to achieve rapid scale while maintaining high standards of clinical efficacy, provider satisfaction, and patient outcomes.

Sustained Growth Built on Clinical Integrity

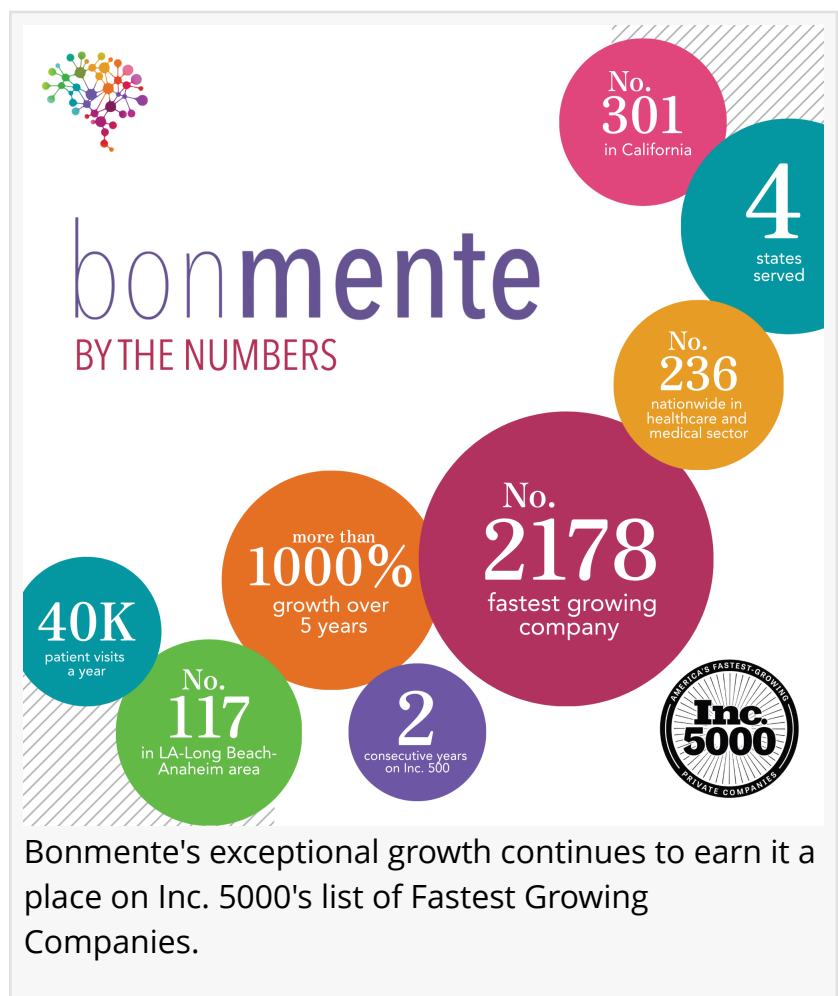
Repeating an appearance on the Inc. 5000 places Bonmente among an elite class of sustained high-growth American enterprises. For Bonmente, this trajectory validates its core mission:



Mottsin Thomas, a board-certified psychiatrist, started Bonmente in 2020 with a goal of providing excellent mental health care in the most convenient way possible.

bringing structure, ease, and genuine human connection to a psychiatric system that has historically been fragmented, costly, and difficult to navigate.

“Being recognized on the Inc. 5000 for the second consecutive year is an incredible honor that reflects the dedication of our entire clinical and administrative staff,” said Dr. Mottsin Thomas, MD, board-certified psychiatrist, founder, and chief executive officer of Bonmente. “Growth for us is not about expanding for the sake of volume; it is about extending our reach so that more individuals can access compassionate, evidence-based psychiatric care without facing overwhelming wait times or logistical hurdles. This award proves that ethical, quality-focused care and strong business fundamentals go hand in hand.”



Company History: Overcoming the Digital Care Trade-Off

“

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Founded in 2020 in Long Beach, Calif., Bonmente has achieved more than 1,000 percent revenue growth within its first five years. While many digital platforms emerged as fast-paced tech entities with minimal clinical continuity, Bonmente rejected the false trade-off between convenience and quality. By combining [telepsychiatry](#) with the structural rigor of a traditional psychiatric practice, the physician-led team maintains comprehensive medication management protocols and lasting therapeutic relationships over a secure virtual interface.

Driving Innovation and Access in Healthcare

Mental health services continue to see demand far outpace available provider capacity. Bonmente’s persistent placement near the top of the Healthcare & Medical sector list highlights

the success of its modern, insurance-friendly, technology-enabled care framework.

“Repeated placement on the Inc. 5000 list reinforces that our operational foundation is built for long-term sustainability,” said Laura Murdock, MBA, managing director of Bonmente. “By streamlining administrative workflows, investing in proprietary systems, and partnering directly with major health insurance carriers, we have built a scalable model that lowers barriers for patients while allowing our psychiatric team to focus entirely on care. Scaling rapidly while upholding strict quality benchmarks requires rigorous systems, and this recognition validates that approach.”

Practice Philosophy: Making Excellent Mental Healthcare Accessible

The practice removes unnecessary stress for patients experiencing anxiety, depression, bipolar disorder, ADHD, OCD, or PTSD through four foundational pillars:

1. **Seamless Onboarding:** Same-week intake appointments eliminate traditional multi-month waitlists via a fully digitized scheduling process.
2. **Insurance Accessibility:** Active partnerships with major carriers, including Aetna, Anthem Blue Cross, Cigna, UnitedHealthcare, and Medicare, ensure care remains affordable.
3. **Evidence-Based Clinical Care:** A multidisciplinary team of board-certified psychiatrists, physician assistants, PMHNPs, and therapists adheres to standardized, customized treatment guidelines.
4. **Human Connection:** Secure virtual visits prioritize convenience and privacy while maintaining the warm, therapeutic bond between patient and provider.

Strategic Multi-State Expansion

Headquartered in California, Bonmente offers comprehensive telepsychiatry services to millions of residents across California, Florida, Arizona, and Washington. Building upon this successful multi-state model, Bonmente is actively preparing to launch full clinical operations in Texas and Nevada to address severe public health access gaps.

“States like Texas and Nevada are seeing massive population shifts, yet patients often wait three to six months just to secure an initial psychiatric evaluation,” explained Dr. Thomas. “Our platform allows us to connect licensed medical professionals to these communities quickly, bringing immediate relief.”

Looking Ahead: The Future of Outpatient Psychiatry

As Bonmente enters its fifth year of operation, leadership remains focused on thoughtful growth, clinical innovation, and continuous service enhancement. Future initiatives include expanding specialized care programs for complex mood disorders, enhancing digital patient engagement tools, and continuing to recruit top-tier psychiatric clinicians who share the practice's values.

By proving that a physician-led practice can achieve rapid, sustained commercial growth without compromising clinical ethics, patient trust, or insurance affordability, Bonmente continues to establish a new standard for outpatient mental healthcare in America.

About Bonmente

Founded in 2020 and headquartered in Long Beach, Calif., Bonmente is a physician-owned telepsychiatry and mental health practice dedicated to making high-quality psychiatric care simple, accessible, and affordable. Bonmente provides psychiatric evaluations, diagnosis, medication management, and supportive care for adults navigating a wide spectrum of mental health conditions. Operating in California, Florida, Arizona, and Washington, with active expansion underway in Texas and Nevada, Bonmente combines modern technology with human-centered care to help patients live healthier, fuller lives. For more information, visit www.bonmente.com.

About Inc. and the Inc. 5000

Calculated annually, the Inc. 5000 is a prestigious ranking of the nation's fastest-growing private companies. Introduced by Inc. Magazine in 1982, the list has become the gold standard of entrepreneurial success in the United States, recognizing independent, privately held businesses that demonstrate exceptional revenue growth over a multi-year period. For more information, visit www.inc.com/inc5000.

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