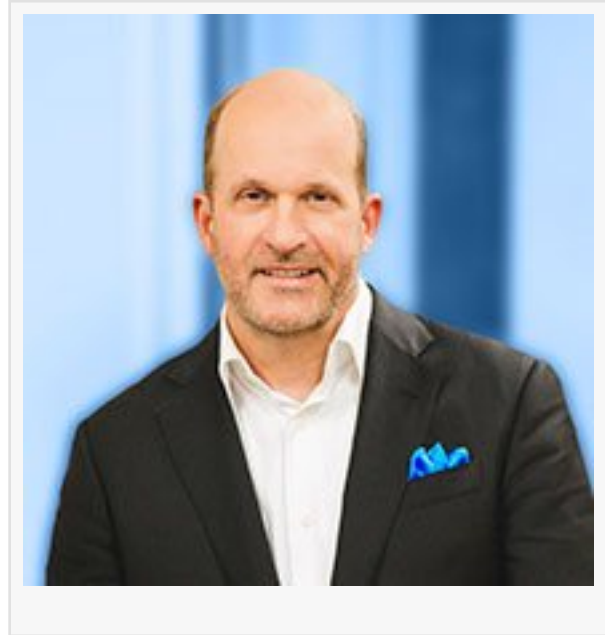


Wellesley Plastic Surgeon Debunks Common Myths of Facelift Surgery

Dr. Geoffrey Leber, a Boston-area board-certified aesthetic plastic surgeon, dispels popular myths about a modern facelift.

BOSTON, MA, UNITED STATES, August 11, 2026 /EINPresswire.com/ -- [Facelift](#) surgery remains one of the most effective ways to rejuvenate the face, restore youthful contours, and combat age-related facial changes. Despite the continuous evolution in approach and technique, misconceptions about a facelift still circulate widely. Dr. Geoffrey Leber, a prominent board-certified aesthetic plastic surgeon based in Wellesley, addresses some of the most common and prevalent myths about modern facelift surgery.



One of the most persistent misconceptions about a facelift is that the procedure will leave the face looking tight, over-pulled, or expressionless. According to Dr. Leber, this concern stems largely from outdated techniques and highly publicized examples of overly aggressive cosmetic work. Thanks to modern surgical approaches, today's facelift focuses on restoring deep facial structures, repositioning descended tissues, and enhancing natural contours rather than stretching the skin. When performed by a well-qualified board-certified plastic surgeon, a facelift can simply make a patient look like a younger version of themselves without sacrificing the inherent character of their face.

Another misconception is that facial plastic surgery can permanently prevent facial aging. While a facelift can take years off a patient's appearance, Dr. Leber emphasizes that the procedure does not halt the natural aging process. Men and women will continue to age gradually, but facelift patients often look younger than their chronological age for years to come. Facial aging is also influenced by genetics, lifestyle habits, sun exposure, and skin quality, which are factors that no single procedure can completely override. Long-term results can usually be preserved through proper skincare, sun protection, non-surgical treatments, and healthy lifestyle choices.

Many people also believe that facelifts are reserved only for individuals in their 60s or 70s, but in

general, there is no “perfect age” for facial rejuvenation surgery. Instead, candidacy is determined individually and depends on anatomical changes, skin elasticity, and personal goals. Some patients seek out a facelift in their 40s or 50s when early jowling and neck laxity typically first appear, while others choose to undergo surgery later in life.

Patients may also be under the impression that a facelift is intended to remove all facial wrinkles. While facelift surgery significantly improves sagging skin, jowls, and loss of definition along the jawline and neck, it is not designed to erase every fine line or crease. Superficial wrinkles — particularly those caused by sun damage, repetitive facial movements, enlarged pore size, pigment irregularities, and thinning skin — often persist after surgery. A facelift is more designed to target deeper structural changes rather than surface texture. The procedure is also frequently paired with [facial fat grafting](#) to further improve loss of facial volume that occurs with aging. For comprehensive rejuvenation, additional treatments such as laser resurfacing, chemical peels, or medical-grade skincare can significantly improve fine lines, enlarged pore size, pigment irregularities, and skin quality to produce a smoother, more radiant complexion.

By dispelling these myths, Dr. Leber hopes to empower individuals to seek reliable information and make informed decisions about their aesthetic goals. Modern facelift techniques can be safer, more sophisticated, and more natural-looking than ever before. With a proper consultation and personalized treatment planning, patients can achieve results that elevate confidence, restore harmony to their facial features, and stand the test of time.

About Geoffrey Leber, MD, FACS

Dr. Geoffrey Leber is an award-winning [Wellesley plastic surgeon](#) offering patients in Brookline, Wellesley, and the greater Boston and New England region advanced procedures for the face, breasts, body, and skin. In addition to maintaining certification from the American Board of Plastic Surgery (ABPS), Dr. Leber also completed prestigious fellowship training in Beverly Hills under Dr. Richard Ellenbogen. He has been recognized by a number of patient-voted awards, including the Patients’ Choice 5-Year Honoree Award, the “Most Compassionate Doctor” Award, and the Patients’ Choice Award, among other honors. Dr. Leber also belongs to several national professional organizations, including the American Society of Plastic Surgeons (ASPS), The Aesthetic Society, the Arizona Society of Plastic Surgeons, and the New England Society of Plastic and Reconstructive Surgeons. He is also a Fellow of the American College of Surgeons and serves as a Diplomat for the ABPS. Dr. Leber is available for interview upon request.

To learn more, please visit doctorleber.com or facebook.com/GeoffreyLeberBoston.

To view the original source of this release, click here:

<https://www.doctorleber.com/2026/08/10/wellesley-plastic-surgeon-debunks-common-myths-of-facelift-surgery/>

###

Dr. Geoffrey Leber, MD, FACS
422 Worcester St.
Suite 303
Wellesley, MA 02481
(617) 444-9444

Rosemont Media
www.rosemontmedia.com

Katie Nagel
(858) 200-0044
[email us here](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/933166118>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.