

New CONVERSATIONS WORTH HAVING QuickStart Guide Addresses Overlooked Barrier to AI Results: Under-Designed Conversations

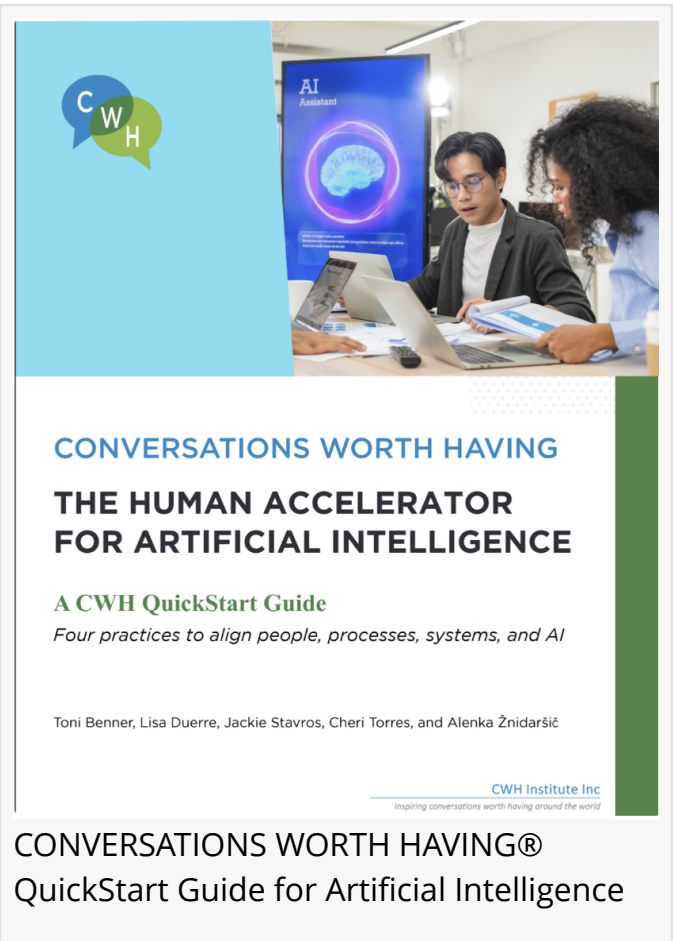
A four-part guide to scale and optimize what works, and resolve disruptive fragmentation

PORTLAND, OR, UNITED STATES, August 11, 2026 /EINPresswire.com/ -- As organizations move from AI experimentation to enterprise adoption, many are discovering that technology alone doesn't create alignment that drives optimization. Sustainable results depend on how leaders build trust, strengthen collaboration, and create the leadership conditions that turn AI investments into high-value opportunities and outcomes.

To help leaders navigate these challenges and leverage AI in a repeatable, trustworthy, and cost-effective manner, the CWH Institute, Inc., today announced the release of "CONVERSATIONS WORTH HAVING®: The Human Accelerator for Artificial Intelligence, a new QuickStart Guide" co-authored by Toni Racco Benner, D.ODC; Lisa Duerre; Jackie Stavros, DM; Cheri Torres, PhD; and Alenka Žnidaršič, PhD.

In this guide the authors combine decades of expertise spanning appreciative inquiry, leadership development, executive advisory, engineering, organizational development, and applied research. As a result, "Conversations Worth Having" acts as a human accelerator for artificial intelligence, helping leaders align people, judgment, and accountability so AI accelerates what matters most.

"AI doesn't create alignment. It amplifies whatever leadership system already exists," said Lisa Duerre, CEO & Co-Founder of RLD Group, AI Leadership Alignment & Leadership Systems



Strategist, and co-author. "Our applied research with 25 business leaders identified under-designed conversations and collaboration as a root driver of fragmentation. That finding is why we partnered with the CWH Institute on this guide: to give leaders practical ways to strengthen the conversations shaping trust, learning, alignment, and execution across their teams and organizations. That is what creates the conditions for AI to generate top-line opportunity and bottom-line impact."

The interviews the RLD Group executed as part of their applied research specifically identified three recurring barriers preventing organizations from translating AI investments into consistent business results: (1) organizational silos, (2) a reduced explorer mindset, and (3) under-designed conversations.

This guide helps leaders by providing a practical starting point to resolve the conditions contributing to these barriers. It provides data-driven practical approaches leaders can build trust, strengthen collaboration, and improve AI-related decision-making.

The QuickStart Guide helps leaders to:

1. Quickly apply four practical conversation practices that improve consistency and execution and strengthen AI leadership alignment.
2. Build trust that supports responsible, human-led AI adoption.
3. Strengthen cross-functional collaboration and reduce costly fragmentation.
4. Align people, judgment, and accountability so AI accelerates what matters most.

"As AI transforms how we work, the quality of our conversations becomes more important, not less," said Jackie Stavros, DM, co-founder of the CWH Institute, Inc., and Distinguished Professor at Lawrence Technological University. "This QuickStart Guide helps leaders combine the speed and power of AI with Conversations Worth Having that strengthen trust, learning, relationships, and meaningful results."

Who can benefit from this AI quick-start guide?

Designed for executives, managers, consultants, educators, leadership development



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professionals, and change leaders, the guide provides practical tools to help organizations integrate AI with greater confidence and consistency, turning AI investments into premium opportunities that drive financial returns and overall organizational value.

"Engineering teaches us that systems produce the outcomes they are designed to produce. AI is no different," said Alenka Žnidaršič, PhD, AI engineer, member of RLD Group's applied AI Leadership Alignment research team, and co-author. "Our research found that organizations need more than better AI conversations; they need better leadership conversations about AI. When leaders intentionally design how people collaborate, question assumptions, and learn together, they create the conditions for trustworthy, repeatable outcomes."

Learn more about the CONVERSATIONS WORTH HAVING® QuickStart Guide for Artificial Intelligence and how it can support more effective AI adoption conversations at <https://www.conversationsworthhaving.today/cwh-the-human-accelerator-for-artificial-intelligence>

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About RLD Group

RLD Group is a WBENC-certified leadership consulting collective specializing in AI Leadership Alignment. Through executive advisory, applied research, executive forums, coaching, and leadership development, RLD Group helps organizations strengthen the leadership systems AI is about to amplify—creating the conditions for top-line opportunity, bottom-line impact, and measurable business results through its I-WE-US leadership framework.

Learn more at: <https://rldgroupllc.com/>.

About Conversations Worth Having Institute

The Conversations Worth Having Institute equips leaders, organizations, educators, and practitioners with practical conversation practices that strengthen relationships, build trust, foster collaboration, and create conditions where people and organizations flourish. Grounded in Appreciative Inquiry, the Institute believes conversations shape how people engage and what happens next in our organizations and teams. Learn more at: <https://www.cwh.today>.

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