

Enable Me Highlights Seated Walking Aids for Safe Indoor Mobility

VELA Chairs offer seniors a stable alternative to traditional walking aids, allowing users to navigate their homes while seated to prevent falls.

TAMPA , FL, UNITED STATES, September 11, 2026 /EINPresswire.com/ -- For seniors experiencing balance issues, leg weakness, or generalized fatigue, traditional indoor walking aids like canes or rollators can still present a significant fall risk, as they require the user to stand and support their own body weight. To address this safety concern, VELA Chairs—operating in the U.S. as Enable Me, a VELA company—is highlighting its [specialized indoor mobility chairs](#) as an effective, seated walking support alternative for the elderly.



Smooth-running wheels allow heavier adults to safely "walk" the chair around the home or office, maintaining independence without having to stand up.

“

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Thea Johansen, Lead Physical Therapist at VELA Chairs,

While standard walkers provide balance assistance, a sudden dizzy spell or loss of leg strength can still lead to a dangerous fall. The VELA Independence Chair mitigates this risk entirely by keeping the user securely seated while they move around their home.

The Chair as a Dynamic Walking Aid

Designed specifically for active indoor use, the VELA Chair functions as a robust mobility tool through several core

features:

Seated "Walking": Equipped with smoothly running wheels and plenty of space for the feet, the chair allows seniors to "walk" themselves forward or backward using their leg power. This provides continuous mobility without putting strain on the back or risking a sudden fall.

Instant Rest and Unyielding Stability: Unlike a standard walker, if a user suddenly feels weak, they are already sitting down. The integrated hand-operated brake instantly locks the wheels in place, transforming the chair into a completely unmoving, stable base.

Assisted Sit-to-Stand and Reaching: To further prevent falls during transitions, the chair features an electric lift. It gently raises the senior to a standing position or adjusts their seated height to reach high cabinets and countertops safely, eliminating the need to stretch or compromise their balance.

Thea Johansen, Lead Physical Therapist at VELA Chairs, notes the critical difference between standing and seated mobility inside the home.

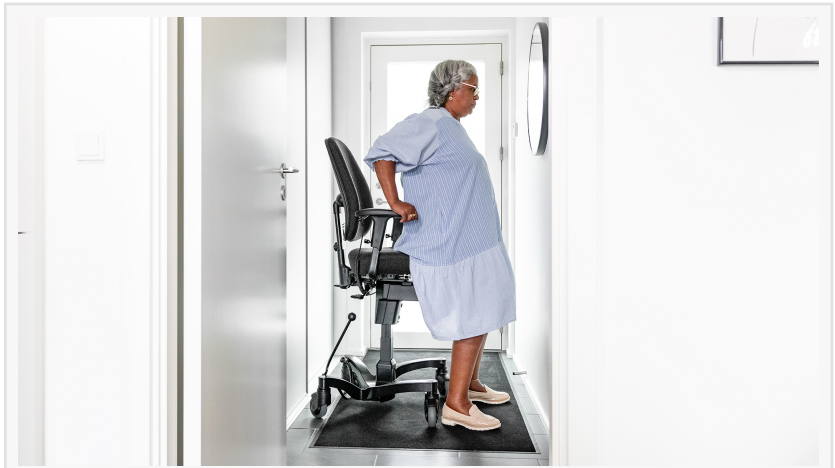
"A traditional rollator is a great tool, but if your legs suddenly give out, you can still fall," says Johansen.

"Using a VELA Chair as an indoor walking aid completely removes that underlying anxiety. It empowers seniors to move freely, prepare their own meals, and handle daily routines with the absolute certainty that they are safe, supported, and already resting if they need to."

Supporting Safe Aging in Place

Enable Me continues to provide ergonomic solutions that adapt to the changing physical needs of older adults, helping them avoid institutional care and safely age in place.

To learn more about utilizing seated mobility to prevent falls and to explore specific [walking aids for seniors](#), visit the official VELA Chairs website.



An integrated electric lift safely adjusts the seat height, empowering larger adults to work or perform household chores with uncompromised dignity.



Simple ergonomic tools, like a stable mobility chair, help seniors cook and move safely at home — supporting independence and confidence.

About VELA Chairs

VELA Chairs is a Danish company specializing in indoor mobility solutions that help people with reduced mobility remain independent in their own homes. Designed for seniors and adults with functional limitations, VELA chairs combine stability, safety, and freedom of movement, enabling users to perform everyday activities like cooking, dressing, and personal care while seated.

With more than 500,000 users worldwide and a presence in the U.S. since 2012, VELA Chairs is dedicated to improving quality of life through ergonomic innovation. All chairs are designed and manufactured in Denmark and distributed globally.

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A VELA Chair helps seniors stay active, independent, and engaged in daily home activities.



Ergonomic home seating from VELA helps seniors cook, read, and move safely — promoting independence and reducing fall risk.

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