

Fort Lauderdale Surgeon Compares Saline vs. Silicone Implants

Dr. Robert Rothfield highlights differences between saline and silicone implants for patients interested in breast augmentation.

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/EINPresswire.com/ -- When it comes to [breast augmentation](#), one of the most significant decisions a patient faces is the choice between saline and silicone implants. Dr. Robert Rothfield, a board-certified [plastic surgeon in Weston](#) and the Fort Lauderdale area, understands that this decision can feel overwhelming without clear, objective information. Both implant types are FDA-approved, widely used, and carry distinct characteristics that may make one a better fit than the other depending on an individual's anatomy, lifestyle, and personal preferences.

Saline implants consist of a silicone outer shell filled with a sterile saltwater solution similar to the fluid naturally found in the human body. Since they are filled at the time of surgery, the volume can be adjusted during the procedure, giving both the surgeon and patient greater flexibility in achieving the desired size. Saline implants are FDA-approved for patients 18 years and older seeking cosmetic augmentation and are among the most well-studied medical devices available, with a proven safety track record. Saline water implants tend to feel a little less like breast tissue than silicone implants, which is a consideration that may be particularly important for very thin patients. Practical advantages of saline water implants include a lower cost compared to silicone implants and no requirement to replace them in the future if they do not break or leak.

Silicone implants are pre-filled with a cohesive, gelatin-like silicone gel that many patients and surgeons describe as more closely mimicking the feel of natural breast tissue. These are often referred to as "gummy bear" implants. They are FDA-approved for cosmetic use in patients 22 years and older. Current silicone implants feature markedly more durable outer shells, and in the unlikely event the shell were to break, the cohesive gel can hold together uniformly rather



than dispersing into surrounding tissue. Silicone implants are available in a range of profiles and shapes, offering a degree of customization that can be tailored to a patient's body type and aesthetic goals, with advantages that include better overall feel, no risk of deflation, and less rippling as compared to saline implants.

Choosing between saline and silicone implants for [breast surgery](#) is a deeply personal decision that depends on a variety of medical and lifestyle factors. Dr. Rothfield encourages those interested in breast augmentation to schedule a consultation with a qualified board-certified plastic surgeon to discuss aesthetic goals and determine which implant option best fits their needs. An informed patient is generally better equipped to make a confident, well-considered decision about their care.

About Robert Rothfield, MD, FACS

Dr. Robert Rothfield is a board-certified plastic surgeon with dual certification from the American Board of Plastic Surgery and the American Board of Otolaryngology. He earned his medical degree from the University of Miami and went on to complete eight years of progressively specialized surgical training at some of the leading medical centers in the country. That extensive foundation prepared him to offer patients a wide range of cosmetic surgery procedures, with a focus on delivering results tailored to each individual's goals. Dr. Rothfield is committed to patient education and ensuring those considering cosmetic surgery have the information they need to make confident, well-informed decisions. He is a member of numerous professional organizations, including the American Society of Plastic Surgeons, Florida Medical Association, Southeast Society of Plastic and Reconstructive Surgeons, and American College of Surgeons. Dr. Rothfield is available for interview upon request.

To learn more about Dr. Rothfield and his practice, please visit westonplasticsurgery.com and [facebook.com/Westonplasticsurgery](https://www.facebook.com/Westonplasticsurgery).

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