

Distinguished Medical Geneticist David E. Comings, M.D. Releases The Science of Global Warming

And Four Ways to Fix It, Offering Practical Solutions Beyond Net Zero

COSTA MESA, CA, UNITED STATES, August 12, 2026 /EINPresswire.com/ -- New Book Argues That Reducing Emissions Alone Is Not Enough and Presents Four Evidence-Based Approaches to Removing Excess Atmospheric CO₂

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Net zero is not enough. We must remove the excess already there if we want to protect future generations.”

Dr. Comings

Acclaimed physician-scientist and medical geneticist David E. Comings, M.D., former Head of Medical Genetics at City of Hope for 37 years, is bringing renewed attention to one of the world's most urgent challenges with the release of his groundbreaking book, *The Science of Global Warming: And Four Ways to Fix It*. Combining scientific rigor with

accessible explanations, the book presents a compelling argument that while reducing carbon emissions is essential, achieving net zero alone will not be sufficient to reverse the effects of climate change.

Drawing upon decades of scientific research, Dr. Comings explains that carbon dioxide can remain in the atmosphere for up to 1,000 years, meaning that even if global emissions were halted today, excess CO₂ already present would continue to contribute to rising temperatures and environmental instability. The book argues that active carbon removal must become a central component of a strategy to combat global warming.

Featuring more than 106 full-color illustrations and extensive scientific references, *The Science of Global Warming: And Four Ways to Fix It* is designed to help readers understand both the causes of global warming and the practical solutions available today. The book examines rising atmospheric CO₂ levels, accelerating climate trends, and dangerous feedback loops that threaten to intensify environmental damage if left unaddressed.

What sets the book apart is its focus on actionable solutions. Dr. Comings presents four evidence-based approaches for increasing the earth's albedo, reversing ocean acidification, and removing carbon dioxide from the atmosphere, including enhanced rock weathering and

permanent carbon storage in basalt formations. The book outlines how individuals, corporations, governments, and even fossil fuel companies can play meaningful roles in implementing these strategies.

Written for general readers, policymakers, educators, philanthropists, and environmental advocates alike, the book bridges the gap between scientific research and public understanding. Its goal is to empower decision-makers and citizens with practical knowledge that can contribute to meaningful climate action.

In recognition of its contribution to contemporary environmental discourse, *The Science of Global Warming: And Four Ways to Fix It* has been officially submitted for consideration for the Eric Hoffer Book Award, a respected independent literary award honoring books of exceptional merit, intellectual significance, and cultural impact.

Dr. Comings hopes the book will reach policymakers, philanthropists, business leaders, educators, and concerned citizens seeking informed solutions to one of humanity's greatest challenges.

Additional research and educational resources are available through The Comings Foundation at <https://www.thecomingsfoundation.org>.

Readers can also watch an in-depth [interview with host Flobo Boyce](https://www.youtube.com/watch?v=G4Hf7dachtg) discussing the science, urgency, and practical solutions presented in the book: <https://www.youtube.com/watch?v=G4Hf7dachtg>

The Science of Global Warming: And Four Ways to Fix It is available now on Amazon: <https://www.amazon.com/Science-Global-Warming-Four-Ways-ebook/dp/B0GLKH6ZR7>

It is available in soft back, kindle and audio versions.

It is also available through major booksellers worldwide.

About David E. Comings, M.D.

David E. Comings, M.D., is a distinguished physician-scientist, medical geneticist, and former Head of Medical Genetics at City of Hope for 37 years. Throughout his career he wrote 5 books



and 495 peer reviewed articles on different aspects of science. He was editor of the American Journal of Human Genetics for 7 years and served on many grant review committees for the government and March of Dimes. He has made significant contributions to scientific research, genetics, and public education. His latest work focuses on climate science, carbon removal technologies, and practical strategies for addressing the long-term impacts of global warming.

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