Teresa Shields Parker Announces New Series, Fiction That Transforms

Bestselling Christian author explores why fiction can reach readers in ways nonfiction cannot, launching her new series this fall.


Teresa Shields Parker

COLUMBIA, MO, UNITED STATES, September 15, 2026 /EINPresswire.com/ -- Most novels entertain. Teresa Shields Parker wants hers to do something more.

Parker is the author of "Sweet Grace: How I Lost 250 Pounds," the No. 1 Christian Weight-Loss Memoir on Amazon, and the creator of the Fiction That Transforms series. The name is not a marketing phrase. It is a philosophy.

"God told me to take a character who has a problem they don't know how to solve, then help them solve it by working with God and others who have been there," Parker said. "These are books that help people change as they walk closer with God. It's not God waving a magic wand and changing them. It's them and us walking with Him each step of the way."

Parker spent 10 years as a journalist and nonfiction writer before God asked her to try something different. She was not sure she was ready. "I was a journalist and a nonfiction writer," she said. "I wasn't ready for something different."

But she found that fiction could carry her message in ways nonfiction could not. "I know God loves stories," Parker said. "There is a freshness about these books. Every book is worth the time it takes to write it because it involves transformation, inspiration, and the heart of God."

Current titles in the Fiction That Transforms series include "Rebuilding Jayne: Her Father's

Protection," "Reconnecting Jayne: Her Sister's Support," "Renewing Jayne: Her Mother's Comfort," and "Reviving Jayne: Her Husband's Touch." All are available on Amazon.

About the Author
Teresa Shields Parker, author, editor, publisher and speaker, lives in Columbia, Mo. She and her husband, Roy, have two grown children and have been foster parents to 10 developmentally delayed children and youth. To schedule Parker to speak at your event or for an interview, contact her at teresaparker@icloud.com.



Rebuilding Jane

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>
> *Teresa Shields Parker*

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