

Dr. Stephen Petteruti Launches Audiobook Edition of Amazon Bestseller *Fight Cancer Like a Man*

FORT LAUDERDALE, FL, UNITED STATES, August 13, 2026

/EINPresswire.com/ -- New audiobook expands access to

Petteruti's approach to prostate cancer while building on the growing [Intellectual Medicine Podcast](#) and YouTube community

“

For over a century, men have been pressured into harmful prostate cancer treatments. Men deserve time to reflect, receive expert guidance, and consider advanced options that protect their vitality.”

Dr. Stephen Petteruti, DO

Dr. Stephen Petteruti, DO has released the audiobook edition of [Fight Cancer Like a Man: A Breakthrough Treatment for Prostate Cancer Without Surgery, Radiation, or Sacrificing Your Manhood](#), bringing his perspective on prostate cancer, treatment decisions, and preserving quality of life to listeners in a new format.

The unabridged audiobook was released July 7, 2026, runs 7 hours and 46 minutes, and is narrated by Ric Chetter. It is available through Amazon and Audible.

The launch follows the success of the original book, which reached #1 in multiple Amazon categories, including

Prostate Health and Prostate Disease.

A Different Conversation About Prostate Cancer

Fight Cancer Like a Man was written for men navigating an elevated PSA, prostate imaging, biopsy recommendations, a prostate cancer diagnosis, or difficult treatment decisions.

At the center of the book is Petteruti's belief that a prostate cancer diagnosis should begin a careful decision-making process rather than automatically leading to aggressive treatment.

The book examines PSA testing, prostate MRI, biopsy decisions, active surveillance, surgery, radiation, hormone therapy, testosterone, metabolic health, nutrition, lifestyle interventions, and repurposed medications.

Petteruti also encourages men to consider how treatment decisions may affect sexual function,

continence, strength, hormonal health, and overall quality of life.

The goal is not to prescribe the same approach for every patient, but to help men understand the evidence, ask better questions, and make informed decisions based on their individual circumstances.

From YouTube and Podcast to Bestseller

The book's growth has developed alongside the expanding audience of the Intellectual Medicine Podcast and YouTube channel, where Petteruti discusses many of the same issues explored in Fight Cancer Like a Man.

Topics include prostate cancer, PSA testing, testosterone therapy, metabolic health, hormone optimization, weight loss, chronic inflammation, repurposed medications, and evidence-based approaches to longevity.

Many readers have first discovered Petteruti through his online educational content while searching for answers about prostate health and men's health.

The audiobook now gives that audience another way to explore these subjects in greater depth, whether while driving, exercising, traveling, or listening at home.

About Dr. Stephen Petteruti, DO

Dr. Stephen Petteruti is a physician with more than thirty years of clinical experience and the founder of [Intellectual Medicine in Fort Lauderdale](#), Florida.

His clinical and educational work focuses on men's health, prostate health, hormone optimization, metabolic health, longevity, and individualized strategies designed to preserve strength, vitality, and independence with age.

He is also the host of the Intellectual Medicine Podcast and creator of the Intellectual Medicine YouTube channel, where he challenges conventional thinking about prostate cancer, aging, hormones, metabolic health, and chronic disease.

Fight Cancer Like a Man is available now in audiobook, print, and digital formats.

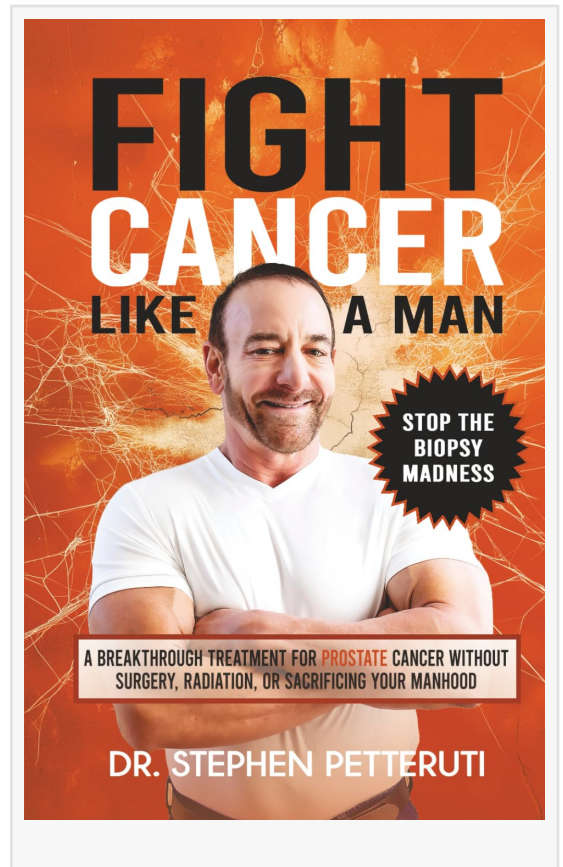
Shannon Petteruti

Intellectual Medicine

+1 954-369-9079

hello@intellectualmedicine.com

Visit us on social media:



[LinkedIn](#)

[YouTube](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/933865807>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.