

Caretech Expands Developmental Disabilities Waiver Services Across Rural Nebraska

Person-centered services help Nebraskans with intellectual and developmental disabilities build independence, life skills, and community connections.

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Caretech, a trusted provider of home and community-based care, is expanding access to Developmental Disabilities (DD) Waiver services in rural and underserved Nebraska communities. The program provides personalized support that empowers individuals with intellectual and developmental disabilities to live safely, independently, and meaningfully outside institutional settings.



Caretech delivers these services through Nebraska's Medicaid Home and Community-Based Services (HCBS) program. Each participant's services are guided by an individualized, person-centered plan based on their needs, abilities, preferences, and personal goals.

"Every person deserves the opportunity to build a life that reflects their own goals, interests, and definition of independence," said Rachel Mitchell, Caretech DD Care Coordinator and Mandt-certified professional. "Our role is to listen, provide dependable support, and help individuals and their families feel confident as they navigate services and everyday life."

Nebraska's Three DD Waiver Programs:

Caretech provides services authorized through Nebraska's three primary DD Waiver programs:

1. Family Support Waiver (FSW): Supports eligible individuals from birth through age 21 who live in the family home.

2. Developmental Disabilities Adult Day (DDAD) Waiver: Serves eligible adults age 21 and older, emphasizing independence, community participation, and employment.

3. Comprehensive Developmental Disabilities (CDD) Waiver: Provides residential and day supports for eligible individuals of all ages whose assessed needs require comprehensive services.

Services must be included in the participant's person-centered plan and authorized through Nebraska's Division of Developmental Disabilities.

Personalized Support at Home and in the Community:

Depending on the participant's waiver, authorized plan, and assessed needs, Caretech's services may include:

- Assistance with activities of daily living
- Independent living and life-skills development
- Supported Family Living
- Community access and social participation
- Meal preparation, hygiene, and household support
- Health maintenance and medication reminders
- One-on-one habilitative support
- Respite services for family caregivers
- Residential and supported living services for individuals requiring additional supervision

Caretech's support professionals work alongside participants and their families to encourage personal choice, strengthen daily living skills, build meaningful relationships, and increase confidence at home and in the community.

Expanding Access in Rural Nebraska:

Caretech is focusing its DD Waiver services on rural and underserved areas of Nebraska, excluding Omaha and Lincoln. Families in smaller communities can face limited provider availability, longer wait times, and difficulty finding consistent support close to home.

Caretech's caregiver network and coordinated onboarding process are designed to improve service availability and provide families with more reliable access to trained support professionals.

The program also connects Caretech's established home care experience with specialized developmental disability services, creating continuity of support as each individual's needs and goals evolve.

Understanding Eligibility and Authorization:

DD Waiver eligibility and service authorization are determined by the State of Nebraska. Caretech can help individuals and families understand the provider process, coordinate with state service professionals, and develop a personalized care plan after services have been authorized.

Families interested in learning more can visit [Caretech's Developmental Disabilities Waiver Services page](#) or contact Caretech to discuss service availability in their community.

About Caretech:

Caretech is a family-oriented home and community-based care provider committed to helping individuals live safely and independently. Through compassionate service, dependable caregivers, and personalized care solutions, Caretech supports older adults, children and adults with disabilities, and their families across Nebraska and surrounding communities.

Caretech's mission is to provide innovative solutions and heartfelt service while ensuring that those receiving and providing care feel valued and empowered.

For more information, visit <https://caretechinc.com>.

Caretech Marketing

Caretech LLC

+1 402-697-5121

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