

Dr. Isabel Uribe is changing the plastic surgery conversation from Medellín

Trusted by high-profile patients, the Colombian surgeon brings a more personalized approach centered on precision, discretion and individual identity.

MIAMI, FL, UNITED STATES, August 13, 2026 /EINPresswire.com/ -- In Medellín, where Dr. Isabel Uribe has built a practice that attracts patients from Colombia and abroad, a new approach to plastic surgery is gaining ground.

Increasingly, high-profile patients — artists, celebrities, entrepreneurs, public figures, and a growing number of men — are moving away from dramatic transformation. Instead, many are seeking results that respect their anatomy, preserve balance and proportion, and still feel unmistakably like themselves.

For patients traveling from other cities or countries, the decision extends well beyond the procedure itself. It involves trust in the medical team, safety, careful planning, a

structured recovery, and a level of care that supports them throughout the entire process. It is within this evolving landscape that Dr. Isabel Cristina Uribe has practiced for more than two decades.

A plastic, reconstructive, and aesthetic surgeon with more than two decades of experience and more than 15,000 surgical procedures performed over the course of her career, Uribe's practice focuses particularly on body-contouring surgery, high-definition liposuction, and lipoabdominoplasty. Her patient base has also included celebrities, artists, entrepreneurs, and other high-profile individuals, for whom privacy, trust, and precision can carry particular importance when considering surgery.



Dr. Isabel Uribe, Scientific Director and Co-Founder of Cliniq in Medellín, Colombia | Photo by Cliniq

As Scientific Director and Co-Founder of [Cliniq](#) in Medellín, Uribe approaches surgery as a process that extends beyond the operating room. It is also shaped by how a patient is prepared beforehand, the clinical judgment behind each recommendation, the analysis of individual anatomy, the technology used during surgery, and the quality of care throughout recovery. At Cliniq, this approach is structured through The Cliniq Way — Elevated, a clinical model organized around three stages: Preparation, Precision, and Recovery.

Its premise is straightforward: the outcome of surgery does not begin in the operating room, nor does it end when the procedure is over. How a patient arrives at surgery, how each intervention is planned, the tools available to the medical team, and the quality of the recovery all contribute to the final outcome.

For Dr. Uribe, a successful result is about more than simply looking “natural.” It means understanding which proportions are harmonious for each individual body — and recognizing that two patients requesting the same procedure may require entirely different surgical plans. Bone structure, musculature, skin quality, fat distribution, pregnancy history, significant weight fluctuations, and previous surgeries can all influence what is appropriate, what is achievable, and ultimately what should be done. That level of individualization becomes particularly important for patients whose appearance is closely tied to their public or professional lives.

For international patients, the structure surrounding the procedure matters even more. Traveling for surgery requires coordinating the consultation, arrival in Medellín, the procedure itself, accommodations, recovery, follow-up appointments, and the eventual return home. In that context, continuity of care is not an added service; it becomes an essential part of the medical experience.

For years, the conversation around plastic surgery centered predominantly on women. Today, men are taking up a growing place within both aesthetic medicine and plastic surgery. In Uribe’s practice, male patients are increasingly seeking body contouring, more refined proportions, or a firmer, more rested appearance — usually with one clear priority: they want results that enhance how they look without changing who they are.

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