

Holistic Physiotherapy & Wellness Earns Third Consecutive Consumer Choice Award

The Saskatoon clinic takes home its 2026 Consumer Choice Award in the Physiotherapist category, recognized again for patient-centred, collaborative care.

SASKATOON, SASKATCHEWAN, CANADA, August 18, 2026 /EINPresswire.com/ -- Consumer Choice Award is proud to announce that Holistic Physiotherapy & Wellness has been named the 2026 Consumer Choice Award winner in the Physiotherapist category. This marks the clinic's third consecutive Consumer Choice Award and recognizes its commitment to collaborative, patient-centred, whole-person care.



“

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Kim Deschamps, Founder & CEO of Holistic Physiotherapy & Wellness

Holistic Physiotherapy & Wellness was founded on the belief that effective care starts with listening to the whole story. Rather than focusing only on where pain or symptoms are showing up, the clinic takes an evidence-informed approach that considers movement, lifestyle, stress, health history, and other factors that may be contributing to what a person is experiencing.

“I never set out to build the biggest clinic. I wanted to build a connected one, where people feel heard and practitioners work together when that collaboration can support their care,” said Kim Deschamps, Founder and CEO of Holistic Physiotherapy & Wellness. “Receiving this award for the third year in a row means a great deal

because it reflects the experience, we have worked so hard to create for our patients and our community.”

Collaboration is a central part of the clinic's model of care. When a person's needs cross disciplines, practitioners can communicate and coordinate care when appropriate, helping reduce the burden on patients to piece together different recommendations on their own.



This whole-person approach also gives patients an active role in their care. Practitioners take time to explain what may be contributing to symptoms, discuss available options, and help patients make informed decisions based on their individual goals.

Holistic Physiotherapy & Wellness offers physiotherapy alongside a range of other health and wellness services, including pelvic health physiotherapy, massage therapy, counselling, nutrition and dietitian services, osteopathy, lifestyle medicine, vestibular rehabilitation, concussion rehabilitation, dry needling, and shockwave therapy. Each service is provided within the practitioner's individual area of training and scope of practice.

The clinic supports athletes working toward recovery and performance goals, professionals managing the physical demands of work and busy schedules, older adults who want to maintain mobility and independence, and families looking for a more connected approach to their health.

Across these different stages of life, the goal remains the same: to help people better understand what may be contributing to their symptoms, feel supported in their care, and make informed choices that help them move easier, feel stronger, stay active, and support their long-term health and wellness.

The Consumer Choice Award is based on independent market research evaluating reputation, customer satisfaction, and overall excellence. Holistic Physiotherapy & Wellness' third consecutive recognition highlights the clinic's continued commitment to patient-centred care and to building a more collaborative, connected healthcare experience in Saskatoon.

For more information, visit www.holisticphysiowellness.ca or [CLICK HERE](#).

About Holistic Physiotherapy & Wellness

Holistic Physiotherapy & Wellness is a multidisciplinary health and wellness clinic in downtown Saskatoon offering physiotherapy alongside massage therapy, counselling, nutrition and dietitian services, osteopathy, lifestyle medicine, and other evidence-informed services. Through a collaborative, whole-person approach, the team looks beyond symptoms to understand the bigger picture and help people make informed decisions about their health, movement,

recovery, and long-term wellness.

About Consumer Choice Award

Consumer Choice Award has been recognizing business excellence in North America since 1987. Its rigorous selection process ensures that only the most outstanding service providers in each category earn this prestigious recognition. Visit www.ccaward.com to learn more.

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Consumer Choice Award

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