

Nominations Now Open For The 9th Annual Lactation Room Contest, Offering \$22,895 In Workplace Upgrades And Parent Prizes

Win over \$22K in workplace lactation room upgrades and parent prizes. Nominations for the 9th Annual Lactation Room Contest are open through Sept 7.

SAN FRANCISCO, CA, UNITED STATES, August 14, 2026 /EINPresswire.com/ -- Is your workplace lactation room in need of a serious refresh? Nominations are officially open for the 9th Annual [Lactation Room Contest](#), dedicated to transforming workplace pumping spaces into comfortable, high-tech, and supportive havens for working parents.

Anyone (including parents, employers, and workplace advocates) can nominate an organization to win a lactation room upgrade, plus an exclusive personal prize package for a new parent. Nominations will be accepted through September 7, 2026, coinciding with the conclusion of [Workplace Lactation Week](#)[™].

This year's contest features a total prize pool valued at \$22,895, awarding two Grand Prize winners and one Runner-Up.

TRANSFORMING WORKPLACES AND SUPPORTING WORKING FAMILIES

Past winners Apptegy, General Motors (GM), and the Little River Band of Ottawa Indians Government Center demonstrate the transformative impact this contest has on workplaces across industries.



Last year's winner, Apptegy, experienced rapid growth among its working parent community. "Apptegy is a phenomenal tech company that works with over 5,000 school districts across North America. It's a really empowering place for women in particular to work," said Sarah Cole, a new mother at Apptegy. "We went from one Mother's Room to three! It's exciting!" Sofia Villegas, HR Specialist at Apptegy, added, "We love our moms, and we have created a safe and comfortable space for them."

For other organizations, winning meant sparking crucial cultural change and accessibility. Amber Peterson, a new mom at the Little River Band of Ottawa Indians Government Center, shared her experience: "I am a member of a federally recognized Native American Tribe in Michigan. We are a marginalized group. Breastfeeding awareness lacks at my workplace, and I think this would make a big, loud announcement of its importance in the surrounding rural areas and hopefully spark change. I just had my 1st child and think a lactation room is a necessity for returning to work."

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*Amber Peterson, Little River
Band of Ottawa Indians
Government Center*

as the lactation room contest winner was huge for GM and the staff onsite because we built a modern lactation room all sites could use as a model for how one should be. We wanted to ensure our lactation room is a place of pride.”

This year, three winning workplaces will receive top-tier upgrades designed to elevate employee well-being, including hospital-grade multi-user breast pumps (Ameda Pearl or Spectra S3), dual collection kits, Healthy Horizons reclining lactation chairs, Zenoff My Brest Friend nursing stools, lactation room guides, and a furniture and decor budget.

Winners will also receive Healthy Horizons Breast Milk Shipping programs, milk transport duffle bags, microwave

steam sterilizer bags, breast pump soaps and wipes, hand sanitizers, lotions, a Healthy Horizons



Little River Band of Ottawa Indians
Government Center Lactation Room
Contest

Back to Work Class, and a one-time Lactation Room Servicing™ (conditions apply).

In addition to room transformations, two winning new parents will receive an individual luxury prize package featuring Zomee wearable hands-free pumps, designer pump bags, breast milk chillers, organic body care, and lactation supplements.

INDUSTRY LEADERS BACKING WORKING PARENTS

This initiative is made possible through partnerships with premier brands dedicated to supporting parents and workplace wellness, including Healthy Horizons Breastfeeding Centers, Bella Brands Inc., Ceres Chill, Eleeo Brands (Dapple / Motherlove), EO Products, Earth Mama, Herb Lore LLC, KeaBabies, Legendairy Milk, Mila's Keeper, Miracle International Inc., Munchkin-Milk makers, Sarah Wells Bags, The Little Milk Bar, Zenoff Products Inc., and Zomee.

HOW TO NOMINATE

Whether you are a working parent who deserves a better space, an employer looking to enhance family-friendly benefits, or an advocate pushing for workplace equity, submit your nomination today!

The deadline to apply is September 7, 2026. Submit your application online at <https://www.healthyhorizons.com/contest>.

About Healthy Horizons

Based in the San Francisco Bay Area, Healthy Horizons is the pioneer in supporting companies to develop new parent benefit programs and complete workplace lactation room programs. The company serves an extensive client base, including Fortune 500 companies, small businesses, and organizations across the U.S. and Canada. Healthy Horizons supports workplaces across 140 North American cities.

A woman-owned, women-run business, Healthy Horizons was founded by Sheila Dukas-Janakos, MPH, IBCLC, LE, RLC, recognized by the U.S. Congress for her significant impact on the health of infants, and her daughter, Cassi Janakos, MS, a mechanical and systems engineer who previously worked in the aerospace industry. Visit HealthyHorizons.com to learn how you can support your working parents, and about Healthy Horizons' commitment to innovation, education, and social good.

Healthy Horizons

Healthy Horizons Breastfeeding Centers

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