

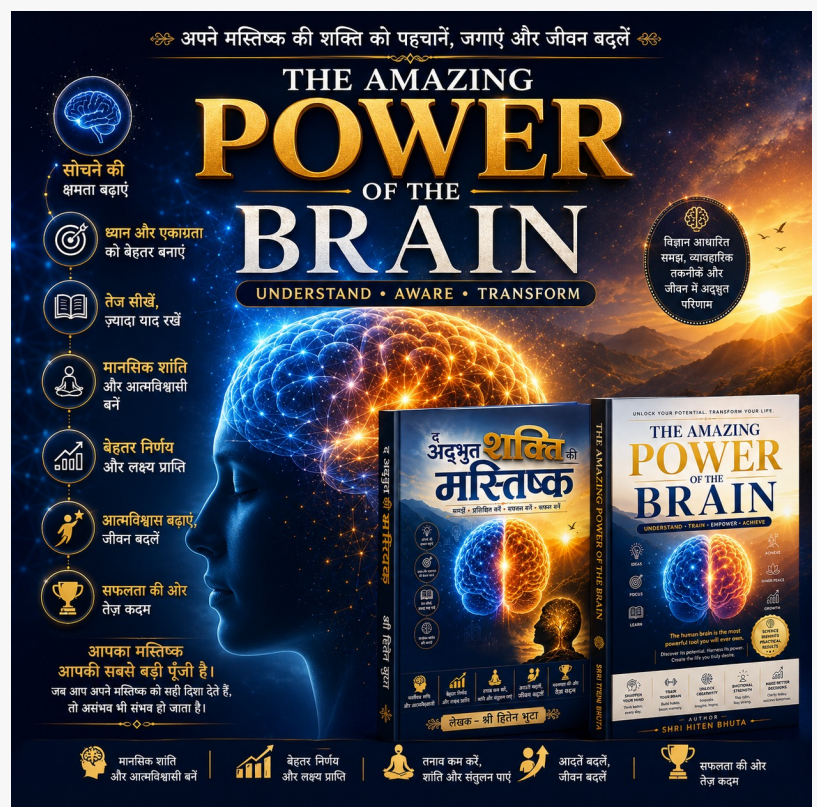
Hiten Bhuta Releases The Amazing Power of the Brain in English and Hindi With Companion Videos

English and Hindi Kindle editions pair with a YouTube playlist exploring memory, emotions, self-image and everyday choices.

TAMPA, FL, UNITED STATES, August 14, 2026 /EINPresswire.com/ -- Author Hiten Bhuta has released [The Amazing Power of the Brain](#): Understanding Memory, Thoughts, Emotions, Self-Image, and the Mind's Influence on Everyday Life, alongside the Hindi edition [द अद्भुत शक्ति की मस्तिष्क](#): आपका मस्तिष्क आपकी सबसे बड़ी पूंजी है। जब आप अपने मस्तिष्क को सही दिशा देते हैं, तो असंभव भी संभव हो जाता है। Memory, Emotions, Self-Image, and Better Decision-Making. Amazon identifies Bhuta as the author, and the English Kindle listing records a publication date of July 17, 2026.

The book centers on questions that appear throughout ordinary life: how memories remain with people, how thoughts and emotions influence experience, how self-image affects the way people see themselves, and how greater awareness of the mind may encourage more deliberate everyday choices. The English and Hindi editions create two language-based entry points into these themes rather than limiting the discussion to one readership.

The reading experience is extended through a companion YouTube playlist, giving people an additional way to encounter related ideas through video. Related Hiten Bhuta and Sakar video content indexed on YouTube discusses emotions and memories as meaningful parts of everyday experience, reinforcing the connection between the written and audiovisual material.



The Amazing Power of the Brain Unlock your mind's potential, strengthen your thinking, and transform your life.

Together, the book and videos create two paths into the same subject: one allows readers to spend time with the ideas on the page, while the other lets viewers engage with related concepts through spoken explanation. That combination may be particularly useful for audiences who discover an idea through video and then want to explore it in greater depth through reading—or who read first and use video to continue reflecting on the subject.

“Understanding the mind starts with observing how memory, emotion and self-image shape everyday choices. The book and videos invite readers to turn curiosity into reflection.” - Hiten Bhuta



Discover the amazing power of the brain and learn how awareness, positive thinking, and conscious responses can transform your mind and life.

The emphasis on memory, thoughts, emotions and self-image also gives the book relevance beyond a conventional book announcement. These are subjects that touch learning, relationships, personal development, leadership and everyday decision-making. The project does not require readers to approach those subjects from a single background; instead, the English and Hindi editions make the material accessible to different language communities.

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Hiten Bhuta

For readers interested in the English edition, *The Amazing Power of the Brain* is available through Amazon India. Hindi-language readers can explore [अपने मस्तिष्क की शक्ति को पहचानें, जागाएं और जीवन बदलें](#) through its separate Amazon India edition. Readers and viewers who prefer audiovisual learning can continue

with the companion YouTube playlist.

The book-and-video format also creates opportunities for conversations with book reviewers, educators, podcast hosts, YouTube creators, community learning groups and media outlets covering books, self-awareness, human behavior, personal development and everyday decision-making. Relevant organizations may also inquire about author interviews, discussions, educational conversations or book-related collaborations.

Media representatives and organizations interested in speaking with Hiten Bhuta about the

book, its themes or the accompanying video material may contact Shreya Chavan at +91 89567 60812 or shreya@cyberwebhotels.com.

About Hiten Bhuta

Hiten Bhuta is a Florida-based author, technology entrepreneur and community contributor whose public work spans technology, hospitality, future-readiness, writing and community initiatives. The internal PR reference framework recommends avoiding disputed scale, education, award and historical claims unless separately documented.

About Sakar Trust

Sakar Trust areas of focus through healthcare, education, life, language and culture, and public policy and the creation of social assets. Additional information about Hiten Bhuta-related educational and community initiatives is available through the Sakar Trust website.

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