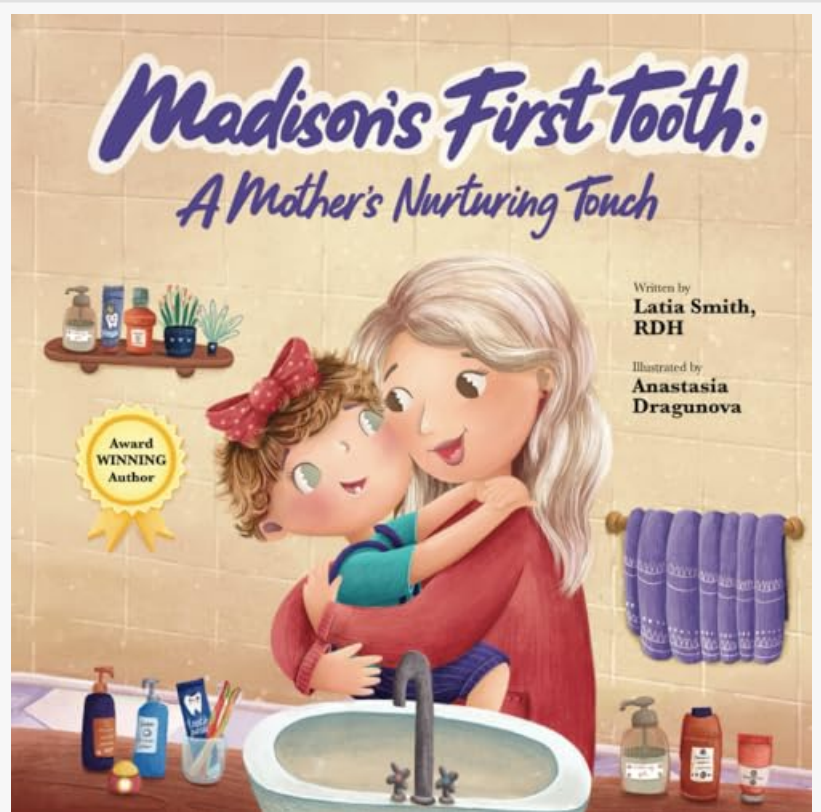


Latia Smith, RDH, Celebrates Family, Growing Up, and Lifelong Dental Care in Madison's First Tooth

Madison's First Tooth: A Mother's Nurturing Touch turns a childhood milestone into a story about oral health, guidance, and bond between mother and daughter.

NEW YORK CITY, NY, UNITED STATES, August 14, 2026 /EINPresswire.com/ -- Author Latia Smith, RDH, introduces young readers and families to the importance of lifelong oral health through warmth, education, and an enduring family bond in *Madison's First Tooth: A Mother's Nurturing Touch*. Illustrated by Anastasia Dragunova, the children's book follows Madison from the arrival of her very first baby tooth through adulthood, showing how simple lessons taught with patience and love can remain meaningful for a lifetime.



Madison's First Tooth by Latia Smith, RDH

Madison's journey begins during an exciting period of early childhood. She has just started crawling when Mama discovers another milestone worth celebrating: Madison's first tooth. Delighted by the discovery, Mama proudly shares the news and begins establishing an oral care routine designed to keep her daughter's new tooth healthy and clean. What begins with one tiny tooth soon develops into years of learning, growing, and creating memories together.

As Madison gets older, Mama remains by her side, teaching her how to care for her teeth and gums. From receiving her first toothbrush to eventually having a full smile, Madison gradually develops the knowledge and habits she needs to manage her own oral hygiene. These everyday lessons become part of a much larger story about parental guidance and the ways children carry the care they receive with them into adulthood.

The story moves beyond dental milestones to capture significant moments throughout Madison's life. Readers watch as she starts school, forms friendships, continues growing, and eventually graduates from college. Along the way, Mama carefully preserves treasured reminders of Madison's childhood in a special keepsake box, creating a touching portrait of how quickly children grow and how meaningful even the smallest milestones can become.

What gives Madison's First Tooth particular emotional depth is the way the relationship eventually comes full circle. As Mama grows older and begins needing assistance with her own oral hygiene routine, Madison becomes her caregiver. She lovingly provides the same patience, attention, and support that Mama once gave her, offering a gentle message about gratitude, responsibility, aging, and returning the care that once helped shape them.

Smith uses Madison's story to make dental health approachable for younger readers while also giving parents and caregivers an opportunity to discuss the importance of healthy routines. Rather than presenting oral care as simply another responsibility, the book connects it to family, encouragement, consistency, and love, reinforcing the idea that healthy habits developed early can continue to provide value throughout every stage of life.

The book is especially suited for parents, caregivers, educators, dental professionals, and families looking for a meaningful way to introduce conversations about brushing, oral hygiene, growing up, and caring for loved ones.

With illustrations by Anastasia Dragunova, Madison's First Tooth: A Mother's Nurturing Touch turns a familiar childhood milestone into a broader reflection on nurturing, independence, family memories, and the lessons that can pass from one generation to the next.

The book is available at:

<https://www.amazon.com/Madisons-First-Tooth-Mothers-Nurturing-ebook/dp/B0F38M83PY>

For review copies, interview requests, or additional information, please contact:

Latia Smith, RDH

BrightKey PR

LatiaSmithDentalBooks@gmail.com

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