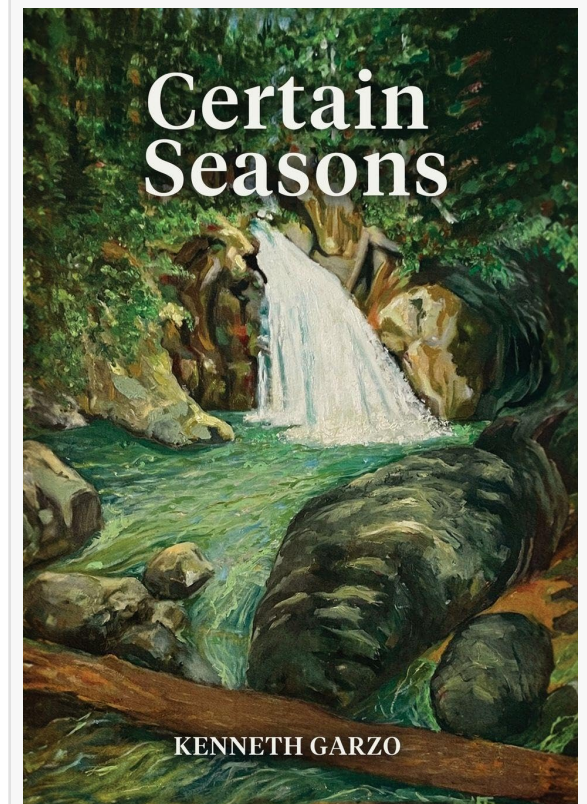


New Literary Fiction Novel 'Certain Seasons' Unveils Beauty, Love, and Identity in Vermont

VT, UNITED STATES, August 14, 2026 /EINPresswire.com/ -- Author, architect, and designer Kenneth Garzo announces the release of "Certain Seasons," a captivating novel that blends the breathtaking natural beauty of Vermont with the complex passions and struggles of human relationships. This evocative work of literary fiction challenges readers to explore how the forces of nature, love, and creativity deeply influence our sense of identity.

Set against the magnificent landscapes of Vermont, "Certain Seasons" immerses readers in a compelling story of self-discovery and emotional growth. Through the experiences of richly crafted characters, Garzo skillfully portrays the interplay between romantic longing, the creative demands of developing land, and the awe-inspiring power of the natural world. The narrative not only celebrates the grandeur of nature but also examines its profound ability to illuminate the beauty and turmoil within.



"The central theme of my novel," Garzo explains, "is the diverse natural beauty of Vermont and the emotionally creative intensity that such an environment inspires. Understanding the emotions arising from romantic passions conflicting with other, more compelling influences is central to discovering who we truly are."

Garzo's own experiences significantly shaped the novel. Having grown up in bustling New York City and later relocated to Vermont to design and build houses, his intimate understanding of urban life and rural beauty informs every page. Garzo's background allows the novel to resonate with themes of transformation, self-reliance, and the delicate balance between human ambition and the environment.

"Certain Seasons" (ISBN: 9781972090671 / 9781972090688) can be purchased through retailers worldwide, including Amazon and Barnes & Noble. The hardcover retails for \$47.99, and the

paperback retails for \$31.99. Review copies and interviews with the author are available upon request.

[Purchase the book on Amazon.](#)

From the Back Cover:

Certain Seasons is a coming of age novel told from a male perspective in the form of an autobiographical narrative. The story presents a psychological study of a 60's college student who moves from Manhattan to Vermont, builds houses, develops land, and adjusts to the very intense differences and values between Vermont and Manhattan. The narrator is a character driven by two conflicting obsessions, struggling to reach a state of harmony. The central theme of the novel is the natural beauty of Vermont, and the creative values which developing land in such an environment inspires, set against the background of the destructive sixties political climate, city life, and conflicting with the messier romantic aspects of human nature. Whether the narrator's desires and the motivations arising from them are embodied by romantic passions for the women in his life, by art, or by another more compelling influence, is the subject of the novel.

About the Author:

The author was born in Florida, moved to Manhattan when very young, went to grammar school, high school, and college in New York City, then moved to Vermont and designed and built houses.

About Manhattan Book Group:

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