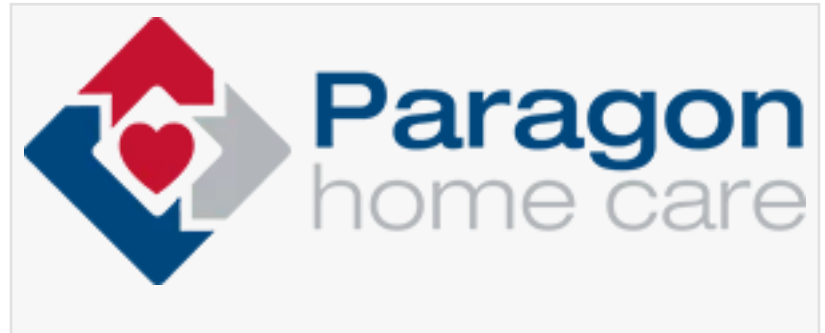


Finding Quality Elder Care Services in McLean, VA

MCLEAN, VA, UNITED STATES, August 27, 2026 /EINPresswire.com/ -- A daughter notices the change before anyone says it out loud. The mail is stacking up, meals are being skipped, and a once-familiar routine now feels harder to keep. For many families in McLean, VA, and surrounding cities across Northern Virginia, the search for elder care starts in that quiet moment, when concern turns into action and the goal becomes finding support that feels steady, local, and trustworthy.



A Common Question From Local Families

“

Families often call after noticing small changes at home. Our role is to bring steady support, clear communication, and a greater sense of calm back to everyday life.”

*Juan Tuason, owner of
Paragon Home Care*

How do I find elder care in McLean, VA, and surrounding cities across Northern Virginia?

Families can start by looking for a local provider with a strong reputation, flexible hourly and live-in support, specialized dementia training, and a clear process for noticing changes in the home early. It also helps to ask how the care team communicates with families, how memory-related needs are supported, and what tools are used to identify potential safety concerns before they become larger problems.

What Families Are Looking For Now

Adult children often begin this search while balancing careers, children, and growing responsibilities for an aging parent. In many cases, they are not only comparing services. They are looking for peace of mind, more consistency at home, and a team that can build real rapport with a loved one.

[Paragon Home Care](#), based in McLean, VA, and serving surrounding cities across Northern

Virginia, says those priorities are shaping how families choose care today. Since 2013, the agency has served local households with hourly and live-in support designed to help older adults remain where life feels most familiar. Paragon has also been recognized among the [Top 100 home care agencies](#) in North America by Activated Insights / Best of Home Care, a distinction tied to independent, anonymous feedback from both clients and caregivers.

More Than Tasks. Meaningful Care

Paragon's mission is to redefine home care around the moments in between the tasks, where trust is built, connection is made, and care goes from excellent to exceptional. Guided by its core value, "More Than Tasks. Meaningful Care," the agency believes the most meaningful support often comes from the relationships, conversations, and quiet moments that help families feel confident and loved ones feel truly cared for.

That perspective shapes how Paragon talks about care. The agency emphasizes presence, meaningful conversation, and preserving dignity and quality of life. Programs such as its Moment of the Month recognition and conversation card games reflect the belief that support is not just about completing a checklist. For families, that means caregivers who do more than assist with daily tasks. They build relationships that bring comfort and confidence at home.

Technology That Supports Proactive Care

Paragon has made a significant investment in Sensi.AI, an advanced care-insights platform available to every client as a standard of care. The agency says this creates a distinctive balance of human connection and innovation, with compassionate caregivers supported by intelligent care technology.

Paragon's caregivers deliver compassionate care supported by Sensi.AI monitoring technology, which helps identify potential safety concerns and behavioral changes in the home, allowing the care team to respond proactively. Sensi.AI provides an additional layer of safety and oversight for clients and families while supporting caregivers rather than replacing them.

That model has been especially well received by healthcare professionals and referral partners. For hospitals and care managers, Paragon Home Care is a trusted partner for reliable hourly and live-in support during safe transitions home. With Sensi.AI supporting the care team, the agency can help families feel more informed and supported.

Specialized Dementia Support and Family Education

Paragon is also strengthening its role as a specialized dementia care provider. All caregivers are becoming dementia care certified, supported by ongoing specialty training in Parkinson's care, stroke recovery support, support after returning home from the hospital, and end-of-life care. The agency says that investment reflects a growing need for meaningful engagement, family education, and consistent support for individuals living with dementia.

Anita Irvin serves as a key dementia care resource and educator, helping lead community outreach, educational content development, and future specialty certification initiatives. Paragon says strong response from neurologist referrals, healthcare professionals, and website inquiries continues to validate this specialty care approach.

For families still gathering information, [Paragon's Family Guide](#), "When Home Stops Working," compiles many of the questions the team hears from families seeking assistance and offers a practical starting point for the next conversation.

About Paragon Home Care

Paragon Home Care is a private-duty home care agency based in McLean, VA, and serving surrounding cities across Northern Virginia since 2013. Recognized among the Top 100 home care agencies in North America by Activated Insights, Paragon is built around the belief that meaningful care happens in the moments between the tasks. The agency pairs highly selected caregivers with proactive, technology-enabled care, including Sensi.AI monitoring available to every client, to help older adults age with dignity, safety, and connection at home. More Than Tasks. Meaningful Care.

Families and referral partners in McLean, VA, and surrounding cities across Northern Virginia can call (703) 942-8950 or can request an assessment.

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