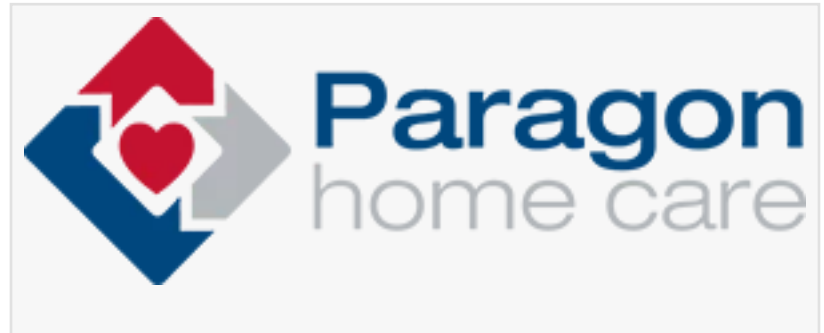


Paragon Home Care Redefines Dementia Care With Meaningful Support at Home

MCLEAN, VA, UNITED STATES, August 25, 2026 /EINPresswire.com/ -- A daughter notices the change in the quiet parts of the day. Her mother still smiles at familiar photos and knows her favorite place at the kitchen table, but routines are slipping, evenings feel harder, and small moments of confusion are happening more often. For many

families in McLean, VA, and surrounding cities across Northern Virginia, that is when the search begins for support that can bring steadiness, familiarity, and relief back into the home.



A Question Many Families Ask

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When memory loss changes daily life, families need someone who can notice what is different, respond with steadiness, and help bring more calm and confidence back into the home.”

*Juan Tuason, owner of
Paragon Home Care*

How can dementia care help seniors in McLean, VA, and surrounding cities across Northern Virginia?

This kind of support can help create more stable daily routines, assist with personal care, encourage meaningful engagement, reduce confusion at home, and give families greater peace of mind. When that support comes from trained caregivers backed by care-insights technology, subtle changes can also be noticed earlier so concerns do not go unseen.

Support That Reaches Beyond Daily Tasks

For adult children balancing work, children, and growing responsibilities for a parent, memory support is about more than filling time in the day. Families want someone who can recognize when a loved one seems off, redirect a difficult moment calmly, and help the home feel more settled again.

[Paragon Home Care](#), based in McLean, VA, and serving families in McLean and surrounding cities across Northern Virginia, says its caregivers do more than assist with daily tasks. They build

relationships that bring comfort and confidence to families. Since 2013, the agency has served local households with hourly and live-in support and has been recognized among the [Top 100](#) home care agencies in North America by Activated Insights / Best of Home Care through independent, anonymous surveys from both clients and caregivers.

The Moments in Between

Paragon Home Care's mission is to redefine home care around the moments in between the tasks, where trust is built, connection is made, and care goes from excellent to exceptional. Guided by its core value, "More Than Tasks. Meaningful Care," the agency believes the most meaningful support often comes from the relationships, conversations, and quiet moments that help families feel confident and loved ones feel truly cared for.

That belief shapes how Paragon approaches memory support. The agency emphasizes emotional connection, meaningful conversation, dignity, and quality of life. Programs such as Moment of the Month recognition and conversation card games help reinforce that caregiving is also about companionship and engagement.

Specialized Dementia Support for Families

Paragon is strengthening its role as a specialized dementia care provider, with all caregivers becoming dementia care certified. The agency also continues to invest in specialty training in Parkinson's care, stroke recovery support, support after returning home from the hospital, and end-of-life care. Anita Irvin serves as a key memory-support resource and educator, supporting community outreach, educational content development, and future specialty certification efforts.

The agency says successful placements have also come through neurologist referrals, healthcare professionals, and website inquiries.

Sensi.AI Adds Another Layer of Insight

Paragon also highlights its significant investment in Sensi.AI, an advanced care-insights platform available to every client as a standard of care. The agency says this creates a distinctive balance of human connection and innovation, described simply as compassionate caregivers supported by intelligent care technology.

Paragon's caregivers deliver relationship-based support backed by Sensi.AI monitoring technology, which helps identify potential safety concerns and behavioral changes in the home, allowing the care team to respond proactively. Sensi.AI provides an additional layer of safety and oversight for clients and families while supporting caregivers rather than replacing them.

For families in McLean, VA, and surrounding cities across Northern Virginia, that means added

visibility alongside human support. For hospitals and care managers, Paragon Home Care is a trusted partner for reliable hourly and live-in support during safe transitions home. Its caregivers are supported by the same Sensi.AI monitoring technology. The technology has also been well received by healthcare professionals and referral partners.

Guidance for Families Exploring Next Steps

Paragon's [Family Guide](#), "When Home Stops Working," brings together many of the questions families ask when support at home becomes necessary and offers a practical starting point for the next step.

About Paragon Home Care

Paragon Home Care is a private-duty home care agency based in McLean, Virginia, and serving families in McLean and surrounding cities across Northern Virginia since 2013. Recognized among the Top 100 home care agencies in North America by Activated Insights / Best of Home Care, Paragon is built around the belief that meaningful care happens in the moments between the tasks. The agency pairs highly selected caregivers with proactive, technology-enabled care, including Sensi.AI monitoring available to every client, to help older adults age with dignity, safety, and connection at home. More Than Tasks. Meaningful Care.

Families and referral partners in McLean, VA, and surrounding cities across Northern Virginia can call (703) 942-8950 or contact to request an assessment.

Juan Tuason

Paragon Home Care

+1 703-942-8950

juan@paragonhomecare.com

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