

Rochford Releases SENIORS' Bill of Rights: 10 Bills to Protect Medicare, Social Security, and Elderly Americans

FL-14 congressional candidate unveils comprehensive legislative suite for seniors, anchored in Scripture and built without staff or lobbyists.

TAMPA, FL, UNITED STATES, August 14, 2026 /EINPresswire.com/ -- Retired Navy Capt. and Commodore Rocky Rochford, Republican candidate for Florida's 14th Congressional District, released the full details of his SENIORS' Bill of Rights, a suite of 10 federal bills designed to protect Medicare, Social Security, and the dignity of elderly Americans.

"Social Security is an insurance policy. American workers paid premiums into that system their entire careers with a promise that the coverage would be there when they needed it," Rochford said. "Medicare is health coverage you use when you need it. Workers held up their end of the deal.

The government needs to hold up its."



Retired Navy Capt. and Commodore Rocky Rochford served over 33 years in uniform, including command of 13 ships

The SENIORS' Bill of Rights is anchored in Leviticus 19:32: "Stand up in the presence of the aged, show respect for the elderly and revere your God." Rochford said the Scripture informed the legislative framework from the beginning.

"I didn't draft these bills because a pollster told me seniors vote. I drafted them because I watched my own mother navigate the system, and I watched what this country puts its elderly through. It's not acceptable. These 10 bills are my answer."

The 10 bills in the SENIORS' Bill of Rights:

The PROMISE Act rescues Social Security from insolvency through structural reform that fully protects low-income and middle-class beneficiaries while asking the wealthiest retirees to accept targeted adjustments.

The RESTORE Act closes the gap in Medicare coverage that has existed since the program was created in 1965, adding dental, vision, and hearing benefits through competitive pricing rather than government expansion.

The BRIDGE Act addresses the long-term care bankruptcy trap that forces families to spend down their life savings before qualifying for assistance.

The GUARD Act strengthens protections against financial scams targeting elderly Americans, an industry that costs seniors billions annually.

The HONOR Act expands federal protections against elder abuse, neglect, and exploitation.

The LIBERTY Act reforms the guardianship system to protect individuals from losing their legal rights to a system that is supposed to protect them.

The CONNECT Act addresses meal access and social isolation among seniors living alone, two factors directly linked to declining health outcomes.

The MERIT Act strengthens protections against age discrimination in employment.

The HEARTH Act addresses senior homelessness, the fastest-growing segment of the homeless population in the United States.

The VALOR Act provides support for family caregivers who sacrifice their careers, their savings, and their own health to care for aging loved ones.



Retired Navy Capt. and Commodore Rocky Rochford, Republican candidate for Florida's 14th Congressional District. Served You Then. Ready To Serve You Again.



Rocky for Congress, Florida's 14th Congressional District, Committee to Elect Rocky Rochford



Social Security is an insurance policy. American workers paid premiums into that system their entire careers with a promise that the coverage would be there when they needed it."

Robert "Rocky" Rochford

"The most common question I hear is: how do you pay for it? That question has been used for decades to justify doing nothing while seniors lose ground. Two of the ten bills are entirely self-financing. The remaining bills will include identified offsets to cover any associated costs. But the larger answer is that protecting seniors and fixing the national debt are not competing priorities. They're the same mission."

"The national debt is \$39.2 trillion. Some in Washington will tell you the only way to address it is to cut the

programs American workers paid into their entire careers. That's a false choice. My LEGACY Act Suite is 10 separate bills that retire the debt permanently and structurally by cutting waste, eliminating redundancy, and reforming how the federal government manages its finances. You don't fix the debt on the backs of seniors. You fix the system that created the debt in the first place."

Rochford said his SENIORS' Bill of Rights is part of a broader legislative platform of [over 40 bills](#) drafted before taking office.

"Every bill was built the same way. I listened to the people of FL-14. I researched the problems they raised. And I wrote the legislation. No staff. No lobbyists. No one told me to do it. That is what representation is supposed to look like."

Rochford also completed the Congressional Operations Seminar at Georgetown University's Government Affairs Institute and earned a master's degree from the Naval War College, where he was named an Arleigh Burke Fellow.

About Rocky Rochford

Rocky Rochford is a retired U.S. Navy Captain and Commodore with 33 years of service and a Tampa Bay resident since 1989. He is the Republican candidate for Florida's 14th Congressional District. In 2024, Rochford won the Republican primary with nearly 60% in a four-way race and earned over 44% against 20-year incumbent Kathy Castor in a D+8 district, the strongest challenge of her tenure. His legislative platform includes over 40 drafted bills developed without staff or lobbyists, covering the Children's Bill of Rights, SENIORS' Bill of Rights, LEGACY Act Suite addressing the national debt, and the Community SHIELD Act. The August 18, 2026 Republican primary is the decisive race in a district rated R+11 under President Trump. Learn more at Rocky4Congress.com.

Paid for by the Committee to Elect Rocky Rochford.

Jaime Arellano Jr.,
CMTE to Elect Robert "Rocky" Rochford
+ +1 786-223-4653

[email us here](#)

Visit us on social media:

[LinkedIn](#)

[Instagram](#)

[Facebook](#)

[YouTube](#)

[TikTok](#)

[X](#)

[Other](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/934240046>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.