

Former Miami Mayor Suarez Joins More Life Summit 2026 in Miami

Faith-based wellness event adds Mayor Suarez and Dr. Austin Lake to landmark lineup featuring Gary Brecka, Derek Lunsford, Rose Namajunas, and Dr. Caroline Leaf

MIAMI, FL, UNITED STATES, August 17, 2026 /EINPresswire.com/ -- MIAMI, FL — [More Life Summit 2026](#), the premier

faith-based wellness and longevity experience in South Florida, has announced the addition of former Miami Mayor Francis Suarez and

biblical health expert Dr. Austin Lake to its speaker roster. Presented by Allcore360, the two-day event takes place October 10 and 11, 2026 at the James L. Knight Center in Miami, Florida, and is expected to welcome more than 2,000 attendees.



2026 Speaker Line-up

“

More Life Summit exists because the people living the longest and performing the best are not choosing between their body, their mind, and their faith. They are investing in all three.”

Joseph Rivera, Founder, More Life MVMT

A Lineup Built Around the Whole Person

More Life Summit 2026 was built on the belief that true health is not just physical. It is the body, the mind, and the faith working together. Every speaker on this year's roster was selected for the depth of what they have lived, proven, and can deliver to an audience ready to act.

[Gary Brecka](#), human biologist, will break down the exact biomarkers, genetic deficiencies, and protocols that determine how long the human body performs at its peak. Derek Lunsford, two-time Mr. Olympia, will speak on the

discipline and faith behind sustaining world-class performance. Rose Namajunas, two-time UFC Strawweight Champion, will address mindset, recovery, and performing at the highest level without losing yourself. Dr. Caroline Leaf, cognitive neuroscientist and number one bestselling author, will translate thirty years of brain health research into practical tools attendees can use immediately.

Former Mayor Francis Suarez Joins the Stage

As the architect of Miami's transformation into one of the most innovative cities in the United States, former Mayor Francis Suarez brings a perspective that few others can offer. His session will address leadership, faith, and his vision for communities built around human flourishing and a healthier future.

Dr. Austin Lake Brings Biblical Health to South Florida

Dr. Austin Lake, a leading voice at the intersection of faith and physical health, will address what the Bible actually says about caring for the whole person. With a focus on women's health, family wellness, and the spiritual dimensions of physical health, his session is expected to be among the most impactful of the two-day program.

A Full Experience Beyond the Main Stage

The event will feature more than 100 longevity and wellness exhibitors on the expo floor, giving attendees hands-on access to the products, tools, and protocols that the world's top performers use daily. Miami Run Club, led by Dr. Manny Pinillos, will lead an exclusive Sunday morning walk and run for summit attendees. Pastor Rolando Remedios will open Sunday morning with an optional faith devotional. Dave Schmulenson, known as The Schmo and one of the most recognized voices in sports media, will serve as the event's Official Media Personality conducting live interviews across both days.

VIP tickets include a private dinner, exclusive meet and greet with all speakers, front row seating, and complimentary lunch both days. General admission and expo passes are also available.

Tickets are on sale now at morelifemvmt.com

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