

Aspire Rejuvenation Founder Tomo Marjanovic Headlines Ohio Police Wellness Expo Alongside Attorney General Andy Wilson

The longevity specialist and former officer headlined the Armor Within Expo in Olmsted Falls, Ohio, alongside Attorney General Andy Wilson.

ORLANDO, FL, UNITED STATES, August 17, 2026 /EINPresswire.com/ -- Aspire Rejuvenation founder [Tomo Marjanovic](#), a former police officer who served more than 12 years in Ohio and Florida, returned to law enforcement circles last month to headline the [Armor Within Expo](#) alongside Ohio Attorney General Andy Wilson. The police wellness and performance event, held at Grindstone Training Center with the Ohio Department of Public Safety and two local police departments as partners, drew officers from across Northeast Ohio for a day built around training, recovery and mental health support for the profession. Marjanovic delivered the 12:30 p.m. keynote; Wilson followed at 1 p.m., speaking directly to officers about the wellness initiatives his office has prioritized since taking office.



The expo paired the two keynotes with a full day of programming built specifically for law enforcement: a defensive tactics seminar led by Brazilian Jiu Jitsu black belt Will Brooks, K9 demonstrations from the Euclid and Olmsted Falls police departments, and a lineup of first-responder-owned vendors.

Marjanovic used his time on stage to address a subject he says is chronically overlooked in law enforcement circles: hormonal decline and its effect on energy, recovery and mental resilience under sustained stress.

"Officers carry a physical and hormonal load most professions never see, and almost nobody is checking their labs for it. Attorney General Wilson has made first responder wellness a real priority, and I wanted these officers walking away with something they could actually use."

Wilson was sworn in as Ohio's 52nd attorney general in June 2026. He previously served as director of the Ohio Department of Public Safety and as Gov. Mike DeWine's senior advisor for criminal justice policy, where he helped lead first responder wellness and law enforcement training initiatives, the same focus he brought to the Armor Within stage. As attorney general, he now oversees an office of roughly 1,500 employees across 30 divisions, including the Ohio Peace Officer Training Academy.

Armor Within Expo is hosted by Grindstone Training Center in Olmsted Falls, Ohio, and built specifically around the strength, mindset and skillset of law enforcement professionals. The free event draws officers and their families from departments across the region for wellness vendors, defensive tactics training and community demonstrations, and has grown into one of the region's dedicated first-responder wellness gatherings.



Marjanovic retired from law enforcement in October 2018 after more than 12 years on the force, a tenure that earned him a Public Safety Medal of Valor, and founded Aspire Rejuvenation in

Orlando the following year. The company is family-held and bootstrapped, with four clinics across Florida, Pennsylvania and Texas plus nationwide telemedicine, built around the premise that declining hormone levels, not age itself, are often behind the fatigue, weight gain and low drive patients describe at their first appointment. Marjanovic is the author of Operation Optimal and has built a following of more than 260,000 on Instagram, his largest platform, discussing hormonal health, energy and longevity.

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Officers carry a physical and hormonal load most professions never see, and nobody is checking their labs for it. Wilson made wellness a priority, and I wanted them walking away with something useful.”

Tomo Marjanovic

ABOUT TOMO MARJANOVIC

Tomo Marjanovic is a certified hormone optimization specialist, author, and Founder and CEO of Aspire Rejuvenation, a leading name in hormone optimization and longevity medicine, with clinics specializing in hormone replacement therapy, peptides, medical weight management, sexual health, and regenerative medicine. He holds certification from the American Board of Hormone Replacement Therapy (ABHRT). A former competitive bodybuilder and 12-year law enforcement veteran who received the Public Safety Medal of Valor, Marjanovic has studied

hormones and human performance for decades. He is the author of Operation Optimal and was named a Top 100 Healthcare Visionary by the International Forum on Advancements in Healthcare.

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