

New Cabo Estate Brings Resort Style Wellness to the Private Villa Experience

LOS ANGELES, CA, UNITED STATES,
August 17, 2026 /EINPresswire.com/ --

A new six-bedroom private estate overlooking Chileno Bay is giving the Cabo villa market a more resort-like spin, especially on the wellness side. The property includes a private sauna, cold plunge, massage room, full gym, and cinema, with accommodations set up for multigenerational stays.

[Casa Arroz](#), now represented by Sun Cabo Vacations, sleeps up to 17 guests and has the feel of a private residence, with plenty of room to spread out, plus the kind of wellness, entertainment, and group-friendly amenities you'd usually expect from a luxury resort.



“

Casa Arroz is one of those rare homes that feels truly world-class. It offers the privacy, service and attention to detail expected by guests accustomed to the very best.”

David Girard, CEO

At the centre of the home is a private wellness area that feels properly thought through. The gym comes equipped with Peloton equipment, a Rogue power rack, free weights, and mobility gear, so it covers more than a quick workout. Just off that space, the recovery area adds a six-person wood sauna, temperature-controlled cold plunge, massage room, and spa bathroom.

The layout also works well for bigger families or multigenerational trips, where everyone needs a little breathing room. Five principal king suites open onto

private terraces with ocean views, so the adults aren't fighting over the best room. There's also a separate children's sleeping and play area with bunk beds and a daybed, plus a nearby nanny's room for families travelling with a caregiver or needing a bit more flexibility.

Shared spaces are set up so guests can gather when they want to, without making the whole group move in lockstep. There's a sound-treated private cinema with 10 seats, a 4K laser

projector and surround sound for proper movie nights. For meals, the temperature-controlled walk-in wine cellar and professional kitchen do some heavy lifting too, with Thermador ranges, double ovens and Sub-Zero refrigeration suited to anything from an easy, casual dinner to a private chef experience.

Outdoor living centres on the ocean-facing terrace, with a long infinity pool tracing the edge of the property. There's space to stretch out or sit down for a meal under covered lounging and dining areas, plus an outdoor kitchen and bar close by. A wood-burning fireplace adds warmth, while the sunken fire-pit lounge, tucked against the natural rock face, gives the whole terrace a more grounded, tucked-away feel.

The design borrows naturally from the Baja landscape around it: pale stone, wide white rooflines and terracotta forms show up throughout the residence. Inside, the mood softens with handmade tile, natural wood, woven textures and artwork, while floor-to-ceiling glass keeps the main living spaces visually tied to the terrace and the Sea of Cortez beyond.

Casa Arroz fits into a wider shift in private villa stays. Features that used to feel reserved for high-end resorts are now showing up inside private homes, from dedicated wellness and recovery areas to spaces planned with children and caregivers in mind. Add in entertainment and dining setups built for the whole group, and the villa becomes more than a place to sleep between outings. Guests can shape a much larger part of the trip around the home itself.



<https://www.suncabo.com/rentals/casa-arroz>

For Sun Cabo Vacations, the addition broadens a portfolio that already runs from residences in established resort communities to more private estates along the Los Cabos Tourist Corridor.

About Sun Cabo:

Sun Cabo is a leading provider of luxury villa rentals and concierge services in Los Cabos, Mexico. With a handpicked portfolio of high-end properties and a reputation of excellence, Sun Cabo delivers unforgettable stays for every type of traveler.

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