

Tarzana Treatment Centers Presents the 2026 Annual Latinx Mental Health Conference

"UNIDOS: The Power of Collective Care" provides culturally responsive education and five continuing education credits at CSUN.

NORTHRIDGE, CA, UNITED STATES, August 17, 2026 /EINPresswire.com/ -- How can health and social service providers strengthen mental health support for Latinx individuals and their families?

[Tarzana Treatment Centers](#) (TTC) will host the [2026 Annual Latinx Mental Health Conference](#) on Friday, October 16, 2026, at the University Student Union at California State University, Northridge. The in-person conference will run from 8:30 a.m. to 4:00 p.m.

This year's theme, "UNIDOS: The Power of Collective Care," highlights how shared knowledge, cultural understanding, and community partnerships support mental health and healing.

Registration is now open.

A Professional Development Opportunity

The conference invites mental health professionals, health and social service providers, educators, advocates, and community leaders to join a day of culturally responsive learning, healing, and connection.



SEE YOU IN 2026!

The 2026 Latinx Conference in Northridge is Not to be Missed



Attendees will explore culturally responsive strategies, build and strengthen community partnerships, and learn how to advance mental health support for Latinx individuals and their families. Five continuing education credits will be available.

Mental health does not exist apart from culture, family, community, and lived experience. Therefore, responsive care must recognize the identities, relationships, and social conditions that shape a person's well-being.

The conference will provide space for participants to exchange knowledge and examine practical approaches to prevention, healing, mutual support, and collective care.

Featured Speakers and Sessions

The 2026 conference features seven speakers who present professional, personal, and community-centered perspectives:

- Ted Perkins: "How Movies Have Become a Secret Weapon in Mutual Support"
- Damaris Salvador: "Suicide Prevention in Latinx Communities"
- Sam Vilorio: "Suicide Prevention in Latinx Communities"
- Dr. Matthew Blackwood: "Calm Is Power"
- Elizabeth Medellin, MSW: "Restoring Safety and Connection in Uncertain Times"
- Clinton Drummer: "Financial Healing, Family Stability, and Collective Care"
- Misty Farber, LCSW: "Unidos in Healing: Collective Care for Those Who Care"

The sessions will address suicide prevention, emotional regulation, financial healing, family stability, mutual support, and the well-being of caregivers.

Together, these topics convey the conference's central message: Communities grow stronger when people share knowledge, reduce isolation, and build supportive pathways toward healing.



Latinx Conference Equals Diversity and Engagement

Advancing Culturally Responsive Mental Health Care

For more than 50 years, Tarzana Treatment Centers has provided integrated behavioral healthcare services throughout Los Angeles County. TTC offers mental health care, substance use disorder treatment, primary care, prevention, education, and supportive services for individuals and families.

By hosting the 2026 Annual Latinx Mental Health Conference, TTC continues its commitment to culturally responsive care and to stronger community partnerships.

Event Information

2026 Annual Latinx Mental Health Conference “UNIDOS: The Power of Collective Care”

Date: Friday, October 16, 2026

Time: 8:30 a.m. to 4:00 p.m.

Location: University Student Union, California State University, Northridge

Address: 18111 Nordhoff Street, Northridge, CA 91330

Format: In-person conference

Continuing Education: Five CE credits available

Registration and early bird discount information are available at:

2026 Annual Latinx Mental Health Conference

About Tarzana Treatment Centers

Tarzana Treatment Centers is a nonprofit, community-based healthcare organization providing integrated behavioral healthcare services since 1972. TTC offers substance use disorder treatment, mental health care, primary care, HIV and hepatitis services, prevention, education, and supportive services throughout Los Angeles County.

Learn more at <https://www.tarzanatc.org/>.

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