

Dr. Okah 'Justin' Anyokwu Expands Awareness of Interventional Psychiatry Options for Georgia Patients

Avant Interventional Psychiatry expands awareness of specialized treatment options for Georgia patients when traditional approaches may not be enough.

ATLANTA, GA, UNITED STATES, August 18, 2026 /EINPresswire.com/ -- For patients living with depression and other mental health conditions, finding an effective treatment can sometimes involve trying multiple approaches. [Dr. Okah "Justin" Anyokwu](#), Medical Director of [Avant Interventional Psychiatry](#), is working to increase awareness of specialized treatment options available to appropriate patients when traditional approaches have not provided adequate improvement.



Dr. Okah "Justin" Anyokwu

[Interventional psychiatry](#) is an area of mental healthcare that incorporates specialized treatments that may be considered as part of a broader psychiatric treatment plan. At Avant Interventional Psychiatry, those options include Transcranial Magnetic Stimulation (TMS) and Spravato (esketamine) for appropriate patients.

UNDERSTANDING INTERVENTIONAL TREATMENT OPTIONS

TMS is a noninvasive treatment that uses magnetic pulses to stimulate specific areas of the brain associated with mood regulation. It may be considered for certain patients with depression, particularly when previous treatment approaches have not provided sufficient improvement.

Spravato, the brand name for esketamine nasal spray, is another treatment option available for certain adults with treatment-resistant depression. It is administered in a certified healthcare setting, where patients are monitored following treatment.



Patients who have struggled to find relief through traditional treatment approaches may not realize that additional options exist.”

Dr. Okah “Justin” Anyokwu

INCREASING AWARENESS OF ADDITIONAL TREATMENT OPTIONS

One challenge within mental healthcare is making sure patients know that additional treatment options may exist. Patients who have tried multiple medications or other traditional approaches without experiencing the improvement they hoped for may assume there is nothing else available to them.

“Patients who have struggled to find relief through

traditional treatment approaches may not realize that additional options exist. Our goal is to help patients and referring providers better understand those options and determine when an interventional evaluation may be appropriate,” said Dr. Okah “Justin” Anyokwu, Medical Director of Avant Interventional Psychiatry.

Avant is also working to increase awareness among psychiatrists, primary care physicians, therapists and other healthcare professionals who may encounter patients struggling despite ongoing mental health treatment.

WORKING ALONGSIDE EXISTING PROVIDERS

Avant’s approach emphasizes collaboration with a patient’s established healthcare providers. Patients do not necessarily have to leave an established psychiatrist or other treating provider because specialized interventional treatment is being considered.

Avant can evaluate appropriate referrals for specialized treatment while working alongside the patient’s existing care team, supporting continuity with the clinicians already involved in ongoing care.

EXPANDING THE CONVERSATION AROUND MENTAL HEALTH TREATMENT

Under Dr. Anyokwu’s leadership, Avant Interventional Psychiatry continues working to increase awareness of the range of treatment options available within modern psychiatric care. The goal is not to suggest that one treatment is appropriate for every patient, but to encourage informed conversations about options based on an individual’s diagnosis, treatment history and clinical needs.

Patients interested in learning whether an interventional treatment may be appropriate should speak with a qualified healthcare professional and undergo an appropriate clinical evaluation.

ABOUT DR. OKAH “JUSTIN” ANYOKWU

Dr. Okah “Justin” Anyokwu is the Medical Director of Avant Interventional Psychiatry, a Georgia-based mental health practice that continues growing its provider network and expanding access to comprehensive psychiatric care.

ABOUT AVANT INTERVENTIONAL PSYCHIATRY

Avant Interventional Psychiatry provides psychiatric evaluations, medication management, therapy, telepsychiatry and specialized interventional psychiatric services in Georgia. Interventional treatment options include TMS and Spravato for appropriate patients.

Justin Anyokwu

AVANT INTERVENTIONAL PSYCHIATRY

+1 770-694-6349

[email us here](#)

Visit us on social media:

[LinkedIn](#)

[Instagram](#)

[Facebook](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/935087311>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.