

New Mid-Michigan Event Responds to Growing Demand for Women's Health Information

Complimentary September 16 event helps women find trusted answers and resources, meet other women and enjoy a fun evening hosted in Okemos, Michigan.

OKEMOS, MI, UNITED STATES, August 18, 2026 /EINPresswire.com/ -- For many women, finding clear answers and feeling heard has been an ongoing challenge. At the same time, women's health has advanced dramatically, creating more options than ever before. Today, the challenge is less about whether solutions exist and more about knowing where to turn for trusted guidance, professionals who truly listen, and information that helps women make confident decisions about their health.



Avita Health & Wellness will host the Mid-Michigan Healthy Aging & Wellness Event on September 16, 2026, in Okemos, Michigan.

To help address that need, [Avita Health & Wellness](#) is hosting the [Mid-Michigan Healthy Aging & Wellness Event](#), a complimentary community event on Wednesday, September 16, 2026, from 5:30 p.m. to 8:30 p.m., at Avita Health & Wellness in Okemos.

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Dr. Amy VH Blasen, DO FACEP

Created as the first of what will become an annual community tradition, the event was designed to increase awareness of the many organizations, services, and professionals dedicated to women's health, wellness, and healthy aging. In an enjoyable and welcoming setting, women will have the opportunity to make new

connections, learn about resources they may not have known existed, and leave with a greater understanding of the support available throughout the community.

Throughout the evening, guests can:

- Meet a select group of respected health, wellness, and lifestyle organizations and professionals.
- Learn about trusted resources and options available to support women throughout every stage of life
- Connect with other women who share similar interests, experiences, and goals.
- Enjoy live music, refreshments, and giveaways in a relaxed, welcoming atmosphere.

"Some of the most meaningful moments in my career are when a woman tells me, 'For the first time, I feel like someone truly listened.' Women deserve to be heard and to understand what is happening in their bodies and what options are available to them."

"We want this to become an event women look forward to, with access to exceptional professionals, services and options that can help them look, feel and live their best," said Dr. Amy VH Blasen, DO FACEP, Founder and Medical Director of Avita Health & Wellness.

Admission is complimentary, and women of all ages are welcome.

Event Details

Mid-Michigan Healthy Aging & Wellness Event

Date: Wednesday, September 16, 2026

Time: 5:30 p.m. – 8:30 p.m.

Location: Avita Health & Wellness, 3887 Okemos Road, Suite A4, Okemos, MI 48864

Admission: Complimentary

Registration: <https://www.avitahw.com/womens-health-event>

About Avita Health & Wellness

Avita Health & Wellness is a physician-led medical practice in Okemos, Michigan, specializing in women's health, wellness, healthy aging, and aesthetic medicine. Led by Dr. Amy VH Blasen, Avita provides personalized, evidence-based care focused on helping women achieve lifelong health and well-being.

Carolyn Henning
Avita Health and Wellness
+1 517-235-5303

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