

Dr. Sonia Wisdom Inspires Readers Through Faith, Reflection, and Spiritual Growth

Author, ordained minister, and board-certified chaplain highlights three uplifting books that encourage journaling, spiritual and healing through grace.

MINEOLA , NY, UNITED STATES, August 18, 2026 /EINPresswire.com/ -- Author, ordained minister, and board-certified chaplain highlights three uplifting books that encourage journaling, spiritual reflection, and healing through grace.

Rev. Dr. Sonia R. Wisdom continues to make a meaningful impact through her ministry, chaplaincy, and writing. As an ordained minister and board-certified chaplain, she brings a compassionate, faith-centered voice to readers seeking encouragement, clarity, healing, and a deeper spiritual life. Through her published works, Sonia Wisdom offers practical tools and heartfelt inspiration for those who want to grow in reflection, strengthen their faith, and recognize God's presence in daily life.

Her growing body of work reflects a strong commitment to spiritual care and personal transformation. Each book speaks to a different aspect of the faith journey daily renewal, thoughtful engagement with sermons, and walking through grief and grace with sacred purpose. Together, these titles establish Sonia Wisdom as a thoughtful and encouraging author whose message is rooted in hope, reflection, and spiritual resilience.

Featured Books by Sonia Wisdom

- 1. Energize Your Day: A Spiritual Reflection Journal

This uplifting journal encourages readers to begin each day with intentional reflection, spiritual focus, and renewed purpose. Designed as a practical companion for everyday faith, it creates space for gratitude, prayer, self-examination, and spiritual growth.

- 2. SERMON NOTEBOOK: Sermon Notes and Personal Reflection

This guided notebook helps readers capture sermon notes, key scriptures, important insights, and personal reflections. It is a valuable resource for anyone who wants to retain messages from worship services and apply them more deeply to daily life.

- 3. Sacred Shifts: A Chaplain's Journey Through Grief, Presence, and Grace

In this moving and reflective work, Sonia Wisdom shares a chaplain's perspective on grief, sacred presence, and the grace that meets people in life's most vulnerable moments. The book offers spiritual insight, compassion, and hope for readers navigating pain, caregiving, ministry, or personal loss.

Official Links:

Website: <https://soniarwisdom.com/>

Amazon: <https://www.amazon.com/s?k=Sonia+R.+Wisdom>

About Sonia Wisdom

Rev. Dr. Sonia R. Wisdom is an author, ordained minister, and board-certified chaplain whose work is centered on spiritual care, faith development, and personal reflection. Her writing is shaped by lived ministry, compassionate service, and a calling to help others find meaning, strength, and grace through every season of life. Through her books and ministry presence, she continues to encourage readers to live with intention, hope, and a deeper awareness of the sacred.

Media/Reader Information

To learn more about Sonia Wisdom, explore her books, or connect through her ministry platform, please visit her official website or search for her titles on Amazon.

Website: soniarwisdom.com | Amazon Search: Sonia R. Wisdom

Sonia R. Wisdom

[email us here](#)

Sonia R. Wisdom

Visit us on social media:

[Instagram](#)

[Facebook](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/935208322>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.