

Chakra Cozy Magazine Launches #ShareYourCozy Campaign and Teases Transformative New Retreat

The new publication from renowned healers Riz and Oriah Mirza brings a grounded approach to spiritual well-being, intuition, and sanctuary design

LOS ANGELES, CA, UNITED STATES, August 24, 2026 /EINPresswire.com/ -- Media entrepreneurs and healers Riz and Oriah Mirza are inviting readers to join their #ShareYourCozy campaign, where readers who purchase [Chakra Cozy](#) Magazine can post a selfie tagging @ChakraCozy with #shareyourcozy for a signed copy of the publication and a chance to win monthly prizes such as Chakra Cozy merchandise, exclusive digital content, free online workshops, and discounts towards upcoming retreats.

The newly launched magazine brings a fresh perspective to the media landscape. In a world where more people are seeking meaningful tools and guidance for living happier, more fulfilling the lives, the duo drew on more than 20 years of experience in healing, coaching, and design to create a publication that is as inspiring as it is practical—a place where spirituality, wellness, travel, consciousness, science, personal growth, and modern living all come together under one roof.

Now available at Barnes & Noble, Books-a-Million, and Publix, Chakra Cozy offers something fresh, sophisticated, and accessible to everyone—from those just beginning their personal journey and exploring spirituality for the first time to those already well-versed in conscious living.

Co-Founder and Co-Editor-in-Chief Oriah Mirza says, “More than ever, people are embracing sound healing, sacred travel, holistic wellness, meditation, intuitive guidance, and creating homes that feel like peaceful sanctuaries. We don't sell corporate agendas or products.



Everything we recommend is consciously chosen. You can feel the love and intention in every page. The magazine reflects who we genuinely are. It's authentic, it's curious, it's visually beautiful, and it isn't afraid to explore big ideas while remaining grounded and approachable. We wanted readers to feel like they were sitting down with trusted friends who were inviting them into meaningful conversations—not being lectured or told what to believe.”

Riz Mirza, also a Co-Founder and Co-Editor-in-Chief adds, “Magazines like Chakra Cozy create space to slow down and reconnect with yourself. We believe cozy is a frequency. In a world filled with noise, distraction, and constant programming, our magazine offers people an opportunity to reconnect with themselves, their senses, and a community of like-minded readers around the world.”

In the upcoming issue of the magazine, readers will find a preview of their upcoming Sacred Earth Retreats, including an extraordinary journey to Stonehenge, while exploring the timeless principles of alchemy through conscious wellness, shamanic medicine, nourishing cuisine, sacred spaces, and soulful interior design with Oriah's Nest—bringing ancient wisdom into modern everyday living.

Riz, a renowned psychic medium and trance channeler, and Oriah, a respected healer, podcast host, and conscious lifestyle designer, have cultivated a devoted global following because of their refreshing and authentic approach to conversations around healing, spirituality, and personal transformation. They have made it their mission to take the “woo-woo” out of spirituality, creating a modern lifestyle brand and global community centered on curiosity, transformation, adventure, and authentic human connection.

That philosophy extends beyond the pages of Chakra Cozy. Through their Sacred Earth Retreats, Riz and Oriah redefine modern travel by taking guests to extraordinary high vibrational destinations around the globe. For those seeking a nervous system reset—or simply a chance to step away from the hustle and bustle of everyday life—their retreats offer something deeper than a traditional getaway: an opportunity to slow down, reconnect, and return home transformed.

Stay connected with Riz and Oriah:

<https://chakracozy.com/>

IG: @ChakraCozy

Riz IG: @RizthePsychic

Oriah IG: @OriahMirza

<https://www.rizmirza.com/sacred-earth-retreats>

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