

Televero Behavioral Health Addresses the Student Mental Health Crisis as Universities Return to Campus

The back-to-school window is the highest-risk mental health period of the year. Televero Behavioral Health is built to meet students in that moment.



televero
BEHAVIORAL HEALTH

Televero Behavioral Health Logo

ALBUQUERQUE, NM, UNITED STATES,
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As universities across the country welcome students back to campus, [Televero Behavioral Health](#) is drawing attention to what research consistently identifies as the highest-risk mental health window of the academic year: the return to school. The numbers tell a clear story. Data on

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The first weeks of a new semester are a critical window. Students are identifiable. They are reachable. But the system was not built to meet them in that moment... We built Televero to close that gap.”

Ray Wolf, CEO

[college student mental health](#) from the American College Health Association's Fall 2024 survey of more than 33,000 undergraduates shows that 35% have been diagnosed with anxiety and 25% with depression, while 76% report experiencing moderate or high stress during the academic year. A recent editorial on [student mental health and academic performance](#) published in BJPsych Open found that the majority of university students who could benefit from mental health support do not seek treatment, and that untreated mental disorders among students are associated with worsening severity, reduced academic performance, and increased risk of suicide.

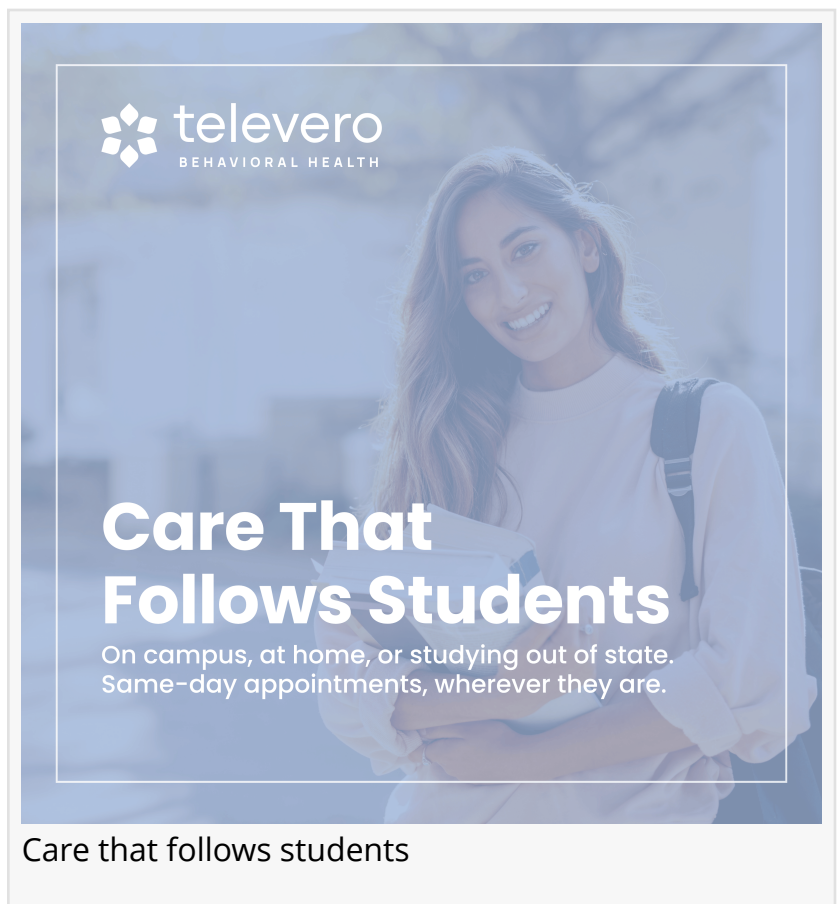
The back-to-school transition compounds these challenges. After months of unstructured summertime, students return to academic demands, social pressure, and new living environments — often far from the providers and support systems they relied on at home. For students already managing a mental health condition, that disruption can push them past a tipping point.

"The first weeks of a new semester are a critical window," said Ray Wolf, CEO of Televero Behavioral Health. "Students are identifiable. They are reachable. But the system was not built to meet them in that moment. Campus counseling centers are overwhelmed, referrals break down,

and students end up waiting months for care at exactly the point when early intervention matters most. We built Televero to close that gap."

Care That Follows Students

Televero Behavioral Health operates across 43 states, offering same-day and same-week virtual appointments through its physician-led System of Care. Every patient is connected to a coordinated team that includes a psychiatrist and licensed clinicians, so therapy and medication work together from the first appointment. For college students, that means access to clinical care whether they are on campus, at home over a break, or studying in another state. The system of care travels with them.



The advertisement features a blue-tinted background image of a young woman with long brown hair, smiling and holding a book. In the top left corner is the Televero Behavioral Health logo, which consists of a stylized flower icon and the text 'televero BEHAVIORAL HEALTH'. The main headline 'Care That Follows Students' is written in large, bold, white sans-serif font. Below it, in a smaller white font, is the text 'On campus, at home, or studying out of state. Same-day appointments, wherever they are.' At the bottom of the advertisement, the phrase 'Care that follows students' is written in a dark blue font.

Appointments are conducted entirely online, removing the geographic and scheduling barriers that prevent so many students from following through on referrals. Televero accepts all insurance plans, including Medicaid and Medicare, addressing the cost barrier that the UNCF article identifies as one of the most common reasons students do not access care.

"What we hear from students is that they tried to get help, and the process stopped them before they got there," said Orbry Holden, Board Advisor on Student Mental Wellness at Televero Behavioral Health. "A six-week wait. An out-of-network provider. A referral that went nowhere. The clinical need was real. The system failed them. What Televero offers is a way to get from that first conversation to actual care, quickly, without the student having to navigate it alone."

Televero reports 97% patient satisfaction* and 85% of patients show measurable improvement by their first follow-up**. For a college student navigating one of the most demanding transitions of their life, that kind of progress is measurable, fast, and clinically grounded. It can make the difference between staying in school and stepping away from it.

About Televero Behavioral Health

Televero Behavioral Health is a physician-led behavioral health practice redefining what care delivery looks like in America. Built to serve both patients and providers, Televero combines same-day access, psychiatrist-led care teams, and measurable outcomes into a single connected

system of care. Now active in 43 states and continuing to expand, Televero accepts all insurance plans including Medicaid and Medicare. Ranked on the Inc. 5000 for the second consecutive year, Televero is not a patch on the existing system of behavioral healthcare. It is a redesign of it.

*Based on patient satisfaction surveys

**Based on validated patient-reported outcome measures (PHQ-9, GAD-7) comparing intake to first follow-up scores

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