

Akribis Veins & Vitality Educates Columbus Patients on Microneedling and RF Microneedling Options

The practice explains what patients can expect from collagen induction therapy, RF microneedling, and recovery-supporting add-ons.

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Dr. Amanda Cooper

[Vitality](#) is educating Columbus and Worthington-area patients about [microneedling](#) and RF microneedling treatments for skin texture, fine lines, pores, acne scarring, and early skin laxity.

Microneedling, also known as collagen induction therapy, uses ultra-fine needles to create controlled micro-injuries in the skin. This process supports the body’s natural production of collagen and elastin, which may help

improve the appearance of enlarged pores, fine lines, mild acne scarring, and uneven texture.

RF microneedling combines traditional microneedling with radiofrequency energy delivered into the dermis. The added heat can support deeper collagen remodeling and is often used for patients seeking improvement in skin firmness, etched lines, acne scars with depth, and lower-face laxity.

“Patients often want smoother, firmer, more refreshed skin without the downtime of more aggressive resurfacing procedures,” said [Dr. Amanda Cooper](#). “Microneedling and RF microneedling allow us to customize treatment based on skin type, treatment area, and individual goals.”

At Akribis Veins & Vitality, treatments may be performed on areas such as the face, neck, jawline, and other appropriate treatment zones. Providers customize needle depth, energy settings, and treatment plans based on the patient’s concerns and skin needs.

Patients can typically expect topical numbing before treatment for comfort. Afterward, skin may appear pink or sunburned for one to three days, with possible pinpoint redness. Downtime can vary depending on treatment intensity, skin sensitivity, and whether add-ons are included.

The practice also offers supportive treatment options such as exosome infusion and CO2LIFT Carboxy Gel. Exosome infusion may be applied after RF microneedling to support hydration, calming, and post-treatment glow. CO2LIFT Carboxy Gel may help skin feel more comfortable and appear refreshed during recovery.

For first-time patients, a series is commonly recommended. Traditional microneedling may involve three to four sessions spaced four to six weeks apart, while RF microneedling may involve approximately three sessions spaced four to six weeks apart. Patients treating deeper acne scars or more advanced laxity may benefit from additional sessions.

Results develop gradually as collagen remodels. Many patients notice an early glow and smoother texture within a few weeks, with continued improvement over three to six months after the final treatment in a series. Maintenance sessions may be recommended every six to twelve months, depending on patient goals and skin condition.

Akribis Veins & Vitality encourages patients to schedule a consultation to determine candidacy, review pre-care and aftercare instructions, discuss treatment spacing, and coordinate treatments around events or other aesthetic services.

For more information about microneedling and RF microneedling in Columbus and Worthington, visit Akribis Veins & Vitality or call 614.488.5090.

About Akribis Veins & Vitality

Akribis Veins & Vitality is a Columbus and Worthington-area practice offering vein care, wellness services, and aesthetic treatments. The practice provides personalized treatment planning for patients seeking natural-looking improvements, education-driven care, and comprehensive support for confidence and vitality.

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