

Dr. Pam Mullarkey Robbins Shares Stories of Dementia Caregiving and Resilience in What's So Funny About Dementia?

Where Compassion Meets Courage

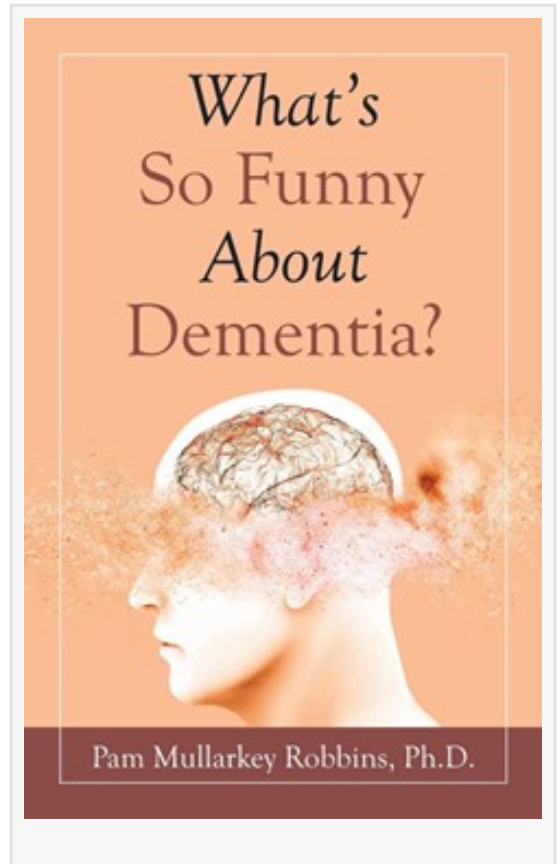
DUBLIN, IRELAND, August 19, 2026 /EINPresswire.com/ -- [Books to Life Marketing](#) proudly presents [What's So Funny About Dementia? Where Compassion Meets Courage](#), a heartfelt and uplifting book by Dr. [Pam Mullarkey Robbins, Ph.D.](#), that offers families and caregivers a compassionate perspective on the dementia journey through true stories, humor, and unconditional love. Drawing from her personal experience caring for her mother, Dr. Robbins invites readers to discover moments of laughter, courage, and connection even in the midst of one of life's most challenging caregiving experiences.

"These are true stories about my mother's dementia and our journey together through tears and laughter. I hope this book helps caregivers feel less alone and reminds them that compassion and courage can coexist with joy."
— Dr. Pam Mullarkey Robbins, Ph.D., Author of *What's So Funny About Dementia? Where Compassion Meets Courage*

About the Book

What's So Funny About Dementia? Where Compassion Meets Courage presents twelve deeply personal stories that chronicle the emotional and often humorous journey of caring for a loved one with dementia. Rather than focusing solely on the medical realities of the disease, the book highlights the unexpected laughter that can emerge from the words and actions of those living with dementia—encouraging readers to laugh with the person, never at them.

At its core, the book is a guide for caregivers who may feel isolated, exhausted, or overwhelmed. Dr. Robbins demonstrates that the dementia journey, while undeniably long and difficult, can also be profoundly meaningful and rewarding. Through compassion, patience, and unconditional



love, families can support their loved ones with dignity while finding strength within themselves.

What sets this book apart is its positive and practical approach. Instead of dwelling on fear or loss, it encourages caregivers to embrace the lighter moments that naturally arise and to see humor as a powerful source of healing, resilience, and human connection.

International Book Feature

What's So Funny About Dementia? Where Compassion Meets Courage will be featured by Books to Life Marketing at the Frankfurt Book Fair, the world's largest international publishing event, where it will be showcased for five days in October among authors, publishers, literary professionals, and readers from around the globe.

Media Features

Dr. Pam Mullarkey Robbins has been featured on The Chris Voss Show and The Neil Haley Show, where she shared the deeply personal stories behind What's So Funny About Dementia? Where Compassion Meets Courage.

During the interviews, she discussed her mother's dementia journey, the inspiration for writing the book, and practical ways caregivers can find hope, humor, compassion, and emotional strength while supporting a loved one with dementia.

Watch the interviews here:

- The Chris Voss Show: <https://www.youtube.com/watch?v=vGOxKTHos1g&t=1s>
- The Neil Haley Show: https://www.youtube.com/watch?v=8C5wE4PRR_M&t=78s

Book Details



Title: What's So Funny About Dementia? Where Compassion Meets Courage

Author: Pam Mullarkey Robbins, Ph.D.

Publisher: Books to Life Marketing

Genre: Family Relationships

Format: E-book, Paperback, and Hardcover

Available At: Amazon, Books to Life Marketing, and major bookstores

About the Author

Dr. Pam Mullarkey Robbins, Ph.D., has devoted more than fifty years to education, working with infants, children, parents, and older adults throughout her distinguished career. An international speaker and trainer, she has shared her expertise in the United States, Russia, Uganda, Haiti, and the Dominican Republic.

Her many honors include Educator of the Year in the State of Florida, service on Governor Jeb Bush's Board of Directors for Florida Prosperity, Chairperson of the St. Johns County Elected School Board, the Harry Lewis Legacy Award for Outstanding Leadership, President of the National School Board Abstinence Association, and Kiwanian of the Year.

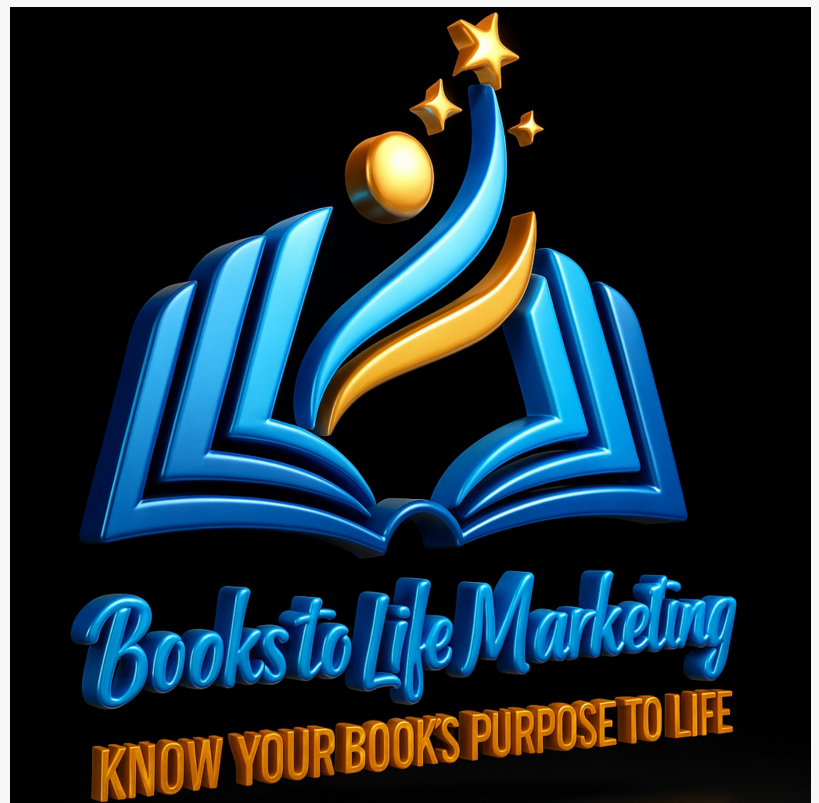
Through her writing and speaking, Dr. Robbins continues to support caregivers and families by offering practical wisdom, encouragement, and hope rooted in decades of experience and compassionate service.

Connect with the Author

Website: <https://www.dementiacaregiverssolutions.com/>



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