

SleepScriptMD Launches its Redesigned Website

Physician-founded sleep care platform offers patients a streamlined digital path to non-habit-forming prescription sleep medication.

HAVERFORD, PA, UNITED STATES, August 20, 2026 /EINPresswire.com/ -- [SleepScriptMD](#), a physician-founded professional sleep care platform headquartered in Haverford, Pennsylvania, has redesigned its website to deliver a more accessible experience for patients across the United States who have difficulty falling asleep, staying asleep, or waking repeatedly throughout the night.

SleepScriptMD provides prescription sleep treatment through a fully asynchronous medical model — no video calls, no phone calls, and no in-office appointments. The redesigned website at [sleepscriptmd.com](#) allows patients to complete the entire process on their own schedule, from clinical intake to prescription delivery, guided by board-certified physicians.



The platform operates through a three-step process:

- Patients complete a secure eligibility check, select a sleep medication, and submit their medical history.
- A board-certified physician reviews the patient's safety profile and history, typically within 2–4 hours on weekdays.
- If appropriate, a prescription is sent electronically to the patient's local pharmacy for same-day pickup.

Every submission is reviewed by a licensed, U.S.-based physician — not an algorithm. The asynchronous approach provides the thoroughness of a medical evaluation without requiring patients to schedule a virtual appointment or visit a clinic.

"Through our individual practices, we saw a critical need for effective, affordable solutions to improve sleep health — solutions that are safe, non-addictive, and delivered with expertise. SleepScriptMD was built to bridge that gap," said Dr. David Danish, Spokesperson.

The platform prescribes four non-habit-forming, non-controlled medications: Trazodone, Clonidine, Hydroxyzine, and Doxepin. SleepScriptMD does not prescribe Ambien, Xanax, or other controlled substances.

Scott, a patient, shared his experience: "I was hoping they would prescribe Ambien, but they explained why they focus on non-addictive sleep medications. I was skeptical at first, but the alternative they recommended was reasonable and actually helped more than I expected."

SleepScriptMD was co-founded by Dr. David Danish and Dr. Peter Kelly, who first met during their studies at The Harvard Extension School, Harvard's post-baccalaureate program for premed students. That early collaboration laid the foundation for a partnership centered on patient-focused care.

Dr. Danish is a double board-certified psychiatrist specializing in child/adolescent and adult psychiatry, with over 20 years of experience and more than 100,000 patient encounters across diverse psychiatric settings, including inpatient hospitals, crisis centers, rehabilitation facilities, and outpatient care. Dr. Kelly is a board-certified family medicine physician and a graduate of the University of Notre Dame and the University of New England School of Osteopathic Medicine, with over 10 years in practice. Together, their combined backgrounds in psychiatry and family medicine inform the platform's approach to care.

Robert, a patient, described his results: "Honestly, I just needed something that worked, and this delivered. I've been through so many over-the-counter options that didn't do anything, so this was a relief. It took a few days to get set up, but now I sleep like a rock."

The platform serves patients nationwide, with care pathways shaped by individual state telehealth requirements. Through their individual practices, Dr. Danish and Dr. Kelly identified a consistent gap in safe, affordable sleep treatment options — a gap that SleepScriptMD was built to address.

Jamal, a patient, noted his experience with the service: "My sleep was trash, and nothing was helping. I did the virtual session so I could actually talk to a doctor, and they knew their stuff. They explained why some meds are better than others for my situation, which made a lot of sense. It's been a huge difference for me. 10/10 recommend."

The redesigned website reflects SleepScriptMD's continued commitment to delivering safe, physician-directed sleep care on the patient's schedule. To learn more or to begin a secure intake, visit <https://sleepscriptmd.com/> or call +1 800-737-8385. Additional sleep health resources are available on the company's blog at <https://sleepscriptmd.com/expert-mental-health-insights/>.

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About SleepScriptMD

SleepScriptMD, based in Shelbyville, Tennessee, delivers accessible, high-quality sleep healthcare through telemedicine. Co-founded by Dr. Peter Kelly (family medicine) and Dr. David Danish (dual board certified in child/adolescent and adult psychiatry), the platform combines complementary medical expertise to deliver comprehensive sleep care. The service offers both AI-assisted asynchronous care and virtual telehealth options, enabling patients to access personalized sleep solutions with safety and efficiency while maintaining the highest standards of medical oversight.

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Notes to Editors:

- All clinical care is delivered by licensed physicians or nurse practitioners in accordance with state telehealth laws.
- The medications discussed (Trazodone, Clonidine, Hydroxyzine) are non-controlled and selected through an evidence-based, physician-guided system.
- For asynchronous eligibility, state-specific regulations apply.

End of Press Release.

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