

Vancouver City Hypnotherapy Receives 2026 Quality Business Award for Best Hypnotherapy in Vancouver, British Columbia

VANCOUVER, BRITISH COLUMBIA, CANADA, August 20, 2026 /EINPresswire.com/ -- The Quality Business Awards has recognized Vancouver City Hypnotherapy as the recipient of the 2026 Quality Business Award for Best Hypnotherapy in Vancouver, British Columbia. This marks the second consecutive year the practice has received this recognition, having also earned the 2025 Quality Business Award for Best Hypnotherapy in Vancouver, British Columbia. This distinction celebrates Vancouver City Hypnotherapy's continued commitment to exceptional customer service, premium-quality offerings, and strong industry performance throughout the past year.



The Quality Business Awards annually highlight companies that set a benchmark for excellence in their industry. Award recipients are selected based on public reputation, customer satisfaction, multi-platform feedback, and consistent operational performance.

Adrian Wesley is a trauma informed Clinical Hypnotherapist serving clients in Vancouver, British Columbia through both in person and online sessions. With more than a decade of professional experience and being dedicated to studying human optimization, physiology, and clinical hypnotherapy, Adrian combines extensive knowledge with a compassionate, client centered approach. He also holds a degree in Psychology from the University of Calgary. His practice provides confidential, personalized support for adults seeking meaningful emotional, mental, and personal transformation.

Adrian specializes in helping clients overcome anxiety, trauma, pain, grief and loss, sleep, and

inner child work. Every clinical hypnotherapy session is tailored to the individual and takes place in a safe, confidential, and non judgmental environment where clients can openly explore the root causes of the patterns holding them back. The process includes an initial consultation, empathetic listening, goal clarification, deep relaxation, root cause exploration, subconscious reprogramming, post session guidance, and customized hypnosis audio recordings to reinforce positive change between sessions.

Committed to helping clients create lasting improvements in their emotional well being, Adrian offers private one on one sessions both in Vancouver and online, making expert clinical hypnotherapy accessible wherever clients are located. Looking ahead, Adrian is expanding his services with the upcoming launch of Me Time, private wellness retreats in Koh Samui designed to help individuals rest, reset, and reconnect with themselves. He is also preparing to introduce adult sleep coaching programs focused on improving sleep quality, increasing energy levels, and helping clients wake feeling refreshed and restored.

The award criteria recognize businesses that achieve an average quality score of 95% or higher, supported by outstanding reviews across at least three independent platforms, minimal customer complaints, and active response to client feedback. Additional scoring considerations include ethical business practices, community involvement, and efforts to reduce environmental impact.

Below are a few testimonials from Vancouver City Hypnotherapy clients reflecting their experience working with Adrian:

"This has been an amazing experience. Through hypnosis, Adrian has helped me to heal deeply. Traditional therapy works on the level of the cortex but hypnosis accesses my primitive brain structures and tells me that the danger has passed so I can move on without fear. My mind and body have had so many positive changes even after one session. I haven't slept this well in years! I feel lighter, free and peaceful. Life changing! Thank you Adrian!"

"Whether working with hypnosis and meditation or just having a conversation, Adrian is very intuitive and calls it like he sees it. In just a few short sessions I was able to move on from some



pretty debilitating habits. I understand that everyone's journey is different, I wasn't sure if it would take one, two or ten sessions, but I went in with an open mind and an open heart and Adrian met me right there with the same. Highly recommend him if you are feeling stuck and want to make a change!"

"Adrian is a great human who loves what he does and deeply cares about the people he helps. He ensured the whole experience was comfortable, I immediately felt better after the first session. I felt a calm, peace and quiet in my brain. I actually don't know if I have ever felt my brain shut off like that before, the calmness has remained post our session and I look forward to more."

"Working with Adrian has been one of the best decisions of my life. He is kind, truly cares and is excellent at what he does. I was able to heal my trauma in a safe and gentle way. I feel like I set myself free and can now live my best life. I am so excited about my life again. Thanks you so much Adrian. I highly recommend him to anyone looking for deep lasting change!"

Adrian is committed to creating a safe, confidential, and supportive space where clients can work toward meaningful personal transformation.

For more information about Vancouver City Hypnotherapy, [visit their website.](#)

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