



CSL Metro Announces 2026 Spiritual Living Retreat Featuring Award-Winning Singer-Songwriter Bob Sima

Themed, "Living in Partnership with Providence," this event invites participants to explore intention, energy and grace through music and spiritual practice.



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Center for Spiritual Living Metro (CSL Metro) invites individuals from across

the country to reconnect with purpose, possibility, and spiritual community during its [2026 Spiritual Living Retreat](#), Living in Partnership with Providence, taking place Nov. 6–7, 2026, at the scenic Bolger Center in Potomac, Maryland.

With the focus: Intention. Energy. Action. Grace., the retreat offers participants an opportunity to explore a more intentional way of living—one where clarity replaces confusion and grace becomes an active partner in everyday life.

Throughout the weekend, attendees will engage in inspiring music, spiritual practices, guided reflection, meaningful conversations, and community, designed to help cultivate deeper awareness, personal transformation, and renewed inspiration.

"We often think we have to force life to happen," said Rev. Jackie LaBarre, Spiritual Leader of CSL Metro. "This retreat invites participants to discover a different way of living—one that begins with trust, aligns us with our deepest truth, and reminds us that when we partner with the Divine, life unfolds with greater wisdom, purpose, and grace."

Whether attendees are seeking healing, clarity, inspiration, or a deeper spiritual practice, the retreat offers a welcoming environment where transformation can unfold naturally.

CSL Metro is also honored to welcome internationally recognized Awareness Coach™, award-winning singer-songwriter, speaker, and transformational guide Bob Sima as the 2026 Retreat Master.

Known for blending transformational coaching with the healing power of original music, Sima creates immersive experiences that help participants move beyond intellectual understanding into lasting personal growth. His unique approach integrates storytelling, guided reflection, spiritual insight, and live music to inspire profound change.

As Sima often says, "There are some realms of healing that can only be reached through a song."

"This retreat isn't simply an event—it's an invitation into a deeper experience of yourself and your relationship with Spirit," said Rev. Jason Muhammad, Assistant Minister at CSL Metro. "When we gather in community with open hearts, something extraordinary becomes possible. Participants leave not only inspired but equipped with practical spiritual tools they can carry into every area of their lives."

The retreat begins Friday evening, Nov. 6, with a Welcome Dinner and Gathering at 7 p.m., followed by a full day of immersive programming on Saturday, Nov. 7, from 9 a.m. to noon and 1 p.m. to 5 p.m.

Hosted at the beautiful Bolger Center in Potomac, Maryland, the retreat provides a peaceful setting for spiritual reflection, learning, and connection.

[Early Bird registration](#) is available through September 15th.

Pricing, lodging options, and additional event information are available upon registration.

To learn more or reserve your place, visit: <https://cslmetro.org/csl-metro-2026-spiritual-living-retreat/>

About CSL Metro

Center for Spiritual Living Metro (CSL Metro) is a vibrant on-line spiritual community dedicated to helping individuals discover and live from their highest potential. Through practical spiritual teachings, meditation, music, education, and compassionate community, CSL Metro empowers people to create meaningful, purpose-filled lives grounded in love, wisdom, and the recognition of the Divine in all. Learn more at www.cslmetro.org.

Rev. Jackie LaBarre

CSL Metro

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