

Ann Gatty, Ph.D, Recognized by Influential Women, Advances Healthcare, Education, and Organizational Excellence

BUTLER, PA, UNITED STATES, August 20, 2026 /EINPresswire.com/ -- Combining Healthcare Administration, Education, and Organizational Expertise With a Commitment to Learning, Service, and Community

Butler, Pennsylvania — Ann Gatty, Ph.D., is a leadership strategist, business consultant, executive coach, author, and speaker who partners with experienced entrepreneurs and professionals as they build stronger businesses, lead with greater intention, and navigate periods of growth and transition. As President of Drs. Gatty, LLC—Strategic People Solutions, she brings nearly four decades of experience to helping her clients turn ideas into practical strategies, simplify what has become unnecessarily complicated, and create businesses and careers that support both meaningful impact and quality of life.



Dr. Gatty's work is grounded in a central belief: leadership is not something you imitate. It is something you discover within yourself. Effective leadership begins with understanding who you are, what you value, and how you are uniquely equipped to influence others. Rather than encouraging people to follow someone else's formula for success, she challenges them to trust their experience, recognize their strengths, and lead in ways that are authentic, intentional, and aligned with the lives they want to create.

Her career began in education, museum leadership, and organizational learning, where she developed a deep understanding of how people learn, lead, adapt, and grow. She earned her Ph.D. in Instruction and Learning from the University of Pittsburgh and taught leadership and organizational development at the college level before transitioning into consulting and executive coaching. That combination of academic depth and real-world business experience

continues to shape her practical, no-nonsense approach to leadership development.

In 2009, Dr. Gatty founded Strategic People Solutions to help entrepreneurs and organizations move beyond good ideas and put the structures in place to make those ideas work. Her consulting has supported professionals in finance, hospitality, retail, coaching, and professional services. She has helped clients create implementation plans, strengthen leadership practices, solve human resource challenges, improve operations, and develop sustainable systems that contribute to profitability without exhausting the people responsible for running them.

Implementation has always been central to her work. Dr. Gatty does not believe that theory alone changes businesses or develops leaders. Progress occurs when people are willing to examine what is working, release what no longer fits, and take purposeful action. Her clients learn to cut through the noise, clarify what matters, and make decisions that support the next stage of their leadership, business, or life.

Today, a significant part of Dr. Gatty's work focuses on accomplished women over 50 who know they are not done but may be uncertain about what comes next. Many have built successful businesses, careers, and reputations while carrying responsibilities and expectations that no longer serve them. They are not starting over. They are drawing upon decades of knowledge and experience to decide what they want to continue, what they are ready to release, and what they want their next chapter to become.

Through executive coaching, thought leadership, mastermind experiences, and proprietary resources such as the Life Transition Profile™ and The Decision Line™, Dr. Gatty helps women gain clarity before making consequential decisions. Her work encourages them to move beyond external validation and other people's definitions of success. She helps them recognize that reinvention does not require discarding everything they have built. It requires deciding which parts of their experience still belong in the future they want to create.

A consistent theme in Dr. Gatty's work is the importance of becoming your own champion. She has seen too many accomplished women minimize their expertise, question their judgment, and overlook the significance of what they have achieved. She encourages women to stop apologizing for their strengths, trust what they bring to the table, and give themselves permission to take up space.

Dr. Gatty is also critical of the "superwoman" myth—the expectation that women should manage every responsibility, satisfy every person, and accomplish everything without acknowledging their own needs or limitations. Her interest in this issue deepened through research she conducted with professional women in 2018. She later presented her findings at Harvard, examining the continuing influence of the superwoman's ideal on women's leadership, confidence, and well-being.

She believes the pressure to do everything can undermine the very success women are working

to achieve. People often underestimate the time, energy, and attention meaningful work requires. When they attempt to accomplish in one day what realistically requires a week, the predictable result is exhaustion, discouragement, and the mistaken belief that they are somehow falling short. Dr. Gatty challenges clients to establish more realistic expectations, create boundaries, delegate what others can do, and prioritize the work and relationships that matter most.

Her philosophy also rejects the idea that women must conform to a traditionally male model of leadership to succeed. Dr. Gatty has never believed women need to retrofit themselves into someone else's style, appearance, or expectations. Authenticity is not the absence of professionalism; it is the foundation of credible and sustainable leadership. She encourages women to bring their individuality, lived experience, and perspective into the workplace and allow those qualities to become strengths.

That message has become even more important as artificial intelligence transforms how people work. Dr. Gatty recognizes the value of technology as a tool for simplifying work and expanding what businesses can accomplish. At the same time, she believes AI cannot replace the judgment, personality, experience, empathy, and perspective people bring to leadership and relationships. In an increasingly technology-driven world, professionals must become even more intentional about preserving their voices and using technology without allowing it to erase what makes their work distinctly human.

Dr. Gatty also champions diversity of thought and problem-solving. There is rarely only one path to a successful outcome. As she often illustrates, six plus three equals nine, but so does five plus four. People can approach the same challenge differently and still arrive at an effective solution. Organizations become stronger when leaders remain open to those differences instead of assuming everyone thinks, communicates or works, in the same way.

Authenticity, empowerment, mentorship, and community remain at the heart of Dr. Gatty's work. She believes people benefit from relationships that provide honest perspective, practical guidance, encouragement, and accountability. Whether she is working with an individual executive, an entrepreneur, or a group of experienced women exploring their next chapters, she creates environments where people can learn from one another, challenge limiting assumptions, and move forward with greater confidence.

Dr. Gatty is the author of *Entrepreneur to CEO: From Business Startup to Thriving Enterprise*, *Get Things Done That Matter*, and the award-winning *Leadership Unleashed: A Great Dane's Wisdom for the Business World*. Her Great Dane, Remington—better known as Remi—continues to inspire many of her observations about trust, confidence, boundaries, presence, and intentional leadership. Through her writing and speaking, Dr. Gatty combines practical business insight with stories that make complex leadership lessons relevant and memorable.

Ultimately, Dr. Gatty's work extends beyond business strategy. She partners with people who

want their businesses, careers, and next chapters to be sustainable, meaningful, and compatible with the lives they want to live. She challenges them to stop measuring themselves against someone else's definition of success and begin making decisions rooted in their own values, experience, and vision.

As businesses and careers continue to evolve through technology, demographic changes, and shifting expectations about work and leadership, Dr. Gatty remains committed to helping experienced professionals recognize the value of what they have already built—and the possibilities still ahead. Her message is direct: success does not require becoming someone else. It requires understanding who you are, trusting what you know, and having the courage to lead from that place.

Because she is not done yet—and she does not believe you are either.

Learn More about Dr. Ann Gatty:

Through her Influential Women profile, <https://influentialwomen.com/connect/Ann-Gatty> or through her profile on Strategic People Solutions, <https://strategicpeoplesolutions.com/about/dr-ann-gatty/>

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