

Jessica Monroe, MA, CPP, Recognized By Influential Women, Advances Security Leadership Through Innovation And Safety

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/EINPresswire.com/ -- Healthcare Security Executive and Founder of Aegis International, LLC Brings More Than 15 Years of Cross-Sector Experience to Risk Management and Emergency Preparedness

Jessica Monroe, MA, CPP, is a seasoned security executive and consultant with more than 15 years of experience spanning corporate security, emergency management, workplace violence prevention, intelligence, and risk mitigation. Based in Aliso Viejo, California, she currently serves as Executive Director of Security, Emergency Preparedness, and Workplace Violence Prevention for Providence Clinical Network, where she oversees enterprise security operations, emergency preparedness programs, business continuity planning, and workplace safety initiatives.



In January 2026, Jessica expanded her professional impact by founding Aegis International, LLC, a security management consulting firm specializing in physical security risk assessments and tailored risk mitigation strategies. Through Aegis International, she works with organizations to develop intelligence-led security programs designed to protect people, assets, and operations while strengthening resilience in an increasingly complex risk environment.

Aegis International takes a strategic and proactive approach to security consulting, partnering closely with organizations to build programs that extend beyond basic compliance. The firm focuses on preparedness, operational confidence, and practical solutions that reflect each client's unique environment and risk profile.

Led by a nationally experienced security professional with a background spanning healthcare

systems, government intelligence, retail asset protection, and high-profile corporate environments, Aegis International brings a distinctive cross-sector perspective to its engagements. Jessica's experience enables her to translate threat intelligence and data-driven analysis into practical, scalable security strategies that organizations can implement effectively.

Her professional background includes leadership positions such as Global Security Manager at Illumina, Regional Asset Protection Manager at Victra – Verizon Authorized Retailer, and Infrastructure Protection Intelligence Analyst for the Colorado Division of Homeland Security and Emergency Management. Throughout these roles, Jessica has led investigations, developed intelligence products, conducted physical security assessments, and implemented large-scale security and loss prevention programs.

Her expertise is centered on integrating analytical risk assessment with practical security strategies that improve organizational safety and resilience. Whether working within a healthcare environment, corporate setting, retail organization, or government operation, she focuses on understanding the specific risks facing an organization and developing solutions that are both actionable and sustainable.

Jessica holds a Master's Degree in International Security from the University of Denver and a Bachelor's Degree in Criminal Justice from California State University, Fullerton. She is also a Certified Protection Professional (CPP) through ASIS International. In addition to her professional responsibilities, she remains actively involved in the security community, serving as Vice Chair of the ASIS Orange County chapter and Chair of its Women in Security Committee. She is also an active member of the International Association for Healthcare Security & Safety.

A Career Built on Growth and Relationships

Jessica attributes her success to a strong drive to continuously learn, grow, and take on new challenges. That mindset ultimately encouraged her to start her own business and continue expanding her influence within the security profession.

Building and maintaining meaningful relationships has also been essential to Jessica's development. She has been fortunate to establish a supportive and ever-growing professional network, and she recognizes the important role that relationships have played throughout her career.

Above all, Jessica genuinely cares about people. She believes that helping others feel safe in their daily lives is ultimately what defines her work in security and guides everything she does. Whether protecting healthcare workers, supporting organizations through risk assessments, or mentoring professionals entering the industry, her approach remains centered on people.

For Jessica, security is not simply about systems, policies, or physical protection. It is about creating environments where people can work, live, and operate with greater confidence.

Trusting the Next Step

One of the best pieces of career advice Jessica has received is that she does not need to have everything figured out, but instead needs to trust the next step ahead.

When she graduated from college 10 years ago, Jessica could not have predicted the roles she would eventually hold or even that some of those opportunities would exist. Rather than trying to map out every stage of her career, she focused on pursuing opportunities that aligned with her values and the people she wanted to work with.

That experience taught her that progress often comes from consistently taking the next step and trusting the direction it leads.

Jessica now encourages others to approach their careers with the same openness. She believes professional growth does not always follow a predictable path, and remaining willing to learn, adapt, and embrace new opportunities can lead to possibilities that may not have been visible at the beginning.

Advocating for Women in Security

Jessica is also passionate about supporting women entering the security profession. She recognizes that while the industry has become more supportive and inclusive, outdated dynamics can still exist.

Her advice to young women is to prioritize finding the right cultural fit. Rather than tolerating negative environments or allowing them to discourage their ambitions, Jessica encourages women to seek out mentors and allies who genuinely want to see them succeed.

She also emphasizes the importance of actively participating in networking and mentorship opportunities. In her view, women who are passionate about security and protecting people are already in the right place; the key is finding an environment where they can thrive.

Her own leadership and advocacy work reflects this philosophy. Through her involvement with ASIS International and its Women in Security Committee, Jessica continues working to help create a more inclusive professional environment for the next generation.

Building More Diverse Security Organizations

One of the biggest challenges Jessica sees within the security industry is a lack of diversity. At a recent conference, she noticed that many attendees appeared very similar, reinforcing her belief that there remains significant work to be done despite progress.

For Jessica, diversity is particularly important in security because professionals need to reflect the communities they serve. Different backgrounds and experiences bring different perspectives to complex problems, strengthening an organization's ability to identify risks and develop effective solutions.

Within her own team, Jessica has prioritized diversity across race, gender, age, education, and experience. She believes that bringing together people with different perspectives creates stronger teams and improves problem-solving.

She sees expanding diversity throughout the security profession as both an ongoing challenge and a major opportunity for growth.

Leading With Integrity and Advocacy

Integrity is one of Jessica's core values, both professionally and personally. She has always been drawn to environments where honesty and doing the right thing are central, particularly in security, where trust is fundamental.

She also values resilience and adaptability. Security is a constantly evolving field, requiring professionals to remain calm, focused, and responsive as threats and circumstances change.

Advocacy is equally important to Jessica. Having navigated her own career path, she is committed to supporting women in security and helping make the profession more accessible and inclusive for those coming after her.

Known for her leadership in healthcare security, emergency preparedness, workplace violence prevention, and risk management, Jessica Monroe continues to advance the field through mentorship, collaboration, and innovation. Through both her executive leadership and the launch of Aegis International, she remains focused on a clear objective: helping organizations become better prepared, better protected, and more resilient while ensuring that the people at the center of every security program remain the highest priority.

Learn More about Jessica Monroe:

Through her Influential Women profile, <https://influentialwomen.com/connect/jessica-monroe> or through her website, <https://www.aegisinternationalllc.com/>

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